



Lakeview Health Center and Assisted Living

Family Newsletter

COVID-19 Updates and Question and Answer Session

A special phone session is being planned for Tuesday, October 27th at 12:00 pm. Resident representatives are encouraged to call in for information regarding COVID-19 and ask any questions they may have. Information about the phone session will be mailed to representatives soon along with the phone number to call.

COVID-19 Resident Communication

Families are encouraged to visit with their loved ones via Skype and Facetime, as well as through phone calls and letters. Additionally, we have been conducting vestibule, as well as courtyard visits. If you would like to set up video conferencing or a vestibule or courtyard visit, please contact Paul Kaiser at 608.612.0596 or Carrie Mahlum at 608.612.0595.

Activities

Activities are different during this time due to our need to keep residents and staff safe, but we continue to try to keep residents engaged, active, and happy. Some of the activities we have been facilitating include:

- Craft and art projects**
- Hallway bingo/jingo**
- Individual religious services**
- Birthday parties with treats delivered to residents**
- Holiday/special events**
- Ice cream/popcorn socials delivered to residents**
- Singing together**
- Listening to music/watching online concerts**
- Decorah Eagle Cam**
- Kitten cams**
- Book clubs/news groups**
- Card/table games**
- Traveling exercise**
- Trishaw rides**
- Sitting in the courtyard**
- Outdoor walks**
- Aviary visits**

Lakeview Health Center & Assisted Living continues to follow guidance from our State and local resources to best manage our long term care settings. We want to take a minute to share with you the many strategies we have implemented to keep our residents and staff as safe as possible.

Resident Interventions:

1. Active monitoring of temperature, lung sounds, respiratory status two times per day for each resident
2. Encouraging and assisting all residents to wear a mask and/or face shield when out of their room, social distance, and practice good hand hygiene
3. Modifying dining practices to provide assistance as needed while providing safe distancing, good hand hygiene and wearing of mask when not eating
4. Modifying activities to increase 1:1 activity engagement – no group activities
5. Continued restrictions on visitors
6. Increased opportunities for virtual visits
7. Quarantine/testing protocols for all new admissions, for residents returning to the facility after a hospital stay, and for any resident with symptoms
8. Surveillance testing of all residents

Staff Interventions:

1. Active monitoring of temperature and symptoms
2. Universal source control with use of mask by all staff and use of face shield/goggles for staff when in resident households
3. Quarantine/testing protocols for any staff with symptoms or who has been exposed through community spread
4. Surveillance testing of all staff

Thank you for your continued support. We appreciate the many kind words of encouragement. Together we are better!

Where can I get Lakeview COVID-19 updates?

Please call 608.786.1400 Option 4

Wanda Plachecki, Executive Director of Long Term Care & Residential Services, continues to update the message frequently.