

FREE CROSSFIT MEMBERSHIP FOR VETERANS



Veterans: Train at Driftless CrossFit at NO COST Through the ValorFit Veteran Sponsorship Program.

Are you a Veteran looking to improve your physical fitness, mental wellness,
and connect with a supportive community?

ValorFit and Driftless CrossFit have partnered to provide eligible Veterans
with a fully funded CrossFit membership.

WHAT'S INCLUDED?

- ✓ Unlimited Group CrossFit Classes
- ✓ Professional programming and coaching
- ✓ Supportive Community
- ✓ Accountability
- ✓ Up to 6 Months of Sponsored Membership

HOW DOES IT WORK?

Complete the ValorFit Veteran Application, scan the QR code
If approved, you will become a member at Driftless CrossFit.

Attend group classes regularly.

Veterans who average at least 3 classes per week remain eligible
for continued sponsorship each month for up to six months.



WHY CROSSFIT?

Regular exercise has been shown to improve:

Physical Health | Mental Resilience | Stress Management | Confidence | Community Connection

APPLY TODAY with the QR Code

Learn More About ValorFit: valorfit.org/our-mission

DRIFTLESS CROSSFIT N6172 County Rd. XX Onalaska, Wisconsin
info.driftlessfitness@gmail.com | 608-790-2204

Building strength, confidence, and community—one workout at a time

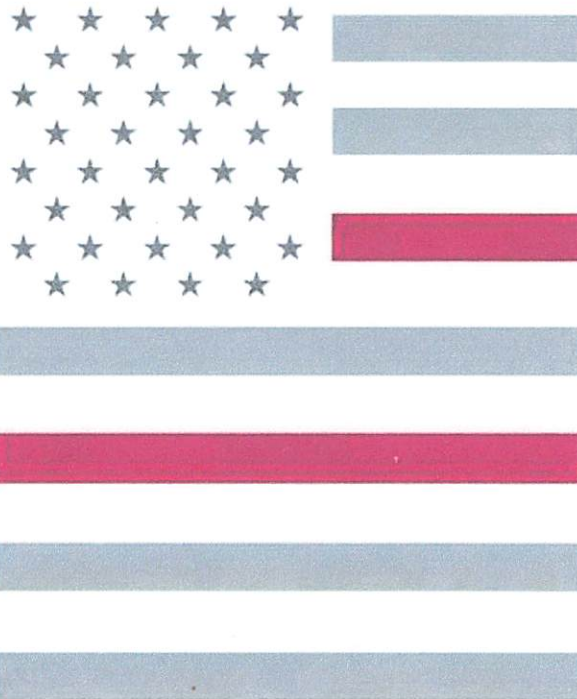


CROSSFIT HERO WORKOUTS



- ★ WEDNESDAY | JULY 1
- ★ SATURDAY | JULY 4
- ★ WEDNESDAY | JULY 8
- ★ SATURDAY | JULY 11
- ★ MONDAY | JULY 13
- ★ SATURDAY | JULY 18
- ★ FRIDAY | JULY 24
- ★ SATURDAY | JULY 25
- ★ WEDNESDAY | JULY 29

★ TWICE A WEEK IN JULY ★



FOR THOSE WHO SERVE
 ★ FOR THOSE WHO PROTECT ★
 FOR THOSE WHO NEVER CAME HOME
 ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★

To honor those who serve our communities and our country, the Driftless CrossFit Hero Workouts are free for drop-ins for Active Duty Military, Veterans, Law Enforcement, Fire Service, and EMS.
 Please use QR code to register and complete waiver.

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