



January 2021

Lakeview Health Center & Assisted Living

Family Newsletter

COVID-19 Update

Testing: We continue to complete testing for staff and residents as recommended by the State and federal government, local Public Health, and our Medical Director. The State of Wisconsin has provided us with testing kits and a lab to process our results for our PCR testing which has generally been considered the gold standard for COVID-19 testing. Since these tests cost approximately \$100/test, this support by DHS has been very helpful as we are currently testing all staff 1 - 2 times per week during routine testing and every 3-7 days when we are in outbreak. Mass testing of our residents occurs only when we are in outbreak. We have used the antigen test kits provided by CMS to supplement both our routine and outbreak testing and to rapidly identify and isolate symptomatic residents and staff.

Vaccination Clinics: The Lakeview/Ravenwood staff and residents will receive their first dose of the COVID-19 vaccine on Friday, January 8th. Walgreens Pharmacy is the vaccinators for our campus and has scheduled three clinics at each location. At the end of these nursing home clinics, Walgreens will schedule and complete vaccinations for our assisted living residents and staff.

Resident Engagement/Visitation: This pandemic has impacted the lives of our residents to a significant level. Isolation and loneliness are as big a factor as maintaining physical health and safety. Family involvement in the daily lives of our residents has been dramatically altered. We have tried to be very creative in helping our residents maintain contact and relationships with those they care about. Visits are person-centered and include everything from frequent phone calls, virtual web-based visits such as Face Time or Skype, window visits, outdoor visits, compassionate care visits, drive by birthday parties, and modified indoor visits. The State and federal guidelines for visitation include directives for type of visit depending on community positivity rates, outbreak status, staffing, and other factors. We remain committed to assisting our residents in maintaining these important relationships.

Our indoor visits will open this month once we get out of outbreak status and if the county positivity rate remains low. You can find information about all counties, including La-Crosse County and the current positivity rate at this link: [COVID-19 Nursing Home Data - Test Positivity Rates | Data.CMS.gov](#)

Our staff have taken on many roles during this pandemic - everything from caregiver to stylist to surrogate family. We have done so many things to enrich the lives of our residents and want to share some of these activities/events. Besides maintaining all the "visits" for our residents, the following is just a snapshot of the many activities and "goings-on" over the past several months:

- Holiday events such as virtual caroling, name that tune, bingo
- In-house store
- Oktoberfest events
- Trivia Tournaments
- Outdoor concerts
- Salute to Veterans with dinner delivered from the American Legion
- Drive by Volunteer Banquet
- Cards and letters to families
- Baking, bread making, mocktails, smoothies
- Food and more food - ice cream, popcorn, lemonade, root beer floats, watermelon, cheese tasting
- Individual 1:1s to play cards, mani/pedi's, etc.
- Outdoor bike rides

Indoor sleigh ride
Bingo/Jingo
Football toss & tailgate snacks
Indoor ice fishing

As has become the norm, our events and activities follow good infection prevention guidelines, including social distancing and wearing of masks!

Although 2020 was a year like no other, I continue to be grateful each day for the opportunity to work with an amazing team of people! Their commitment to our residents and to each other is a shining example of what "hero" means.

Please contact me with any questions about this information at 608-612-0640 or wplachecki@lacrossecounty.org.

COVID-19 Resident Communication

Families are encouraged to visit with their loved ones via Skype and Facetime, as well as through phone calls and letters. Additionally, we have been conducting vestibule, as well as courtyard visits. If you would like to set up video conferencing or a vestibule or courtyard visit, please contact Paul Kaiser at 608.612.0596 or Carrie Mahlum at 608.612.0595.

New Phone Numbers

Please use the following phone numbers when calling the nurse on each neighborhood:

Cedar Lane – Nurse cell
phone: 608-304-8130

Garden Terrace – Nurse cell
phone: 608-769-9296

Meadowview – Nurse cell
phone: 608-461-2664

Northwood – Nurse cell
phone: 608-769-9317

Lakeview Building Supervisor:
608-518-6402

Ravenwood – Nurse cell
phone: 608-518-8099

You can't leave a message at these phone numbers.

Where can I get Lakeview COVID-19 updates?

Please call 608.786.1400 Option 4
Wanda Plachecki, Executive Director of Long Term Care & Residential Services, continues to update the message frequently.