

WRIC READER



“What is the What?”

What is CCS?

Comprehensive Community Services (CCS) is a community-based program designed to assist individuals of all ages challenged by mental health or substance use disorders with improving their overall health and life satisfaction.

3 Core Components Required of All CCS Supports

- 1. Medically Necessary:** all services must be in place to treat, prevent, or further assess a condition that is diagnosed by a doctorate level professional. CCS services must be intentional in their application and cannot be solely for the convenience of a consumer, family, or provider (e.g. providing transportation or substituting child care). Preference is given to services that implement evidence-based or research-informed practices.
- 2. Rehabilitative (Psychosocial):** all services must be focused on increasing the individuals' independent functioning in light of their mental health and/or substance use diagnosis. A quick gauge for this is to ask yourself “If my service were to end today, would the consumer be ready enough to live on their own?” Each provider should be striving to answer the question with a ‘yes’ and communicating with the service team on identified barriers that would cause the answer to be ‘no’. CCS is not intended to be a long-term support service.
- 3. Community-Based:** all services are to occur in the most natural setting for the consumer, or where they functioning on a day-to-day basis (e.g. home, work, grocery store, library, community center, etc). Some services may be approved for a limited time to occur in a more restrictive/unnatural setting (e.g. office, residential placement, or shelter) but must demonstrate a plan and progress towards returning to the natural community setting of the individual.

Additional Resources:

[WRIC-CCS Website](#)

[WI Dept Human Service CCS Website](#)

“When I focus on what's good today, I have a good day. When I focus on what's bad, I have a bad day. If I focus on the problem, the problem increases. If I focus on the answer, the answer increases. “

~Big Book of Alcoholics Anonymous

CCS by the Numbers

Total Individuals & Families Being Served: 516

By Age Group:

Adults: 206
Transitional Age (16-26): 89
Youth & Families: 221

By County:

Jackson: 34
La Crosse: 388
Monroe: 94

WRIC Providers: 77

Service Facilitators: 49
Psychotherapy: 33
Skills & Wellness
(Community-Based): 35
Substance Use: 8
Residential Facilities: 17

As of 8.23.19



In This Issue

- “What is... CCS?”
- Talking Points: CCS Covered Services
- Recovery Month
- Upcoming Events
- Upcoming Trainings



Talking Points

Does CCS Provide That?

CCS Covered Services

1. Service Facilitation: assessing needs of individuals and families, and coordinating services to support their needs
2. Service Planning: teaming of individuals, families, community supports, and professional supports to make plans to meet identified needs of individuals and families
3. Diagnostic Evaluations: specialized assessments to further understand mental health/substance use needs
4. Psychotherapy: treatment of mental health/addiction needs by addressing underlying patterns of thoughts, behaviors, dynamics
5. Substance Use Treatment: treatment of substance use needs by addressing underlying patterns of thoughts, behaviors, dynamics
6. Psychoeducation: education, information, or social/emotional support related to a specific diagnosed condition
7. Skill Development: hand-over-hand direction and support related to daily living (communication, problem solving, daily living skills, accessing community resources, coping skills, personal cares, financial management, parenting, etc)
8. Employment Skills Training: assistance with skills need to find and maintain employment in relation to mental health/substance use
9. Medication Management: supporting individuals with understanding medications, self-monitoring side effects, and self-advocacy
10. Physical Health Monitoring: education on impact of mental health/substance use on physical health needs and conditions
11. Peer Support: assistance with managing mental health/substance use needs from someone with lived experience
12. Wellness Management & Recovery Supports: empowering individuals to manage their own lives independently by applying skills and knowledge gained through other services to live their desired life

Common Non-Covered Services

- Non-Therapeutic Services (camps, recreational activities, academic supports, respite care, transportation, etc)
- Long-Term Needs (Autism Spectrum Services, Intellectual & Developmental Disabilities, Medical & Physical disabilities, etc)
- Housing Assistance / Financial Assistance
- Crisis Response & Crisis Intervention Services
- Court Ordered / Involuntary Services (In-Patient Services, Monitoring Services, Drug Screening / UA, etc)
- Child/Adolescent Day Treatment Services
- Sheltered Workshops / Club Houses / Job Development Worksites
- Residential Care Centers (RCC) / Institution Mental Diseases (IMD) / Skilled Nursing Facilities / Hospital Care



JOIN THE VOICES FOR RECOVERY: TOGETHER WE ARE STRONGER

recoverymonth.gov



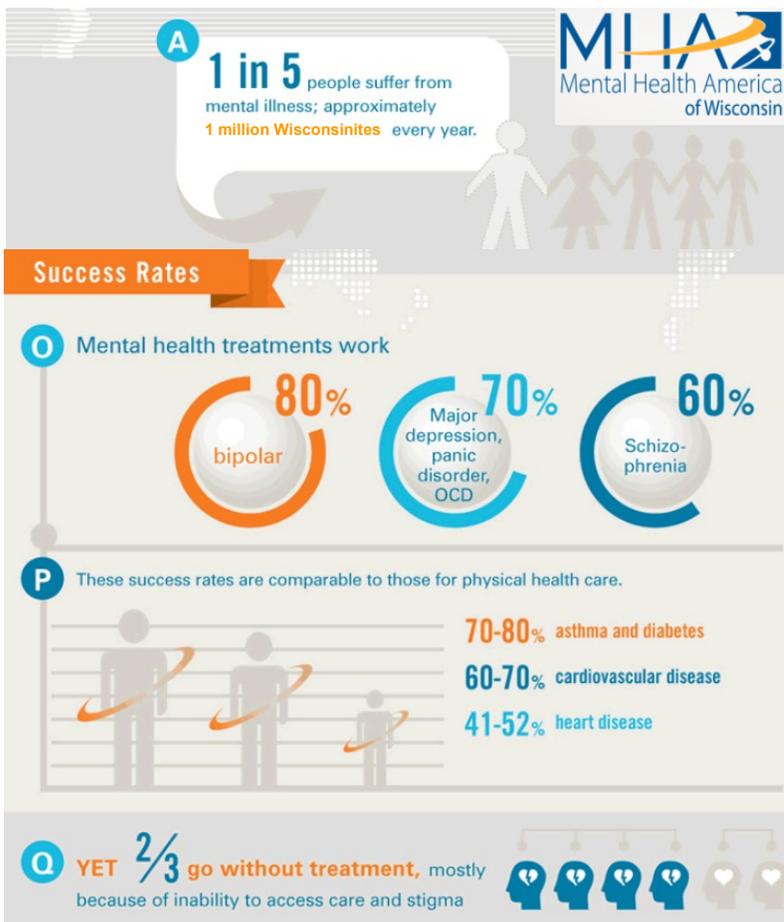
NATIONAL
RECOVERY
MONTH 2019
30th Anniversary

Each September, the Substance Abuse and Mental Health Services Administration (SAMHSA) (www.samhsa.gov), within the U.S. Department of Health and Human Services (HHS) (www.hhs.gov), sponsors **National Recovery Month (Recovery Month)**. This observance celebrates the millions of Americans who are in recovery from mental and substance use disorders, reminding us that treatment is effective and that people can and do recover. It also serves to help reduce the stigma and misconceptions that cloud public understanding of mental and substance use disorders, which potentially discourage others from seeking help.

The 2019 **Recovery Month** theme, “*Join the Voices for Recovery: Together We Are Stronger*,” emphasizes the need to share resources and build networks across the country to support the many paths to recovery. It reminds us that mental and substance use disorders affect all of us and that we are all part of the solution.

News Stories of Recovery in our Area:

- ◇ [Live-By Program gives La Crosse area people in recovery a stepping stone to independence](#)
- ◇ [Western Technical College—Youth Build Program](#)
- ◇ [Onalaska Business Owner Offers Fresh Start to Abuse Victims](#)
- ◇ [Logan High School Students Film Video on Mental Health Awareness](#)



WISCONSIN VOICES FOR RECOVERY

RALLY for RECOVERY 2019

SATURDAY, SEPTEMBER 14
WISCONSIN STATE CAPITOL
11A.M. - 3P.M.
OUTSIDE, STATE STREET SIDE

RYAN HAMPTON
Nationally recognized activist, author of American Fix, founder of the Voices Project, & person in recovery from opioid addiction.

LEE TURNER
Professional touring musician and studio visionary bringing stories from the road and studio to a positive message of recovery.

MONTEE BALL
Former Wisconsin Badgers and NFL football running back and public speaker. Proud father in long-term recovery.

EVENT ACTIVITIES

- Recovery Speakers and Family Members
- Resource Fair with Recovery Resources from across Wisconsin
- Recovery Coaching Tent and On-site Support
- Narcan Trainings and Kit Giveaways
- Ho-Chunk Nation Drumming Circle
- UW-Marching Band
- Kids Area: Face Painting, Balloons
- Purple Communications, Inc.: Offering ASL Services for Individuals with Hearing Impairments
- Free Ian's Pizza
- Wisconsin Delis Wilderness Resort Weekend Giveaway!

Sharing & Transforming LIVES
CELEBRATING ALL PATHWAYS TO RECOVERY IN WI

Upcoming Events



Meetings

Community-Based Provider Clinical Support Groups:

◇ 1st Thursday (9/5): 1:30-2:30pm @ La Crosse County Human Services #2002
Skype Lync: [Join Skype Meeting](#)

◇ 3rd Tuesday (9/17): 10-11am @ La Crosse County Administration #1107
Skype Lync: [Join Skype Meeting](#)

Who Should Attend: Any direct provider of CCS services.

Residential Clinical Support Teleconference Groups:

◇ 2nd Tuesday (9/10): 9-10am @ (605) 472-5637 Code: 994794#
Skype Lync: [Join Skype Meeting](#)

◇ 4th Monday (9/23): 2-3pm @ (605) 472-5637 Code: 994794#
Skype Lync: [Join Skype Meeting](#)

Who Should Attend: Any direct provider of CCS residential services

Trainings

CCS Core Curriculum (free resources)

	Sept 11- 10:00am—	CCS Orientation Classroom	La Crosse County Administration
	Nov 20 11:30am	Series (Wednesdays)	#1107 Info & Registration Here
	Online Ongoing	CCS Program Training/ Orientation	CCS Online Training Partnership
	Online Ongoing	WI Mandated Reporter Training	UW Professional Development Center
	Online Ongoing	Consumer Rights	WI Dept of Human Services Training Link Here
	Online Ongoing	Crisis & Suicide Response for Community Partners	Columbia Lighthouse Project Info, Resources & Training Link

Other Trainings

Sept 12	11:00am- 12:00pm	Understanding Dementia (free)	WPPNT Teleconference 877-820-7831 Code: 107633#
Sept 17- 18	All Day	Suicide Prevention Summit	UW-La Crosse Info & Registration Link Here
Sept 21	9:00am- 3:30pm	Helping the Hurting: Trauma Training for Parents	First Free, Onalaska Info & Registration Link Here
Sept 24	8:30am - 4:30pm	Adult Mental Health First Aid (free)	La Crosse, TBD Info & Registration Link Here
Sept 25	2:00pm- 3:00pm	Rites of Passage: Culture of Recovery (free)	NAADAC Webinar Info & Registration Link Here
Sept 26	11:00am- 12:00pm	Elders & Substance Abuse: An Invisible Crisis (free)	WPPNT Teleconference 877-820-7831 Code: 107633#
Oct 29- 30	All Day	Statewide Mental Health & Substance Use Conference	WI Dells, Kalahari Resort Info & Registration Link Here
Nov 11- 12	All Day	Children Come First Conference	WI Dells, Glacier Canyon Info & Registration Link Here

Contact Us

WRIC Counties

Jackson County

420 Highway 54 W
Black River Falls, 54615
(715) 284-4301

La Crosse County

300 4th Street North
La Crosse, WI 54601
(608) 784-4357

Monroe County

112 S Court Street,
Sparta, WI 54656
(608) 269-8600

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Submissions:

Have you observed or heard of another provider doing a good job? Do you have a question for the Emilies?
Know of any trainings or events occurring in the community or hosted by your agency?
Please send to Ryan Ross ross@lacrossecounty.org by the 25th of the month.

Circle of Security® PARENTING SERIES



Stein Counseling & Consulting Services
Solutions for Individuals, Families & Communities.

Presented by: Stein Counseling and Consulting Services, Ltd.
Sponsored by: Stein Counseling and Consulting Services, Ltd.
Family Services Program
Location: 1052 Oak Forest Drive, Onalaska, WI
Conference Room (on the first floor across from Suite 100)
Dates: Monday evenings Sept. 9- Oct. 28, 2019 **Time:** 6:00 - 7:30 pm
Registration Fee: \$200 per person or \$300 per couple. A non-refundable deposit of 50% of registration fee is due at the time of registration. Remaining payment due by September 2, 2019.

Who should attend: The Circle of Security® Parent Course is a specialized program for parents, kinship, adoptive and long-term foster parents, as well as any professional caring for children up to 12 years of age, for their personal use.

How to register: Please call (608) 785-7000 ext. 221 to register for classes. Payment in full or a non-refundable deposit of 50% of registration fee is required at the time of registration. Maximum of eight participants accepted.

Upcoming Events

Thinking about college? Wondering where to start? **Make the Self-Sufficiency Program at UW-La Crosse your first stop!**

SSP provides information and support as you make decisions about college. **SSP is no-cost, 12-week evening program with free childcare.** Apply today!

- Learn about area colleges and programs
- Receive help with admission and financial aid forms
- Practice college level work in a supportive setting
- Discover your academic and career potential
- Create your own education and life plan
- Learn about the SSP scholarships and others, too

**Fall 2019 class begins
Tuesday, Sept 17 6-8 p.m.,
meeting weekly through Dec 3, 2019
(5 Monday Math Classes start early October)**

To Apply:

www.uwlax.edu/ssp (on-line application available)

Andrea Hansen, Self-Sufficiency Program Director
608.785.8733 or ahansen@uwlax.edu

WHERE PEOPLE OF ALL ABILITIES CAN CONNECT THROUGH THE SPORT OF SOCCER

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FOR QUESTIONS EMAIL: STHESING@RUSHWIWEST.COM



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6PM - 7PM **RUSH** FIELDS FOR KIDS

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WISCONSIN DEPARTMENT
of HEALTH SERVICES

Division of Care and Treatment Services

Free Educational Seminar on Development and Treatment for Young Adults

"Building Pathways Into Adulthood: Growth-Focused Practices for Transition Age Youth with Substance Use, Mental Health, and Co-Occurring Disorders"

This research-based seminar will provide education on developmental stages of transition age youth in connection with the needs and behaviors that are being activated as their brain develops during their transition to adulthood. The information learned from this presentation will provide an effective framework to engage transition age youth into treatment for substance use, mental health, and co-occurring disorders.

Each session runs from 8:00 a.m. to 4:00 p.m. Check-in begins at 7:15 a.m. Lunch will be provided.

Monday Sept 9
Madison
[Register Here](#)

Friday Sept 13
Racine
[Register Here](#)

Thursday Sept 19
River Falls
[Register Here](#)

Friday Sept 20
Menomonie
[Register Here](#)

GRIEF SUPPORT GROUP

YOU ARE NOT ALONE

These **FREE** sessions will provide those who have lost a loved one the chance to meet with others who are feeling the same sense of loss.

(6 weekly meetings)

**Sessions Begin
September 19, 2019**

**Thursdays
5:00pm - 6:30pm**

B-Home Services and Supplies
311 County Road A, Black River Falls

To register, call 715-284-3662



NAMI Family-to-Family Educational Program – September 3-November 19 - Register now!

The NAMI Family-to-Family Education Program is a **free** 12-session educational program for family, significant others and friends of people with mental health conditions.

The educational program will meet on Tuesdays from 6:00 – 8:30 p.m. Olivet Lutheran Church at 2100 Bainbridge Street, La Crosse (French Island). The class begins September 3 through November 19.

This program is a **designated evidenced-based program**. This means that research shows that the program significantly improves the coping and problem-solving abilities of the people closest to a person with a mental health condition.

The group setting provides mutual support and shared positive impact allowing one to experience compassion and reinforcement for others.

The program is taught by NAMI-trained family members who have shared many of the same experiences as the attendees. Included will be presentations, discussions, and interactive exercises.

Class size is limited and registration is required. To register for the class, call Barbara at 608-385-7595 or Cindy at 608-386-3249.

The following link will also provide you with additional information:

<https://www.nami.org/Find-Support/NAMI-Programs/NAMI-Family-to-Family>

NCTSN

The National Child Traumatic Stress Network

**SAFE PLACES, SAFE SPACES:
CREATING WELCOMING AND
INCLUSIVE ENVIRONMENTS FOR
TRAUMATIZED LGBTQ YOUTH**

Free Web Training Resource Series

U.S. Department of Health & Human Services

Improving Cultural Competency for Behavioral Health Professionals

Learn how to better respect and respond to your client's unique needs in this free, online training.

BEGIN

1ST ANNUAL PARK BANK® PARKING LOT PARTY
SEPTEMBER 7TH • 11AM-5 PM
145 N. WATER STREET • SPARTA

FREE & OPEN TO ALL! ★ PRIZES TO BE GIVEN AWAY THROUGHOUT THE EVENT ★ FREE CARICATURE DRAWINGS BY TOMMY ORRICO ★ LIVE RADIO BROADCAST FROM 11AM-2PM ON COW 97 ★ MUSIC ALL DAY — INCLUDING FROM ROCK BOTTOM REVIVAL ★ FOOD AVAILABLE FOR PURCHASE FROM MR. BURGER ★ DRINKS AVAILABLE FOR PURCHASE ★ ACTIVITIES FOR KIDS AND ADULTS ★ DUNK TANK WITH LOCAL COMMUNITY MEMBERS ★ MUST BE 21 OR WITH A PARENT/GUARDIAN TO ENTER

FREE! OPEN TO ALL!

DO NOT NEED TO BE A PARK BANK CUSTOMER TO ATTEND

FREE CARICATURE DRAWINGS BY TOMMY ORRICO AVAILABLE ALL DAY!

PRIZES THROUGHOUT THE EVENT!

LIVE MUSIC!

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CCS Training Schedule Fall 2019

All trainings are on Wednesdays 10:00-11:30am

@ La Crosse County Administration Center first floor conference room 1107; 212 6th Street N, La Crosse
 Parking available on the street or parking lot available off 7th/State Street behind the Administration building.
 Teleconferencing is available with prior notice via Skype for Business

Most trainings are designed to be stand alone. Come to one, some, or all.

RSVP is recommended but not required. Space is limited to 25 people.

For questions or pre-registration contact: Ryan Ross ross@lacrossecounty.org or 608-785-6048

Sept 11	CCS Program Overview: DHS 36	Broad overview of the Comprehensive Community Services (CCS) program including treatment philosophy, description of services, team members, intake and service processes.
Sept 18	CCS Policies and Procedures	General overview of statutes and policies that impact CCS services including Federal laws and WI statutes. Focus will be on practical application on why CCS is set up the way it is, and how policies impact daily practice.
Sept 25	CCS Assessment & Service Plans	Introduction to various assessment tools. Beginning skills to assess needs and strengths of consumers and team members. Introduction to CCS Service Plan, service array categories, and service authorizations. Beginning skills to develop SMART treatment objectives with consumer and recovery team.
Oct 2	Coordinated Service Teams (CST) Overview	A look at the philosophy of CST and how it integrates with CCS service delivery. Group will review and simulate the basic structure of a team meeting involving professional supports and community partners.
Oct 9	CCS Documentation: Progress Notes & Billing	Review and practice of CCS Progress Note and MA billing requirements. Exploration of billable and non-billable services within the CCS Service Array.
Oct 16	Mental Health Diagnoses & Interventions	General overview of common mental health diagnoses, causes of mental health conditions, impact on functioning, and common intervention models.
Oct 23	Substance Use Diagnoses & Interventions	General overview of common substance use diagnoses, commonly used substances, impact on functioning, and common intervention models. <i>(focal point on interventions rather than updates on common substances)</i>
Oct 30	WEEK OFF	<i>Check out WI-Statewide Mental Health & Substance Use Recovery Conference in WI Dells</i>
Nov 6	Recovery Intervention Principles	Discussion and application of SAMHSA 10 Principles of Recovery into daily practice in order to promote consumer hope, healing, empowerment, and connection.
Nov 13	Non-Violent Crisis Intervention (pt 1)	Basic tools for managing crises that may occur during service delivery. Part 1 focuses on understanding the crisis cycle, professional self-awareness, and self-protection during a crisis.
Nov 20	Non-Violent Crisis Intervention (pt 2)	Basic tools for managing crises that may occur during service delivery. Part 2 focuses on applying interventions and crisis communication during various stages of the crisis cycle, understanding basic elements of a risk assessment, and documenting incidents.