La Crosse Area Family Policy Board

"Systems and providers aligned for better outcomes"



Monthly Meeting April 4th, 2022



- 1. How have the **needs** of the individuals or families you serve **changed** over the last couple of years (for example, what are you seeing <u>more of</u>, less of, or <u>different</u>) ?
- 2. What needs of those you serve are not being satisfied (i.e., service gaps)

Mental Health

- Overall increase in Mental Health related needs
- Mental endurance decrease in both kids and their families. Families needing daily check-ins. Anxiety around normal activities.
- Not enough clinicians to meet needs, especially clinicians to work with more complex needs individuals (licensing requirements, regulations, paperwork, inability to need clinical supervision requirement, labor shortage, COVID burnout, low salary compared to other communities all a factor)

Basic Needs (Huge barrier and must be met to focus on other issues)

- Ability just to pay the bills
- Food / groceries

Housing & Homelessness

- Lack of availability of housing units (huge reliance on hotels, which are high cost, no kitchen, no eviction protection)
- Unable to meet housing requirements (no or poor credit history, criminal record, high rent & utilities)
- Expiration of eviction protections
- There has been a 60 percent increase in homelessness and high family homelessness

Child Care

- High regulation, low pay and burn-out contributing factors

Drug and Alcohol Use & Addiction

- Large uptick in marijuana use among younger youth (10 and 11 year olds)

Transportation

- Access to reliable vehicle
- Expensive repair costs
- Restrictions on transportation fund (can only be used one time)





- 1. What Federal or State-level *regulations* are making it difficult to meet our local human services needs?
 - Identify the regulation
 - <u>Describe</u> how is it negatively impacting your work
 - <u>Suggest</u> solutions

i.e., eliminate or change the regulation; collaborate to meet the regulation, etc.

Thank you!

