



# Impact of Adult Immunization

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- No conflicts of interest to disclose.



# Objectives

- Overview of burden of illness, effectiveness of vaccines, and vaccine coverage for common vaccine-preventable diseases among adults.
- Update on recent changes or recommendations regarding adult immunizations.
- Describe the Standards for Adult Immunization Practice.
- Summarize results from recent national surveys on implementation of the Standards for Adult Immunization Practice.
- Resources to help with implementation of adult vaccination.

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- Include resources to help with implementation of adult vaccination.

# Background

- Vaccine preventable diseases cause substantial morbidity and mortality among adults.
- Vaccinations have decreased the burden of illness in adults.
- The impact of vaccination, or vaccine effectiveness, varies by vaccine type, the disease outcome being measured, and the age or health of the person vaccinated.

# Burden of Disease among U.S. Adults for Selected Diseases with Vaccines Available – Hepatitis B

- Liver infection caused by Hepatitis B virus.
- Estimated 19,200 cases acute Hepatitis B were reported in US in 2014.
- ~95% of new HBV infections occur among adults.
- Persons with diabetes are at twice risk of Hepatitis B.



<https://www.fda.gov/ForPatients/Illness/HepatitisBC/ucm20041759.htm>

# Impact of Vaccination – Hepatitis B

- The vaccine is 80% to 100% effective in preventing infection or clinical hepatitis in those who receive the complete vaccine series.



<https://phil.cdc.gov/phil/quicksearch.asp>

# Burden of Disease among U.S. Adults for Selected Diseases with Vaccines Available – Herpes Zoster (Shingles) <sup>1</sup>

- About 1 million cases of zoster annually U.S.
  - 10-11/1000 per year in persons  $\geq 60$  yrs
  - Lifetime risk: 32%
- Thoracic, cervical, and ophthalmic involvement are most common
- Approximately 10-25% with complication of eye (herpes zoster ophthalmicus)



FIGURE 2. Case of herpes zoster ophthalmicus



Photo/MN Oxman, University of California, San Diego



# Impact of Vaccination – Herpes Zoster

- Zoster live attenuated vaccine effectiveness (VE):
  - 51% against shingles
  - 66% against post-herpetic neuralgia (PHN)
  - 80% against most prolonged and extreme cases of PHN<sup>1</sup>
- More effective subunit vaccine was presented at the most recent Advisory Committee Immunization Practices (ACIP) meeting.

# Burden of Disease among U.S. Adults for Selected Diseases with Vaccines Available – **Human Papilloma Virus (HPV)**

- ~14 million people become infected with HPV each year<sup>1</sup>.
- The symptoms resolve without intervention in 9 of 10 people within two years.
- HPV infections can last longer and can cause certain cancers.
- HPV causes 30,700 cancers in men and women annually.

# Impact of Vaccination – HPV

- HPV vaccination can prevent most of the cancers (~28,000) from occurring.



# Burden of Disease among U.S. Adults for Selected Diseases with Vaccines Available – Influenza

- Influenza disease burden varies year to year
  - Millions of cases and average of 226,000 hospitalizations annually with >75% among adults<sup>1</sup>
  - 3,000-49,000 deaths annually, >90% among adults<sup>2</sup>
- Direct medical costs in U.S.: ~\$10.4 billion<sup>3</sup>
- Add in loss of work and life: ~\$87 billion

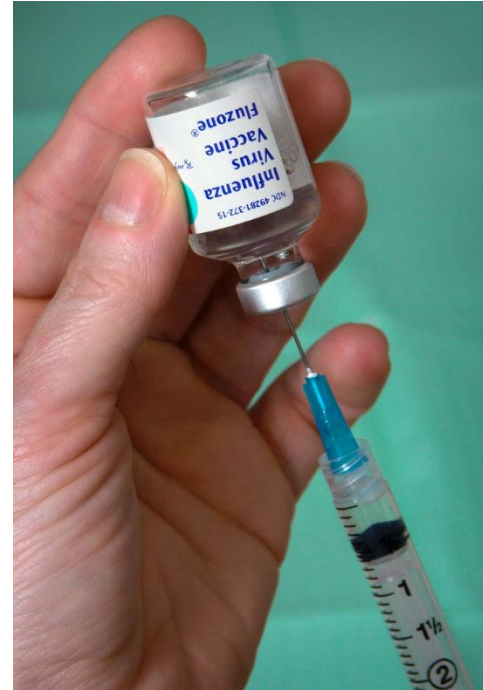
1. Thompson WW, et al. Influenza-Associated Hospitalizations in the United States. *JAMA* 2004; 292: 1333-1340

2. CDC. Estimates of deaths associated with seasonal influenza – United States, 1976-2007. *MMWR*. 2010;59(33):1057-1062.

3. Molinari, et al. The annual impact of seasonal influenza in the US: Measuring disease burden and costs. *Vaccine* 2007;25 :5086–5096.

# Impact of Vaccination - Influenza

- Effectiveness varies based on antigenic match and age and health of person being vaccinated
  - ~60–70% effective in younger adults when good match
  - ~30% in adults  $\geq 65$  years against medically attended influenza when good match<sup>1</sup>
  - Reduces antibiotic use, medical visits, loss of work days
- 2016-17 VE estimate: 48% (95% CI = 37%- 57%) against medically-attended influenza<sup>2</sup>



<https://phil.cdc.gov/phil/quicksearch.asp>

1. CDC. Prevention and Control of Seasonal Influenza: Recommendations of the ACIP – U.S., 2016-17. MMWR 2016  
2. <https://www.cdc.gov/mmwr/volumes/66/wr/mm6606a3.htm>

# Burden of Disease Among U.S. Adults for Selected Diseases with Vaccines Available – *Streptococcus pneumoniae*

- Can cause pneumonia, ear infections, sinus infections, meningitis, and bacteremia
- Vaccination recommended to prevent invasive pneumococcal disease (IPD) and other *S. pneumoniae* infections
- Adults with high risk medical conditions and  $\geq 65$  year at highest rates of IPD
  - 23 cases per 100,000 in 2015 among adults  $\geq 65$  years

# Impact of Vaccination – Pneumococcal Vaccines

- PCV13 (pneumococcal conjugate vaccine) among adults aged  $\geq 65$  years:
  - 45% effective against vaccine-type pneumococcal pneumonia
  - 75% effective against vaccine-type invasive pneumococcal disease (IPD)
- PPSV23 (pneumococcal polysaccharide):
  - 74% (CI: 55-86%) effective in meta-analysis against IPD
  - Not effective against non-IPD pneumonia

# Burden of Disease Among U.S. Adults for Selected Diseases with Vaccines Available – Tetanus, Diphtheria, and Acellular Pertussis

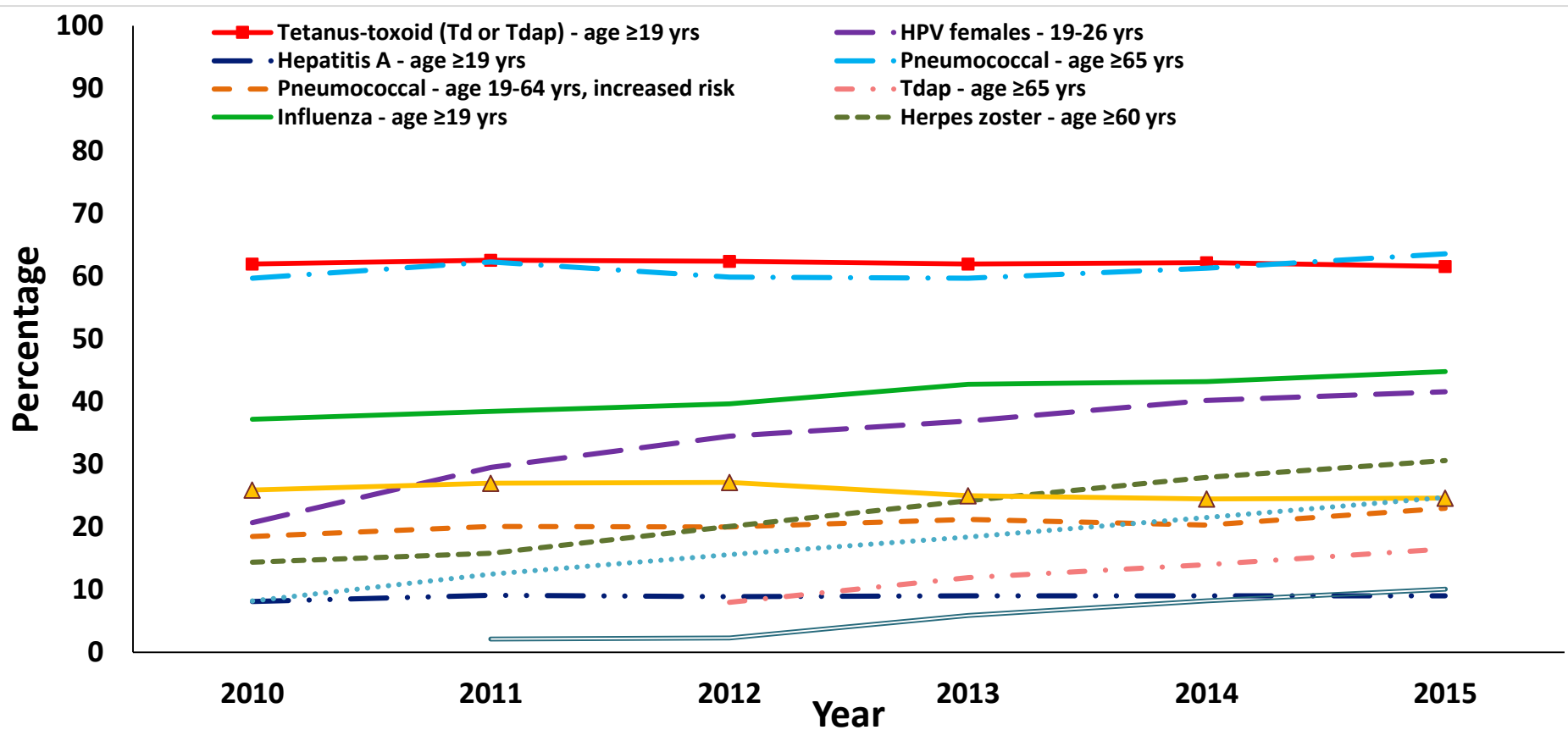
- Tetanus and diphtheria are rare in U.S.
- Pertussis: 20,762 cases reported in 2015 (4,650 cases among adults)



# Impact of Vaccination – Td/Tdap

- Tdap is ~70% effective against pertussis in the first year after vaccination.
- Effectiveness decreases each year: 4 years post-vaccination, effectiveness is 30-40%.
- Vaccinated persons who are infected with pertussis are less likely to have a serious infection.

# Proportion of Adults Aged $\geq 19$ Years Who Received Selected Vaccines,\* by Age Group and Increased Risk Status<sup>†</sup> — National Health Interview Survey, United States, 2010–2015



# Objectives

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- Include resources to help with implementation of adult vaccination.

# Background on Adult Immunization Schedule

- Updated annually
  - Represents current, approved Advisory Committee on Immunization Practices (ACIP) policy
  - Designed for implementation of ACIP recommendations
  - Contains figures for indications by age and medical or other conditions
  - Contains footnotes for each vaccine that should be read with the figures
  - Target audience – healthcare providers and pharmacists
  
- Published in- *MMWR* (announcement) and *Annals of Internal Medicine*

# Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States, 2017

In February 2017, the *Recommended Immunization Schedule for Adults Aged 19 Years or Older, United States, 2017* became effective, as recommended by the Advisory Committee on Immunization Practices (ACIP) and approved by the Centers for Disease Control and Prevention (CDC). The 2017 adult immunization schedule was also reviewed and approved by the following professional medical organizations:

- American College of Physicians ([www.acponline.org](http://www.acponline.org))
- American Academy of Family Physicians ([www.aafp.org](http://www.aafp.org))
- American College of Obstetricians and Gynecologists ([www.acog.org](http://www.acog.org))
- American College of Nurse-Midwives ([www.midwife.org](http://www.midwife.org))

CDC announced the availability of the 2017 adult immunization schedule at [www.cdc.gov/vaccines/schedules/hcp/index.html](http://www.cdc.gov/vaccines/schedules/hcp/index.html) in the *Morbidity and Mortality Weekly Report (MMWR)*.<sup>1</sup> The schedule is published in its entirety in the *Annals of Internal Medicine*.<sup>2</sup>

The adult immunization schedule describes the age groups and medical conditions and other indications for which licensed vaccines are recommended. The 2017 adult immunization schedule consists of:

- Figure 1. Recommended immunization schedule for adults by age group
- Figure 2. Recommended immunization schedule for adults by medical condition and other indications
- Footnotes that accompany each vaccine containing important general information and considerations for special populations
- Table. Contraindications and precautions for vaccines routinely recommended for adults

Consider the following information when reviewing the adult immunization schedule:

- The figures in the adult immunization schedule should be read with the footnotes that contain important general information and information about vaccination of special populations.
- When indicated, administer recommended vaccines to adults whose vaccination history is incomplete or unknown.
- Increased interval between doses of a multi-dose vaccine does not diminish vaccine effectiveness; therefore, it is not necessary to restart the vaccine series or add doses to the series because of an extended interval between doses.
- Adults with immunocompromising conditions should generally avoid live vaccines, e.g., measles, mumps, and rubella vaccine. Inactivated vaccines, e.g., pneumococcal or inactivated influenza vaccines, are generally acceptable.
- Combination vaccines may be used when any component of the combination is indicated and when the other components of the combination vaccine are not contraindicated.
- The use of trade names in the adult immunization schedule is for identification purposes only and does not imply endorsement by the ACIP or CDC.

Details on vaccines recommended for adults and complete ACIP statements are available at [www.cdc.gov/vaccines/hcp/acip-recs/index.html](http://www.cdc.gov/vaccines/hcp/acip-recs/index.html). Additional CDC resources include:

- A summary of information on vaccination recommendations, vaccination of persons with immunodeficiencies, preventing and managing adverse reactions, vaccination contraindications and precautions, and other information can be found in *General Recommendations on Immunization* at [www.cdc.gov/mmwr/preview/mmwrhtml/r6002a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/r6002a1.htm).

- Vaccine Information Statements that explain benefits and risks of vaccines are available at [www.cdc.gov/vaccines/hcp/vis/index.html](http://www.cdc.gov/vaccines/hcp/vis/index.html).
- Information and resources regarding vaccination of pregnant women are available at [www.cdc.gov/vaccines/adults/rec-vac/pregnant.html](http://www.cdc.gov/vaccines/adults/rec-vac/pregnant.html).
- Information on travel vaccine requirements and recommendations is available at [wwwnc.cdc.gov/travel/destinations/list](http://wwwnc.cdc.gov/travel/destinations/list).
- *CDC Vaccine Schedules App* for clinicians and other immunization service providers to download is available at [www.cdc.gov/vaccines/schedules/hcp/schedule-app.html](http://www.cdc.gov/vaccines/schedules/hcp/schedule-app.html).
- *Recommended Immunization Schedule for Children and Adolescents Aged 18 Years or Younger* is available at [www.cdc.gov/vaccines/schedules/hcp/index.html](http://www.cdc.gov/vaccines/schedules/hcp/index.html).

Report suspected cases of reportable vaccine-preventable diseases to the local or state health department.

Report all clinically significant post-vaccination reactions to the Vaccine Adverse Event Reporting System at [www.vaers.hhs.gov](http://www.vaers.hhs.gov) or by telephone, 800-822-7967. All vaccines included in the 2017 adult immunization schedule except herpes zoster and 23-valent pneumococcal polysaccharide vaccines are covered by the Vaccine Injury Compensation Program. Information on how to file a vaccine injury claim is available at [www.hrsa.gov/vaccinecompensation](http://www.hrsa.gov/vaccinecompensation) or by telephone, 800-338-2382.

Submit questions and comments regarding the 2017 adult immunization schedule to CDC through [www.cdc.gov/cdc-info](http://www.cdc.gov/cdc-info) or by telephone, 800-CDC-INFO (800-232-4636), in English and Spanish, 8:00am–8:00pm ET, Monday–Friday, excluding holidays.

The following acronyms are used for vaccines recommended for adults:

HepA	hepatitis A vaccine
HepA-HepB	hepatitis A and hepatitis B vaccines
HepB	hepatitis B vaccine
Hib	<i>Haemophilus influenzae</i> type b conjugate vaccine
HPV vaccine	human papillomavirus vaccine
HZV	herpes zoster vaccine
IIV	inactivated influenza vaccine
LAIV	live attenuated influenza vaccine
MenACWY	serogroups A, C, W, and Y meningococcal conjugate vaccine
MenB	serogroup B meningococcal vaccine
MMR	measles, mumps, and rubella vaccine
MPSV4	serogroups A, C, W, and Y meningococcal polysaccharide vaccine
PCV13	13-valent pneumococcal conjugate vaccine
PPSV23	23-valent pneumococcal polysaccharide vaccine
RIV	recombinant influenza vaccine
Td	tetanus and diphtheria toxoids
Tdap	tetanus toxoid, reduced diphtheria toxoid, and acellular pertussis vaccine
VAR	varicella vaccine

<sup>1</sup>MMWR Morb Mortal Wkly Rep. 2017;66(5). Available at [www.cdc.gov/mmwr/volumes/66/wr/mm6605e2.htm?s\\_cid=mm6605e2\\_w](http://www.cdc.gov/mmwr/volumes/66/wr/mm6605e2.htm?s_cid=mm6605e2_w).

<sup>2</sup>Ann Intern Med. 2017;166:209-218. Available at [annals.org/aim/article/doi/10.7326/M16-2936](http://annals.org/aim/article/doi/10.7326/M16-2936).



Figures 1 and 2 should be read with the footnotes that contain important general information and considerations for special populations.

Figure 1. Recommended immunization schedule for adults aged 19 years or older by age group, United States, 2017

Vaccine	19–21 years	22–26 years	27–59 years	60–64 years	≥ 65 years
Influenza <sup>1</sup>	1 dose annually				
Td/Tdap <sup>2</sup>	Substitute Tdap for Td once, then Td booster every 10 yrs				
MMR <sup>3</sup>	1 or 2 doses depending on indication				
VAR <sup>4</sup>	2 doses				
HZV <sup>5</sup>				1 dose	
HPV–Female <sup>6</sup>	3 doses				
HPV–Male <sup>6</sup>	3 doses				
PCV13 <sup>7</sup>					1 dose
PPSV23 <sup>7</sup>	1 or 2 doses depending on indication				1 dose
HepA <sup>8</sup>	2 or 3 doses depending on vaccine				
HepB <sup>9</sup>	3 doses				
MenACWY or MPSV4 <sup>10</sup>	1 or more doses depending on indication				
MenB <sup>10</sup>	2 or 3 doses depending on vaccine				
Hib <sup>11</sup>	1 or 3 doses depending on indication				



Recommended for adults who meet the age requirement, lack documentation of vaccination, or lack evidence of past infection




Recommended for adults with additional medical conditions or other indications




No recommendation

Figure 2. Recommended immunization schedule for adults aged 19 years or older by medical condition and other indications, United States, 2017

Vaccine	Pregnancy <sup>1,6,9</sup>	Immuno-compromised (excluding HIV infection) <sup>3,7,11</sup>	HIV infection CD4+ count (cells/ $\mu$ L) <sup>3,7,9,11</sup>		Asplenia, persistent complement deficiencies <sup>7,10,11</sup>	Kidney failure, end-stage renal disease, on hemodialysis <sup>7,9</sup>	Heart or lung disease, chronic alcoholism <sup>7</sup>	Chronic liver disease <sup>7,9</sup>	Diabetes <sup>7,9</sup>	Healthcare personnel <sup>1,4,9</sup>	Men who have sex with men <sup>8,9</sup>
			< 200	$\geq$ 200							
Influenza <sup>1</sup>	1 dose annually										
Td/Tdap <sup>2</sup>	1 dose Tdap each pregnancy	Substitute Tdap for Td once, then Td booster every 10 yrs									
MMR <sup>3</sup>	contraindicated		1 or 2 doses depending on indication								
VAR <sup>4</sup>	contraindicated		2 doses								
HZV <sup>5</sup>	contraindicated			1 dose							
HPV-Female <sup>6</sup>		3 doses through age 26 yrs									
HPV-Male <sup>6</sup>		3 doses through age 26 yrs			3 doses through age 21 yrs						3 doses through age 26 yrs
PCV13 <sup>7</sup>		1 dose									
PPSV23 <sup>7</sup>		1, 2, or 3 doses depending on indication									
HepA <sup>8</sup>	2 or 3 doses depending on vaccine										
HepB <sup>9</sup>	3 doses										
MenACWY or MPSV4 <sup>10</sup>	1 or more doses depending on indication										
MenB <sup>10</sup>		2 or 3 doses depending on vaccine									
Hib <sup>11</sup>		3 doses post-HSCT recipients only		1 dose							

 Recommended for adults who meet the age requirement, lack documentation of vaccination, or lack evidence of past infection

 Recommended for adults with additional medical conditions or other indications

 Contraindicated

 No recommendation

## Footnotes. Recommended immunization schedule for adults aged 19 years or older, United States, 2017

### 1. Influenza vaccination

#### General information

- All persons aged 6 months or older who do not have a contraindication should receive annual influenza vaccination with an age-appropriate formulation of inactivated influenza vaccine (IIV) or recombinant influenza vaccine (RIV).
- In addition to standard-dose IIV, available options for adults in specific age groups include: high-dose or adjuvanted IIV for adults aged 65 years or older, intradermal IIV for adults aged 18 through 64 years, and RIV for adults aged 18 years or older.
- Notes: Live attenuated influenza vaccine (LAIV) should not be used during the 2016–2017 influenza season. A list of currently available influenza vaccines is available at [www.cdc.gov/flu/protect/vaccine/vaccines.htm](http://www.cdc.gov/flu/protect/vaccine/vaccines.htm).

#### Special populations

- Adults with a history of egg allergy who have only hives after exposure to egg should receive age-appropriate IIV or RIV.
- Adults with a history of egg allergy other than hives, e.g., angioedema, respiratory distress, lightheadedness, or recurrent emesis, or who required epinephrine or another emergency medical intervention, may receive age-appropriate IIV or RIV. The selected vaccine should be administered in an inpatient or outpatient medical setting and under the supervision of a healthcare provider who is able to recognize and manage severe allergic conditions.
- Pregnant women and women who might become pregnant in the upcoming influenza season should receive IIV.

### 2. Tetanus, diphtheria, and acellular pertussis vaccination

#### General information

- Adults who have not received tetanus and diphtheria toxoids and acellular pertussis vaccine (Tdap) or for whom pertussis vaccination status is unknown should receive 1 dose of Tdap followed by a tetanus and diphtheria toxoids (Td) booster every 10 years. Tdap should be administered regardless of when a tetanus or diphtheria toxoid-containing vaccine was last received.
- Adults with an unknown or incomplete history of a 3-dose primary series with tetanus and diphtheria toxoid-containing vaccines should complete the primary series that includes 1 dose of Tdap. Unvaccinated adults should receive the first 2 doses at least 4 weeks apart and the third dose 6–12 months after the second dose.
- Notes: Information on the use of Td or Tdap as tetanus prophylaxis in wound management is available at [www.cdc.gov/mmwr/preview/mmwrhtml/rr5517a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5517a1.htm).

#### Special populations

- Pregnant women should receive 1 dose of Tdap during each pregnancy, preferably during the early part of gestational weeks 27–36, regardless of prior history of receiving Tdap.

### 3. Measles, mumps, and rubella vaccination

#### General information

- Adults born in 1957 or later without acceptable evidence of immunity to measles, mumps, or rubella (defined below) should receive 1 dose of measles, mumps, and rubella vaccine (MMR) unless they have a medical contraindication to the vaccine, e.g., pregnancy or severe immunodeficiency.
- Notes: Acceptable evidence of immunity to measles, mumps, or rubella in adults is: born before 1957, documentation of receipt of MMR, or laboratory evidence of immunity or disease. Documentation of healthcare provider–diagnosed disease without laboratory confirmation is not acceptable evidence of immunity.

#### Special populations

- Pregnant women who do not have evidence of immunity to rubella should receive 1 dose of MMR upon completion or termination of pregnancy and before discharge from the healthcare facility; non-pregnant women of childbearing age without evidence of rubella immunity should receive 1 dose of MMR.
- Adults with primary or acquired immunodeficiency including malignant conditions affecting the bone marrow or lymphatic system, systemic immunosuppressive therapy, or cellular immunodeficiency should not receive MMR.
- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l for at least 6 months who do not have evidence of measles, mumps, or rubella immunity should receive 2 doses of MMR at least 28 days apart. Adults with HIV infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive MMR.
- Adults who work in healthcare facilities should receive 2 doses of MMR at least 28 days apart; healthcare personnel born before 1957 who are unvaccinated or lack laboratory evidence of measles, mumps, or rubella immunity, or laboratory confirmation of disease should be considered for vaccination with 2 doses of MMR at least 28 days apart for measles or mumps, or 1 dose of MMR for rubella.
- Adults who are students in postsecondary educational institutions or plan to travel internationally should receive 2 doses of MMR at least 28 days apart.
- Adults who received inactivated (killed) measles vaccine or measles vaccine of unknown type during years 1963–1967 should be revaccinated with 1 or 2 doses of MMR.
- Adults who were vaccinated before 1979 with either inactivated mumps vaccine or mumps vaccine of unknown type who are at high risk for mumps infection, e.g., work in a healthcare facility, should be considered for revaccination with 2 doses of MMR at least 28 days apart.

### 4. Varicella vaccination

#### General information

- Adults without evidence of immunity to varicella (defined below) should receive 2 doses of single-antigen varicella vaccine (VAR) 4–8 weeks apart, or a second dose if they have received only 1 dose.
- Persons without evidence of immunity for whom VAR should be emphasized are: adults who have close contact with persons at high risk for serious complications, e.g., healthcare personnel and household contacts of immunocompromised persons; adults who live or work in an environment in which transmission of varicella zoster virus is likely, e.g., teachers, childcare workers, and residents and staff in institutional settings; adults who live or work in environments in which varicella transmission has been reported, e.g., college students, residents and staff members of correctional institutions, and military personnel; non-pregnant women of childbearing age; adolescents and adults living in households with children; and international travelers.
- Notes: Evidence of immunity to varicella in adults is: U.S.-born before 1980 (for pregnant women and healthcare personnel, U.S.-born before 1980 is not considered evidence of immunity); documentation of 2 doses of VAR at least 4 weeks apart; history of varicella or herpes zoster diagnosis or verification of varicella or herpes zoster disease by a healthcare provider; or laboratory evidence of immunity or disease.

#### Special populations

- Pregnant women should be assessed for evidence of varicella immunity. Pregnant women who do not have evidence of immunity should receive the first dose of VAR upon completion or termination of pregnancy and before discharge from the healthcare facility, and the second dose 4–8 weeks after the first dose.
- Healthcare institutions should assess and ensure that all healthcare personnel have evidence of immunity to varicella.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive VAR.

- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l may receive 2 doses of VAR 3 months apart. Adults with HIV infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive VAR.

### 5. Herpes zoster vaccination

#### General information

- Adults aged 60 years or older should receive 1 dose of herpes zoster vaccine (HZV), regardless of whether they had a prior episode of herpes zoster.

#### Special populations

- Adults aged 60 years or older with chronic medical conditions may receive HZV unless they have a medical contraindication, e.g., pregnancy or severe immunodeficiency.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive HZV.
- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive HZV.

### 6. Human papillomavirus vaccination

#### General information

- Adult females through age 26 years and adult males through age 21 years who have not received any human papillomavirus (HPV) vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months. Males aged 22 through 26 years may be vaccinated with a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Adult females through age 26 years and adult males through age 21 years (and males aged 22 through 26 years who may receive HPV vaccination) who initiated the HPV vaccination series before age 15 years and received 2 doses at least 5 months apart are considered adequately vaccinated and do not need an additional dose of HPV vaccine.
- Adult females through age 26 years and adult males through age 21 years (and males aged 22 through 26 years who may receive HPV vaccination) who initiated the HPV vaccination series before age 15 years and received only 1 dose, or 2 doses less than 5 months apart, are not considered adequately vaccinated and should receive 1 additional dose of HPV vaccine.
- Notes: HPV vaccination is routinely recommended for children at age 11 or 12 years. For adults who had initiated but did not complete the HPV vaccination series, consider their age at first HPV vaccination (described above) and other factors (described below) to determine if they have been adequately vaccinated.

#### Special populations

- Men who have sex with men through age 26 years who have not received any HPV vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Adult females and males through age 26 years with immunocompromising conditions (described below), including those with human immunodeficiency virus (HIV) infection, should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Pregnant women are not recommended to receive HPV vaccine, although there is no evidence that the vaccine poses harm. If a woman is found to be pregnant after initiating the HPV vaccination series, delay the remaining doses until after the pregnancy. No other intervention is needed. Pregnancy testing is not needed before administering HPV vaccine.
- Notes: Immunocompromising conditions for which a 3-dose series of HPV vaccine is indicated are primary or secondary immunocompromising conditions that might reduce cell-mediated or humoral immunity, e.g., B-lymphocyte antibody deficiencies, complete or partial T-lymphocyte defects, HIV infection, malignant neoplasm, transplantation, autoimmune disease, and immunosuppressive therapy.



## 7. Pneumococcal vaccination

### General information

- Adults who are immunocompetent and aged 65 years or older should receive 13-valent pneumococcal conjugate vaccine (PCV13) followed by 23-valent pneumococcal polysaccharide vaccine (PPSV23) at least 1 year after PCV13.
- Notes: Adults are recommended to receive 1 dose of PCV13 and 1, 2, or 3 doses of PPSV23 depending on indication. When both PCV13 and PPSV23 are indicated, PCV13 should be administered first. PCV13 and PPSV23 should not be administered during the same visit. If PPSV23 has previously been administered, PCV13 should be administered at least 1 year after PPSV23. When two or more doses of PPSV23 are indicated, the interval between PPSV23 doses should be at least 5 years. Supplemental information on pneumococcal vaccine timing for adults aged 65 years or older and adults aged 19 years or older at high risk for pneumococcal disease (described below) is available at [www.cdc.gov/vaccines/vpd-vac/pneumo/downloads/adult-vax-clinician-aid.pdf](http://www.cdc.gov/vaccines/vpd-vac/pneumo/downloads/adult-vax-clinician-aid.pdf). No additional doses of PPSV23 are indicated for adults who have received PPSV23 at age 65 years or older. When indicated, PCV13 and PPSV23 should be administered to adults whose pneumococcal vaccination history is incomplete or unknown.

### Special populations

- Adults aged 19 through 64 years with chronic heart disease including congestive heart failure and cardiomyopathies (excluding hypertension); chronic lung disease including chronic obstructive lung disease, emphysema, and asthma; chronic liver disease including cirrhosis; alcoholism; or diabetes mellitus; or who smoke cigarettes should receive PPSV23. At age 65 years or older, they should receive PCV13 and another dose of PPSV23 at least 1 year after PCV13 and at least 5 years after the most recent dose of PPSV23.
- Adults aged 19 years or older with immunocompromising conditions or anatomical or functional asplenia (described below) should receive PCV13 and a dose of PPSV23 at least 8 weeks after PCV13, followed by a second dose of PPSV23 at least 5 years after the first dose of PPSV23. If the most recent dose of PPSV23 was administered before age 65 years, at age 65 years or older, administer another dose of PPSV23 at least 8 weeks after PCV13 and at least 5 years after the most recent dose of PPSV23.
- Adults aged 19 years or older with cerebrospinal fluid leak or cochlear implant should receive PCV13 followed by PPSV23 at least 8 weeks after PCV13. If the most recent dose of PPSV23 was administered before age 65 years, at age 65 years or older, administer another dose of PPSV23 at least 8 weeks after PCV13 and at least 5 years after the most recent dose of PPSV23.
- Notes: Immunocompromising conditions that are indications for pneumococcal vaccination are congenital or acquired immunodeficiency including B- or T-lymphocyte deficiency, complement deficiencies, and phagocytic disorders excluding chronic granulomatous disease; human immunodeficiency virus (HIV) infection; chronic renal failure and nephrotic syndrome; leukemia, lymphoma, Hodgkin disease, generalized malignancy, and multiple myeloma; solid organ transplant; and iatrogenic immunosuppression including long-term systemic corticosteroid and radiation therapy. Anatomical or functional asplenia that are indications for pneumococcal vaccination are sickle cell disease and other hemoglobinopathies, congenital or acquired asplenia, splenic dysfunction, and splenectomy. Pneumococcal vaccines should be given at least 2 weeks before immunosuppressive therapy or an elective splenectomy, and as soon as possible to adults who are diagnosed with HIV infection.

## 8. Hepatitis B vaccination

### General information

- Adults who seek protection from hepatitis A virus infection may receive a 2-dose series of single antigen hepatitis A vaccine (HepA) at either 0 and 6–12 months (Havrix) or 0 and 6–18 months (Vaqta). Adults may also receive a combined hepatitis A and hepatitis B vaccine (HepA-HepB) (Twinrix) as a 3-dose series at 0, 1, and 6 months. Acknowledgment of a specific risk factor by those who seek protection is not needed.

### Special populations

- Adults with any of the following indications should receive a HepA series: have chronic liver disease, receive clotting factor concentrates, men who have sex with men, use injection or non-injection drugs, or work with hepatitis A virus-infected primates or in a hepatitis A research laboratory setting.
- Adults who travel in countries with high or intermediate levels of endemic hepatitis A infection or anticipate close personal contact with an international adoptee, e.g., reside in the same household or regularly babysit, from a country with high or intermediate level of endemic hepatitis A infection within the first 60 days of arrival in the United States should receive a HepA series.

## 9. Hepatitis B vaccination

### General information

- Adults who seek protection from hepatitis B virus infection may receive a 3-dose series of single-antigen hepatitis B vaccine (HepB) (Engerix-B, Recombivax HB) at 0, 1, and 6 months. Adults may also receive a combined hepatitis A and hepatitis B vaccine (HepA-HepB) (Twinrix) at 0, 1, and 6 months. Acknowledgment of a specific risk factor by those who seek protection is not needed.

### Special populations

- Adults at risk for hepatitis B virus infection by sexual exposure should receive a HepB series, including sex partners of hepatitis B surface antigen (HBsAg)-positive persons, sexually active persons who are not in a mutually monogamous relationship, persons seeking evaluation or treatment for a sexually transmitted infection, and men who have sex with men (MSM).
- Adults at risk for hepatitis B virus infection by percutaneous or mucosal exposure to blood should receive a HepB series, including adults who are recent or current users of injection drugs, household contacts of HBsAg-positive persons, residents and staff of facilities for developmentally disabled persons, incarcerated, healthcare and public safety workers at risk for exposure to blood or blood-contaminated body fluids, younger than age 60 years with diabetes mellitus, and age 60 years or older with diabetes mellitus at the discretion of the treating clinician.
- Adults with chronic liver disease including, but not limited to, hepatitis C virus infection, cirrhosis, fatty liver disease, alcoholic liver disease, autoimmune hepatitis, and an alanine aminotransferase (ALT) or aspartate aminotransferase (AST) level greater than twice the upper limit of normal should receive a HepB series.
- Adults with end-stage renal disease including those on pre-dialysis care, hemodialysis, peritoneal dialysis, and home dialysis should receive a HepB series. Adults on hemodialysis should receive a 3-dose series of 40 µg Recombivax HB at 0, 1, and 6 months or a 4-dose series of 40 µg Engerix-B at 0, 1, 2, and 6 months.
- Adults with human immunodeficiency virus (HIV) infection should receive a HepB series.
- Pregnant women who are at risk for hepatitis B virus infection during pregnancy, e.g., having more than one sex partner during the previous six months, been evaluated or treated for a sexually transmitted infection, recent or current injection drug use, or had an HBsAg-positive sex partner, should receive a HepB series.
- International travelers to regions with high or intermediate levels of endemic hepatitis B virus infection should receive a HepB series.
- Adults in the following settings are assumed to be at risk for hepatitis B virus infection and should receive a HepB series: sexually transmitted disease treatment facilities, HIV testing and treatment facilities, facilities providing drug-abuse treatment and prevention services, healthcare settings targeting services to persons who inject drugs, correctional facilities, healthcare settings targeting services to MSM, hemodialysis facilities and end-stage renal disease programs, and institutions and nonresidential day care facilities for developmentally disabled persons.

## 10. Meningococcal vaccination

### Special populations

- Adults with anatomical or functional asplenia or persistent complement component deficiencies should receive a 2-dose primary series of serogroups A, C, W, and Y meningococcal conjugate vaccine (MenACWY) at least 2 months apart and revaccinate every 5 years. They should also receive a series of serogroup B meningococcal vaccine (MenB) with either a 2-dose series of MenB-4C (Bexsero) at least 1 month apart or a 3-dose series of MenB-FHbp (Trumenb) at 0, 1–2, and 6 months.
- Adults with human immunodeficiency virus (HIV) infection who have not been previously vaccinated should receive a 2-dose primary series of MenACWY at least 2 months apart and revaccinate every 5 years. Those who previously received 1 dose of MenACWY should receive a second dose at least 2 months after the first dose. Adults with HIV infection are not routinely recommended to receive MenB because meningococcal disease in this population is caused primarily by serogroups C, W, and Y.
- Microbiologists who are routinely exposed to isolates of *Neisseria meningitidis* should receive 1 dose of MenACWY and revaccinate every 5 years if the risk for infection remains, and either a 2-dose series of MenB-4C at least 1 month apart or a 3-dose series of MenB-FHbp at 0, 1–2, and 6 months.
- Adults at risk because of a meningococcal disease outbreak should receive 1 dose of MenACWY if the outbreak is attributable to serogroup A, C, W, or Y, or either a 2-dose series of MenB-4C at least 1 month apart or a 3-dose series of MenB-FHbp at 0, 1–2, and 6 months if the outbreak is attributable to serogroup B.
- Adults who travel to or live in countries with hyperendemic or epidemic meningococcal disease should receive 1 dose of MenACWY and revaccinate every 5 years if the risk for infection remains. MenB is not routinely indicated because meningococcal disease in these countries is generally not caused by serogroup B.
- Military recruits should receive 1 dose of MenACWY and revaccinate every 5 years if the increased risk for infection remains.
- First-year college students aged 21 years or younger who live in residence halls should receive 1 dose of MenACWY if they have not received MenACWY at age 16 years or older.
- Young adults aged 16 through 23 years (preferred age range is 16 through 18 years) who are healthy and not at increased risk for serogroup B meningococcal disease (described above) may receive either a 2-dose series of MenB-4C at least 1 month apart or a 2-dose series of MenB-FHbp at 0 and 6 months for short-term protection against most strains of serogroup B meningococcal disease.
- For adults aged 56 years or older who have not previously received serogroups A, C, W, and Y meningococcal vaccine and need only 1 dose, meningococcal polysaccharide serogroups A, C, W, and Y vaccine (MPSV4) is preferred. For adults who previously received MenACWY or anticipate receiving multiple doses of serogroups A, C, W, and Y meningococcal vaccine, MenACWY is preferred.
- Notes: MenB-4C and MenB-FHbp are not interchangeable, i.e., the same vaccine should be used for all doses to complete the series. There is no recommendation for MenB revaccination at this time. MenB may be administered at the same time as MenACWY but at a different anatomic site, if feasible.

## 11. Haemophilus influenzae type b vaccination

### Special populations

- Adults who have anatomical or functional asplenia or sickle cell disease, or are undergoing elective splenectomy should receive 1 dose of *Haemophilus influenzae* type b conjugate vaccine (Hib) if they have not previously received Hib. Hib should be administered at least 14 days before splenectomy.
- Adults with a hematopoietic stem cell transplant (HSCT) should receive 3 doses of Hib in at least 4 week intervals 6–12 months after transplant regardless of their Hib history.
- Notes: Hib is not routinely recommended for adults with human immunodeficiency virus infection because their risk for *Haemophilus influenzae* type b infection is low.

**Table. Contraindications and precautions for vaccines recommended for adults aged 19 years or older\***

The Advisory Committee on Immunization Practices (ACIP) recommendations and package inserts for vaccines provide information on contraindications and precautions related to vaccines. Contraindications are conditions that increase chances of a serious adverse reaction in vaccine recipients and the vaccine should not be administered when a contraindication is present. Precautions should be reviewed for potential risks and benefits for vaccine recipient. For a person with a severe allergy to latex, e.g., anaphylaxis, vaccines supplied in vials or syringes that contain natural rubber latex should not be administered unless the benefit of vaccination clearly outweighs the risk for a potential allergic reaction. For latex allergies other than anaphylaxis, vaccines supplied in vials or syringes that contain dry, natural rubber or natural rubber latex may be administered.

**Contraindications and precautions for vaccines routinely recommended for adults**

Vaccine	Contraindications	Precautions
All vaccines routinely recommended for adults	• Severe reaction, e.g., anaphylaxis, after a previous dose or to a vaccine component	• Moderate or severe acute illness with or without fever

**Additional contraindications and precautions for vaccines routinely recommended for adults**

Vaccine	Additional Contraindications	Additional Precautions
IV <sup>1</sup>		• History of Guillain-Barré Syndrome within 6 weeks after previous influenza vaccination
RIV <sup>1</sup>		• History of Guillain-Barré Syndrome within 6 weeks after previous influenza vaccination
LAIV <sup>1</sup>	• LAIV should not be used during 2016–2017 influenza season	• LAIV should not be used during 2016–2017 influenza season
Tdap/Td	• For pertussis-containing vaccines: encephalopathy, e.g., coma, decreased level of consciousness, or prolonged seizures, not attributable to another identifiable cause within 7 days of administration of a previous dose of a vaccine containing tetanus or diphtheria toxoid or acellular pertussis	• Guillain-Barré Syndrome within 6 weeks after a previous dose of tetanus toxoid-containing vaccine • History of Arthus-type hypersensitivity reactions after a previous dose of tetanus or diphtheria toxoid-containing vaccine. Defer vaccination until at least 10 years have elapsed since the last tetanus toxoid-containing vaccine • For pertussis-containing vaccine, progressive or unstable neurologic disorder, uncontrolled seizures, or progressive encephalopathy (until a treatment regimen has been established and the condition has stabilized)
MMR <sup>2</sup>	• Severe immunodeficiency, e.g., hematologic and solid tumors, chemotherapy, congenital immunodeficiency or long-term immunosuppressive therapy <sup>3</sup> , human immunodeficiency virus (HIV) infection with severe immunocompromise • Pregnancy	• Recent (within 11 months) receipt of antibody-containing blood product (specific interval depends on product) <sup>4</sup> • History of thrombocytopenia or thrombocytopenic purpura • Need for tuberculin skin testing <sup>5</sup>
VAR <sup>2</sup>	• Severe immunodeficiency, e.g., hematologic and solid tumors, chemotherapy, congenital immunodeficiency or long-term immunosuppressive therapy <sup>3</sup> , HIV infection with severe immunocompromise • Pregnancy	• Recent (within 11 months) receipt of antibody-containing blood product (specific interval depends on product) <sup>4</sup> • Receipt of specific antiviral drugs (acyclovir, famciclovir, or valacyclovir) 24 hours before vaccination (avoid use of these antiviral drugs for 14 days after vaccination)
HZV <sup>2</sup>	• Severe immunodeficiency, e.g., hematologic and solid tumors, chemotherapy, congenital immunodeficiency or long-term immunosuppressive therapy <sup>3</sup> , HIV infection with severe immunocompromise • Pregnancy	• Receipt of specific antiviral drugs (acyclovir, famciclovir, or valacyclovir) 24 hours before vaccination (avoid use of these antiviral drugs for 14 days after vaccination)
HPV vaccine		• Pregnancy
PCV13	• Severe allergic reaction to any vaccine containing diphtheria toxoid	

1. For additional information on use of influenza vaccines among persons with egg allergy, see: CDC. Prevention and control of seasonal influenza with vaccines: recommendations of the Advisory Committee on Immunization Practices—United States, 2016–17 influenza season. MMWR 2016;65(RR-5):1–54. Available at [www.cdc.gov/mmwr/volumes/65/rr/rr6505a1.htm](http://www.cdc.gov/mmwr/volumes/65/rr/rr6505a1.htm).  
 2. MMR may be administered together with VAR or HZV on the same day. If not administered on the same day, separate live vaccines by at least 28 days.  
 3. Immunosuppressive steroid dose is considered to be daily receipt of 20 mg or more prednisone or equivalent for two or more weeks. Vaccination should be deferred for at least 1 month after discontinuation of immunosuppressive steroid therapy. Providers should consult ACIP recommendations for complete information on the use of specific live vaccines among persons on immune-suppressing medications or with immune suppression because of other reasons.  
 4. Vaccine should be deferred for the appropriate interval if replacement immune globulin products are being administered. See: CDC. General recommendations on immunization: recommendations of the Advisory Committee on Immunization Practices (ACIP). MMWR 2011;60(No. RR-2). Available at [www.cdc.gov/mmwr/preview/mmwrhtml/rr6002a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr6002a1.htm).  
 5. Measles vaccination may temporarily suppress tuberculin reactivity. Measles-containing vaccine may be administered on the same day as tuberculin skin testing, or should be postponed for at least 4 weeks after vaccination.

\* Adapted from: CDC. Table 6. Contraindications and precautions to commonly used vaccines. General recommendations on immunization: recommendations of the Advisory Committee on Immunization Practices. MMWR 2011;60(No. RR-2):40–41 and from: Hamborsky J, Kroger A, Wolfe S, eds. Appendix A. Epidemiology and prevention of vaccine preventable diseases. 13th ed. Washington, DC: Public Health Foundation, 2015. Available at [www.cdc.gov/vaccines/pubs/pinkbook/index.html](http://www.cdc.gov/vaccines/pubs/pinkbook/index.html).

Acronyms of vaccines recommended for adults					
HepA	hepatitis A vaccine	LAIV	live attenuated influenza vaccine	PCV13	13-valent pneumococcal conjugate vaccine
HepA-HepB	hepatitis A and hepatitis B vaccines	MenACWY	serogroups A, C, W, and Y meningococcal conjugate vaccine	PPSV23	23-valent pneumococcal polysaccharide vaccine
HepB	hepatitis B vaccine			RIV	recombinant influenza vaccine
Hib	<i>Haemophilus influenzae</i> type b conjugate vaccine	MenB	serogroup B meningococcal vaccine	Td	tetanus and diphtheria toxoids
HPV vaccine	human papillomavirus vaccine	MMR	measles, mumps, and rubella vaccine	Tdap	tetanus toxoid, reduced diphtheria toxoid, and acellular pertussis vaccine
HZV	herpes zoster vaccine	MPSV4	serogroups A, C, W, and Y meningococcal polysaccharide vaccine	VAR	varicella vaccine
IV	inactivated influenza vaccine				

## 1. Influenza vaccination

### General information

- All persons aged 6 months or older who do not have a contraindication should receive annual influenza vaccination with an age-appropriate formulation of inactivated influenza vaccine (IIV) or recombinant influenza vaccine (RIV).
- In addition to standard-dose IIV, available options for adults in specific age groups include: high-dose or adjuvanted IIV for adults aged 65 years or older, intradermal IIV for adults aged 18 through 64 years, and RIV for adults aged 18 years or older.
- Notes: Live attenuated influenza vaccine (LAIV) should not be used during the 2016–2017 influenza season. A list of currently available influenza vaccines is available at [www.cdc.gov/flu/protect/vaccine/vaccines.htm](http://www.cdc.gov/flu/protect/vaccine/vaccines.htm).

### Special populations

- Adults with a history of egg allergy who have only hives after exposure to egg should receive age-appropriate IIV or RIV.
- Adults with a history of egg allergy other than hives, e.g., angioedema, respiratory distress, lightheadedness, or recurrent emesis, or who required epinephrine or another emergency medical intervention, may receive age-appropriate IIV or RIV. The selected vaccine should be administered in an inpatient or outpatient medical setting and under the supervision of a healthcare provider who is able to recognize and manage severe allergic conditions.
- Pregnant women and women who might become pregnant in the upcoming influenza season should receive IIV.

## 2. Tetanus, diphtheria, and acellular pertussis vaccination

### General information

- Adults who have not received tetanus and diphtheria toxoids and acellular pertussis vaccine (Tdap) or for whom pertussis vaccination status is unknown should receive 1 dose of Tdap followed by a tetanus and diphtheria toxoids (Td) booster every 10 years. Tdap should be administered regardless of when a tetanus or diphtheria toxoid-containing vaccine was last received.
- Adults with an unknown or incomplete history of a 3-dose primary series with tetanus and diphtheria toxoid-containing vaccines should complete the primary series that includes 1 dose of Tdap. Unvaccinated adults should receive the first 2 doses at least 4 weeks apart and the third dose 6–12 months after the second dose.
- Notes: Information on the use of Td or Tdap as tetanus prophylaxis in wound management is available at [www.cdc.gov/mmwr/preview/mmwrhtml/rr5517a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5517a1.htm).

### Special populations

- Pregnant women should receive 1 dose of Tdap during each pregnancy, preferably during the early part of gestational weeks 27–36, regardless of prior history of receiving Tdap.

## 3. Measles, mumps, and rubella vaccination

### General information

- Adults born in 1957 or later without acceptable evidence of immunity to measles, mumps, or rubella (defined below) should receive 1 dose of measles, mumps, and rubella vaccine (MMR) unless they have a medical contraindication to the vaccine, e.g., pregnancy or severe immunodeficiency.
- Notes: Acceptable evidence of immunity to measles, mumps, or rubella in adults is: born before 1957, documentation of receipt of MMR, or laboratory evidence of immunity or disease. Documentation of healthcare provider–diagnosed disease without laboratory confirmation is not acceptable evidence of immunity.

## LAIV should not be used during the 2016–2017 influenza season

## Adults with egg allergy who have only hives should receive age-appropriate IIV or RIV

## Adults with egg allergy other than hives, e.g., angioedema or respiratory distress, may receive age-appropriate IIV or RIV... in a medical setting

vaccine or mumps vaccine or unknown type who are at high risk for mumps infection, e.g., work in a healthcare facility, should be considered for revaccination with 2 doses of MMR at least 28 days apart.

## 4. Varicella vaccination

### General information

- Adults without evidence of immunity to varicella (defined below) should receive 2 doses of single-antigen varicella vaccine (VAR) 4–8 weeks apart, or a second dose if they have received only 1 dose.
- Persons without evidence of immunity for whom VAR should be emphasized are: adults who have close contact with persons at high risk for serious complications, e.g., healthcare personnel and household contacts of immunocompromised persons; adults who live or work in an environment in which transmission of varicella zoster virus is likely, e.g., teachers, childcare workers, and residents and staff in institutional settings; adults who live or work in environments in which varicella transmission has been reported, e.g., college students, residents and staff members of correctional institutions, and military personnel; non-pregnant women of childbearing age; adolescents and adults living in households with children; and international travelers.
- Notes: Evidence of immunity to varicella in adults is: U.S.-born before 1980 (for pregnant women and healthcare personnel, U.S.-born before 1980 is not considered evidence of immunity); documentation of 2 doses of VAR at least 4 weeks apart; history of varicella or herpes zoster diagnosis or verification of varicella or herpes zoster disease by a healthcare provider; or laboratory evidence of immunity or disease.

### Special populations

- Pregnant women should be assessed for evidence of varicella immunity. Pregnant women who do not have evidence of immunity should receive the first dose of VAR upon completion or termination of pregnancy and before discharge from the healthcare facility, and the second dose 4–8 weeks after the first dose.
- Healthcare institutions should assess and ensure that all healthcare personnel have evidence of immunity to varicella.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive VAR.

- Adult females through age 26 years and adult males through age 21 years (and males aged 22 through 26 years who may receive HPV vaccination) who initiated the HPV vaccination series before age 15 years and received 2 doses at least 5 months apart are considered adequately vaccinated and do not need an additional dose of HPV vaccine.
- Adult females through age 26 years and adult males through age 21 years (and males aged 22 through 26 years who may receive HPV vaccination) who initiated the HPV vaccination series before age 15 years and received only 1 dose, or 2 doses less than 5 months apart, are not considered adequately vaccinated and should receive 1 additional dose of HPV vaccine.
- Notes: HPV vaccination is routinely recommended for children at age 11 or 12 years. For adults who had initiated but did not complete the HPV vaccination series, consider their age at first HPV vaccination (described above) and other factors (described below) to determine if they have been adequately vaccinated.

### Special populations

- Men who have sex with men through age 26 years who have not received any HPV vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Adult females and males through age 26 years with immunocompromising conditions (described below), including those with human immunodeficiency virus (HIV) infection, should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Pregnant women are not recommended to receive HPV vaccine, although there is no evidence that the vaccine poses harm. If a woman is found to be pregnant after initiating the HPV vaccination series, delay the remaining doses until after the pregnancy. No other intervention is needed. Pregnancy testing is not needed before administering HPV vaccine.
- Notes: Immunocompromising conditions for which a 3-dose series of HPV vaccine is indicated are primary or secondary immunocompromising conditions that might reduce cell-mediated or humoral immunity, e.g., B-lymphocyte antibody deficiencies, complete or partial T-lymphocyte defects, HIV infection, malignant neoplasm, transplantation, autoimmune disease, and immunosuppressive therapy.

## Footnotes. Recommended immunization schedule for adults aged 19 years or older, United States, 2017

### 1. Influenza vaccination

#### General information

- All persons aged 6 months or older who do not have a contraindication should receive annual influenza vaccination with an age-appropriate formulation of inactivated influenza vaccine (IIV) or recombinant influenza vaccine (RIV).
- In addition to standard-dose IIV, available options for adults in specific age groups include: high-dose or adjuvanted IIV for adults aged 65 years or older, intradermal IIV for adults aged 18 through 64 years, and RIV for adults aged 18 years or older.
- Notes: Live attenuated influenza vaccine (LAIV) should not be used during the 2016–2017 influenza season. A list of currently available influenza vaccines is available at [www.cdc.gov/flu/protect/vaccine/vaccines.htm](http://www.cdc.gov/flu/protect/vaccine/vaccines.htm).

#### Special populations

- Adults with a history of egg allergy who have only hives after exposure to egg should receive age-appropriate IIV or RIV.
- Adults with a history of egg allergy other than hives, e.g., angioedema, respiratory distress, lightheadedness, or recurrent emesis, or who required epinephrine or another emergency medical intervention, may receive age-appropriate IIV or RIV. The selected vaccine should be administered in an inpatient or outpatient medical setting and under the supervision of a healthcare provider who is able to recognize and manage severe allergic conditions.
- Pregnant women and women who might become pregnant in the upcoming influenza season should receive IIV.

### 2. Tetanus, diphtheria, and acellular pertussis vaccination

#### General information

- Adults who have not received tetanus and diphtheria toxoids and acellular pertussis vaccine (Tdap) or for whom pertussis vaccination status is unknown should receive 1 dose of Tdap followed by a tetanus and diphtheria toxoids (Td) booster every 10 years. Tdap should be administered regardless of when a tetanus or diphtheria toxoid-containing vaccine was last received.
- Adults with an unknown or incomplete history of a 3-dose primary series with tetanus and diphtheria toxoid-containing vaccines should complete the primary series that includes 1 dose of Tdap. Unvaccinated adults should receive the first 2 doses at least 4 weeks apart and the third dose 6–12 months after the second dose.
- Notes: Information on the use of Td or Tdap as tetanus prophylaxis in wound management is available at [www.cdc.gov/mmwr/preview/mmwrhtml/rr5517a1.htm](http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5517a1.htm).

#### Special populations

- Pregnant women should receive 1 dose of Tdap during each pregnancy, preferably during the early part of gestational weeks 27–36, regardless of prior history of receiving Tdap.

### 3. Measles, mumps, and rubella vaccination

#### General information

- Adults born in 1957 or later without acceptable evidence of immunity to measles, mumps, or rubella (defined below) should receive 1 dose of measles, mumps, and rubella vaccine (MMR) unless they have a medical contraindication to the vaccine, e.g., pregnancy or severe immunodeficiency.
- Notes: Acceptable evidence of immunity to measles, mumps, or rubella in adults is: born before 1957, documentation of receipt of MMR, or laboratory evidence of immunity or disease. Documentation of healthcare provider–diagnosed disease without laboratory confirmation is not acceptable evidence of immunity.

#### Special populations

- Pregnant women who do not have evidence of immunity to rubella should receive 1 dose of MMR upon completion or termination of pregnancy and before discharge from the healthcare facility; non-pregnant women of childbearing age without evidence of rubella immunity should receive 1 dose of MMR.
- Adults with primary or acquired immunodeficiency including malignant conditions affecting the bone marrow or lymphatic system, systemic immunosuppressive therapy, or cellular immunodeficiency should not receive MMR.
- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l for at least 6 months who do not have evidence of measles, mumps, or rubella immunity should receive 2 doses of MMR at least 28 days apart. Adults with HIV infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive MMR.
- Adults who work in healthcare facilities should receive 2 doses of MMR at least 28 days apart; healthcare personnel born before 1957 who are unvaccinated or lack laboratory evidence of measles, mumps, or rubella immunity, or laboratory confirmation of disease should be considered for vaccination with 2 doses of MMR at least 28 days apart for measles or mumps, or 1 dose of MMR for rubella.
- Adults who are students in postsecondary educational institutions or plan to travel internationally should receive 2 doses of MMR at least 28 days apart.
- Adults who received inactivated (killed) measles vaccine or measles vaccine of unknown type during years 1963–1967 should be re-vaccinated with 1 or 2 doses of MMR.
- Adults who were vaccinated before 1979 with either inactivated mumps

## Pregnant women should receive 1 dose of Tdap during each pregnancy, preferably during the early part of gestational weeks 27–36, regardless of prior history of receiving Tdap

an environment in which transmission of varicella zoster virus is likely, e.g., teachers, childcare workers, and residents and staff in institutional settings; adults who live or work in environments in which varicella transmission has been reported, e.g., college students, residents and staff members of correctional institutions, and military personnel; non-pregnant women of childbearing age; adolescents and adults living in households with children; and international travelers.

- Notes: Evidence of immunity to varicella in adults is: U.S.-born before 1980 (for pregnant women and healthcare personnel, U.S.-born before 1980 is not considered evidence of immunity); documentation of 2 doses of VAR at least 4 weeks apart; history of varicella or herpes zoster diagnosis or verification of varicella or herpes zoster disease by a healthcare provider; or laboratory evidence of immunity or disease.

#### Special populations

- Pregnant women should be assessed for evidence of varicella immunity. Pregnant women who do not have evidence of immunity should receive the first dose of VAR upon completion or termination of pregnancy and before discharge from the healthcare facility, and the second dose 4–8 weeks after the first dose.
- Healthcare institutions should assess and ensure that all healthcare personnel have evidence of immunity to varicella.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive VAR.

- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l may receive 2 doses of VAR 3 months apart. Adults with HIV infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive VAR.

### 5. Herpes zoster vaccination

#### General information

- Adults aged 60 years or older should receive 1 dose of herpes zoster vaccine (HZV), regardless of whether they had a prior episode of herpes zoster.

#### Special populations

- Adults aged 60 years or older with chronic medical conditions may receive HZV unless they have a medical contraindication, e.g., pregnancy or severe immunodeficiency.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive HZV.
- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive HZV.

### 6. Human papillomavirus vaccination

#### General information

- Adult females through age 26 years and adult males through age 21 years who have not received any human papillomavirus (HPV) vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months. Males aged 22 through 26 years may be vaccinated with a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.

vaccination series, consider their age at first HPV vaccination (described above) and other factors (described below) to determine if they have been adequately vaccinated.

#### Special populations

- Men who have sex with men through age 26 years who have not received any HPV vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Adult females and males through age 26 years with immunocompromising conditions (described below), including those with human immunodeficiency virus (HIV) infection, should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Pregnant women are not recommended to receive HPV vaccine, although there is no evidence that the vaccine poses harm. If a woman is found to be pregnant after initiating the HPV vaccination series, delay the remaining doses until after the pregnancy. No other intervention is needed. Pregnancy testing is not needed before administering HPV vaccine.
- Notes: Immunocompromising conditions for which a 3-dose series of HPV vaccine is indicated are primary or secondary immunocompromising conditions that might reduce cell-mediated or humoral immunity, e.g., B-lymphocyte antibody deficiencies, complete or partial T-lymphocyte defects, HIV infection, malignant neoplasm, transplantation, autoimmune disease, and immunosuppressive therapy.

## Footnotes. Recommended immunization schedule for adults aged 19 years or older, United States, 2017

### 1. Influenza vaccination

#### General information

- All persons aged 6 months or older who do not have a contraindication should receive annual influenza vaccination with an age-appropriate formulation of inactivated influenza vaccine (IIV) or recombinant influenza vaccine (RIV).
- In addition to standard-dose IIV, available options for adults in specific age groups include: high-dose or adjuvanted IIV for adults aged 65 years or older, intradermal IIV for adults aged 18 through 64 years, and RIV for adults aged 18 years or older.
- Notes: Live attenuated influenza vaccine (LAIV) should not be used during the 2016–2017 influenza season. A list of currently available influenza vaccines is available at [www.cdc.gov/flu/protect/vaccine/vaccines.htm](http://www.cdc.gov/flu/protect/vaccine/vaccines.htm).

#### Special populations

- Adults with a history of egg allergy who have only hives after exposure to egg should receive age-appropriate IIV or RIV.
- Adults with a history of egg allergy other than hives, e.g.,

#### Special populations

- Pregnant women who do not have evidence of immunity to rubella should receive 1 dose of MMR upon completion or termination of pregnancy and before discharge from the healthcare facility; non-pregnant women of childbearing age without evidence of rubella immunity should receive 1 dose of MMR.
- Adults with primary or acquired immunodeficiency including malignant conditions affecting the bone marrow or lymphatic system, systemic immunosuppressive therapy, or cellular immunodeficiency should not receive MMR.
- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l for at least 6 months who do not have evidence of measles, mumps, or rubella immunity should receive 2 doses of MMR at least 28 days apart. Adults with HIV infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive MMR.
- Adults who work in healthcare facilities should receive 2 doses of MMR at least 28 days apart: healthcare personnel born before 1957 who are unvaccinated or lack laboratory evidence of measles, mumps, or rubella immunity, or laboratory confirmation of disease should be considered for vaccination with 2 doses of MMR at least 28 days apart for measles

## Adult females through age 26 and adult males through age 21 (and males 22–26 who may receive vaccination) who initiated HPV vaccination series before age 15 and:

- Received 2 doses at least 5 months apart are considered adequately vaccinated and do not need additional dose of HPV vaccine
- Received only 1 dose, or 2 doses less than 5 months apart, are not considered adequately vaccinated and should receive 1 additional dose of HPV vaccine

rubella in adults is both before 1957, documentation of receipt of MMR, or laboratory evidence of immunity or disease. Documentation of healthcare provider-diagnosed disease without laboratory confirmation is not acceptable evidence of immunity.

- Healthcare institutions should assess and ensure that all healthcare personnel have evidence of immunity to varicella.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive VAR.

- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l may receive 2 doses of VAR 3 months apart. Adults with HIV infection and CD4+ T-lymphocyte count  $< 200$  cells/ $\mu$ l should not receive VAR.

### 5. Herpes zoster vaccination

#### General information

- Adults aged 60 years or older should receive 1 dose of herpes zoster vaccine (HZV), regardless of whether they had a prior episode of herpes zoster.

#### Special populations

- Adults aged 60 years or older with chronic medical conditions may receive HZV unless they have a medical contraindication, e.g., pregnancy or severe immunodeficiency.
- Adults with malignant conditions, including those that affect the bone marrow or lymphatic system or who receive systemic immunosuppressive therapy, should not receive HZV.
- Adults with human immunodeficiency virus (HIV) infection and CD4+ T-lymphocyte count  $\geq 200$  cells/ $\mu$ l should receive 1 LDV.

### 6. Human papillomavirus vaccination

#### General information

- Adult females through age 26 years and adult males through age 21 years who have not received any human papillomavirus (HPV) vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months. Males aged 22 through 26 years may be vaccinated with a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Adult females through age 26 years and adult males through age 21 years (and males aged 22 through 26 years who may receive HPV vaccination) who initiated the HPV vaccination series before age 15 years and received 2 doses at least 5 months apart are considered adequately vaccinated and do not need an additional dose of HPV vaccine.
- Adult females through age 26 years and adult males through age 21 years (and males aged 22 through 26 years who may receive HPV vaccination) who initiated the HPV vaccination series before age 15 years and received only 1 dose, or 2 doses less than 5 months apart, are not considered adequately vaccinated and should receive 1 additional dose of HPV vaccine.
- Notes: HPV vaccination is routinely recommended for children at age 11 or 12 years. For adults who had initiated but did not complete the HPV vaccination series, consider their age at first HPV vaccination (described above) and other factors (described below) to determine if they have been adequately vaccinated.

#### Special populations

- Men who have sex with men through age 26 years who have not received any HPV vaccine should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Adult females and males through age 26 years with immunocompromising conditions (described below), including those with human immunodeficiency virus (HIV) infection, should receive a 3-dose series of HPV vaccine at 0, 1–2, and 6 months.
- Pregnant women are not recommended to receive HPV vaccine, although there is no evidence that the vaccine poses harm. If a woman is found to be pregnant after initiating the HPV vaccination series, delay the remaining doses until after the pregnancy. No other intervention is needed. Pregnancy testing is not needed before administering HPV vaccine.
- Notes: Immunocompromising conditions for which a 3-dose series of HPV vaccine is indicated are primary or secondary immunocompromising conditions that might reduce cell-mediated or humoral immunity, e.g., B-lymphocyte antibody deficiencies, complete or partial T-lymphocyte defects, HIV infection, malignant neoplasm, transplantation, autoimmune disease, and immunosuppressive therapy.

## 7. Pneumococcal vaccination

### General information

- Adults who are immunocompetent and aged 65 years or older should receive 13-valent pneumococcal conjugate vaccine (PCV13) followed by 23-valent pneumococcal polysaccharide vaccine (PPSV23) at least 1 year after PCV13.
- Notes: Adults are recommended to receive 1 dose of PCV13 and 1, 2, or 3 doses of PPSV23 depending on indication. When both PCV13 and PPSV23 are indicated, PCV13 should be administered first. PCV13 and PPSV23 should not be administered during the same visit. If PPSV23 has previously been administered, PCV13 should be administered at least 1 year after PPSV23. When two or more doses of PPSV23 are indicated, the interval between PPSV23 doses should be at least 5 years. Supplemental information on pneumococcal vaccine timing for adults aged 65 years or older and adults aged 19 years or older at high risk for pneumococcal disease (described below) is available at [www.cdc.gov/vaccines/vpd-vac/pneumo/downloads/adult-vax-clinician-aid.pdf](http://www.cdc.gov/vaccines/vpd-vac/pneumo/downloads/adult-vax-clinician-aid.pdf). No additional doses of PPSV23 are indicated for adults who received PPSV23 at age 65 years or older. When indicated, PCV13 and PPSV23 should be administered to adults whose pneumococcal vaccination history is incomplete or unknown.

### Special populations

- Adults aged 19 through 64 years with chronic heart disease including congestive heart failure and cardiomyopathies (excluding hypertension); chronic lung disease including chronic obstructive lung disease, emphysema, and asthma; chronic liver disease including cirrhosis; alcoholism; or diabetes mellitus should receive PCV13 and PPSV23. At age 65 years or older, receive PCV13 and PPSV23 at least 1 year after the most recent dose of PPSV23.
- Adults aged 19 years or older with anatomical or functional asplenia and a dose of PPSV23 at least 5 years after the most recent dose of PPSV23 should receive PCV13 and PPSV23 at least 5 years after the most recent dose of PPSV23.
- Adults aged 19 years or older with immunocompromising conditions including B- or T-lymphocyte disorders, human immunodeficiency virus (HIV) infection, and nephrotic syndrome; generalized malignancy, and iatrogenic immunosuppression including corticosteroid and radiatic therapy should receive PCV13 and PPSV23 at least 2 weeks before immunosuppression, and soon after immunosuppression ends.

## 8. Hepatitis A vaccination

### General information

- Adults who seek protection from hepatitis A virus infection should receive a 2-dose series of single-antigen hepatitis A vaccine (Havrix) or a 3-dose series of single-antigen hepatitis A vaccine (Twinrix) as a 3-dose series at 0, 1, and 6 months. Acknowledgment of a specific risk factor by those who seek protection is not needed.

### Special populations

- Adults with any of the following indications should receive a HepA series: have chronic liver disease, receive clotting factor concentrates, men who have sex with men, use injection or non-injection drugs, or work with hepatitis A virus-infected primates or in a hepatitis A research laboratory setting.
- Adults who travel in countries with high or intermediate levels of endemic hepatitis A infection or anticipate close personal contact with an international adoptee, e.g., reside in the same household or regularly babysit, from a country with high or intermediate level of endemic hepatitis A infection within the first 60 days of arrival in the United States should receive a HepA series.

## 9. Hepatitis B vaccination

### General information

- Adults who seek protection from hepatitis B virus infection may receive a 3-dose series of single-antigen hepatitis B vaccine (HepB) (Engerix-B, Recombivax HB) at 0, 1, and 6 months. Adults may also receive a combined hepatitis A and hepatitis B vaccine (HepA-HepB) (Twinrix) at 0, 1, and 6 months. Acknowledgment of a specific risk factor by those who seek protection is not needed.

### Special populations

- Adults at risk for hepatitis B virus infection by sexual exposure should receive a HepB series, including sex partners of hepatitis B surface antigen (HBsAg)-positive persons, sexually active persons who are not in a mutually monogamous relationship, persons seeking

## 10. Meningococcal vaccination

### Special populations

- Adults with anatomical or functional asplenia or persistent complement component deficiencies should receive a 2-dose primary series of serogroups A, C, W, and Y meningococcal conjugate vaccine (MenACWY) at least 2 months apart and revaccinate every 5 years. They should also receive a series of serogroup B meningococcal vaccine (MenB) with either a 2-dose series of MenB-4C (Bexsero) at least 1 month apart or a 3-dose series of MenB-FHbp (Trumenb) at 0, 1–2, and 6 months.
- Adults with human immunodeficiency virus (HIV) infection who have not been previously vaccinated should receive a 2-dose primary series of MenACWY at least 2 months apart and revaccinate every 5 years. Those who previously received 1 dose of MenACWY should receive a second dose at least 2 months after the first dose. Adults with HIV infection are not routinely recommended to receive MenB because meningococcal disease in this population is caused primarily by serogroups C, W, and Y.
- Microbiologists who are routinely exposed to isolates of *Neisseria meningitidis* should receive 1 dose of MenACWY and revaccinate every 5 years if the risk for infection remains, and either a 2-dose series of MenB-4C at least 1 month apart or a 3-dose series of MenB-FHbp at 0, 1–2, and 6 months.
- Adults at risk because of a meningococcal disease outbreak should receive 1 dose of MenACWY if the outbreak is attributable to serogroup A, C, W, or Y, or either a 2-dose series of MenB-4C at least 1 month apart or a 3-dose series of MenB-FHbp at 0, 1–2, and 6 months if the outbreak is attributable to serogroup B.
- Adults who travel to or live in countries with hyperendemic or epidemic meningococcal disease should receive 1 dose of MenACWY before departure and revaccinate every 5 years if the risk for infection remains.

## Recommendations for HepB remain same, examples of chronic liver disease added

- Anyone who wants protection from hepatitis B virus infection
- At risk – percutaneous/mucosal or sexual exposure, close contacts of HBsAg(+), HIV, occupational, travel
- End-stage renal disease, dialysis
- Chronic liver disease – examples include hepatitis C virus infection, cirrhosis, fatty liver disease, alcoholic liver disease, autoimmune hepatitis, alanine aminotransferase (ALT) or aspartate aminotransferase (AST) level greater than twice the upper limit of normal

programs, and institutions and nonresidential day care facilities for developmentally disabled persons.

immunodeficiency virus infection because their risk for *Haemophilus influenzae* type b infection is low.

## Adults with HIV infection... should receive 2-dose primary series of MenACWY at least 2 months apart... and revaccinate every 5 years

## Young adults age 16–23 (preferred age 16–18) healthy and not at increased risk for serogroup B meningococcal disease may receive either 2-dose series of MenB-FHbp at 0 and 6 months or 2-dose series of MenB-4C at least 1 month apart

## Adults at risk, e.g., asplenia, complement deficiency, microbiologists, outbreaks, should receive 3-dose series of MenB-FHbp at 0, 1–2, and 6 months... or 2-dose series of MenB-4C at least 1 month apart

and phagocytic disorders excluding chronic granulomatous disease; human immunodeficiency virus (HIV) infection; chronic renal failure and nephrotic syndrome; leukemia, lymphoma, Hodgkin disease, generalized malignancy, and multiple myeloma; solid organ transplant; and iatrogenic immunosuppression including long-term systemic corticosteroid and radiation therapy. Anatomical or functional asplenia that are indications for pneumococcal vaccination are sickle cell disease and other hemoglobinopathies, congenital or acquired asplenia, splenic dysfunction, and splenectomy. Pneumococcal vaccines should be given at least 2 weeks before immunosuppressive therapy or an elective splenectomy, and as soon as possible to adults who are diagnosed with HIV infection.

### 8. Hepatitis A vaccination

#### General information

- Adults who seek protection from hepatitis A virus infection may receive a 2-dose series of single antigen hepatitis A vaccine (HepA) at either 0 and 6–12 months (Havrix) or 0 and 6–18 months (Vaqta). Adults may also receive a combined hepatitis A and hepatitis B vaccine (HepA-HepB) (Twinrix) as a 3-dose series at 0, 1, and 6 months. Acknowledgment of a specific risk factor by those who seek protection is not needed.

3-dose series of 40 µg Recombivax HB at 0, 1, and 6 months or a 4-dose series of 40 µg Engerix-B at 0, 1, 2, and 6 months.

- Adults with human immunodeficiency virus (HIV) infection should receive a HepB series.
- Pregnant women who are at risk for hepatitis B virus infection during pregnancy, e.g., having more than one sex partner during the previous six months, been evaluated or treated for a sexually transmitted infection, recent or current injection drug use, or had an HBsAg-positive sex partner, should receive a HepB series.
- International travelers to regions with high or intermediate levels of endemic hepatitis B virus infection should receive a HepB series.
- Adults in the following settings are assumed to be at risk for hepatitis B virus infection and should receive a HepB series: sexually transmitted disease treatment facilities, HIV testing and treatment facilities, facilities providing drug-abuse treatment and prevention services, healthcare settings targeting services to persons who inject drugs, correctional facilities, healthcare settings targeting services to MSM, hemodialysis facilities and end-stage renal disease programs, and institutions and nonresidential day care facilities for developmentally disabled persons.

## 10. Meningococcal vaccination

### Special populations

- Adults with anatomical or functional asplenia or persistent complement component deficiencies should receive a 2-dose primary series of serogroups A, C, W, and Y meningococcal conjugate vaccine (MenACWY) at least 2 months apart and revaccinate every 5 years. They should also receive a series of serogroup B meningococcal vaccine (MenB) with either a 2-dose series of MenB-4C (Bexsero) at least 1 month apart or a 3-dose series of MenB-FHbp (Trumenb) at 0, 1–2, and 6 months.
- Adults with human immunodeficiency virus (HIV) infection who have not been previously vaccinated should receive a 2-dose primary series of MenACWY at least 2 months apart and revaccinate every 5 years. Those who previously received 1 dose of MenACWY should receive a second dose at least 2 months after the first dose. Adults with HIV infection are not routinely recommended to receive MenB because meningococcal disease in this population is caused primarily by serogroups C, W, and Y.
- Microbiologists who are routinely exposed to isolates of *Neisseria meningitidis* should receive 1 dose of MenACWY and revaccinate every 5 years if the risk for infection remains, and either a 2-dose series of MenB-4C at least 1 month apart or a 3-dose series of MenB-FHbp at 0, 1–2, and 6 months.
- Adults at risk because of a meningococcal disease outbreak should receive 1 dose of MenACWY if the outbreak is attributable to serogroup A, C, W, or Y, or either a 2-dose series of MenB-4C at least 1 month apart or a 3-dose series of MenB-FHbp at 0, 1–2, and 6 months if the outbreak is attributable to serogroup B.
- Adults who travel to or live in countries with hyperendemic or epidemic meningococcal disease should receive 1 dose of MenACWY and revaccinate every 5 years if the risk for infection remains. MenB is not routinely indicated because meningococcal disease in these countries is generally not caused by serogroup B.
- Military recruits should receive 1 dose of MenACWY and revaccinate every 5 years if the increased risk for infection remains.
- First-year college students aged 21 years or younger who live in residence halls should receive 1 dose of MenACWY if they have not received MenACWY at age 16 years or older.
- Young adults aged 16 through 23 years (preferred age range is 16 through 18 years) who are healthy and not at increased risk for serogroup B meningococcal disease (described above) may receive either a 2-dose series of MenB-4C at least 1 month apart or a 2-dose series of MenB-FHbp at 0 and 6 months for short-term protection against most strains of serogroup B meningococcal disease.
- For adults aged 56 years or older who have not previously received serogroups A, C, W, and Y meningococcal vaccine and need only 1 dose, meningococcal polysaccharide serogroups A, C, W, and Y vaccine (MPSV4) is preferred. For adults who previously received MenACWY or anticipate receiving multiple doses of serogroups A, C, W, and Y meningococcal vaccine, MenACWY is preferred.
- Notes: MenB-4C and MenB-FHbp are not interchangeable, i.e., the same vaccine should be used for all doses to complete the series. There is no recommendation for MenB revaccination at this time. MenB may be administered at the same time as MenACWY but at a different anatomic site, if feasible.

## 11. Haemophilus influenzae type b vaccination

### Special populations

- Adults who have anatomical or functional asplenia or sickle cell disease, or are undergoing elective splenectomy should receive 1 dose of *Haemophilus influenzae* type b conjugate vaccine (Hib) if they have not previously received Hib. Hib should be administered at least 14 days before splenectomy.
- Adults with a hematopoietic stem cell transplant (HSCT) should receive 3 doses of Hib in at least 4 week intervals 6–12 months after transplant regardless of their Hib history.
- Notes: Hib is not routinely recommended for adults with human immunodeficiency virus infection because their risk for *Haemophilus influenzae* type b infection is low.

# Plan – 2018 Adult Immunization Schedule

- Update with new or revised ACIP recommendations
- Harmonize further with child and adolescent immunization schedule
- Conduct comprehensive evaluation
  - Usability and usefulness
  - In-depth interviews, graphics design, job aids, product testing
- Continue efforts to simplify and standardize figures and footnotes
  - Language, format, and flow
- Collaborate with
  - ACOG for *Recommended Immunization Schedule for Pregnant Women*
  - HHS for *Recommended Immunization Schedule for Adults and Adolescents with HIV Infection*



# Improving Use of the Adult Immunization Schedule

- Many HCP treating adults are not using the adult immunization schedule.
  - Prompts for age-based recommendations built into EHRs
  - No prompts built in for risk-based recommendations
- HCP want to see immunization recommendations from their professional organizations which make these partnerships so important.

# Objectives

- Overview of burden of illness, effectiveness of vaccines, and vaccine coverage for common vaccine-preventable diseases among adults.
- Update on recent changes or recommendations regarding adult immunizations.
- Describe the Standards for Adult Immunization Practice.
- Summarize results from recent national surveys on implementation of the Standards for Adult Immunization Practice.
- Include resources to help with implementation of adult vaccination.

# Standards for Adult Immunization Practice

In 1990, the National Coalition for Adult Immunization developed the Standards for Adult Immunization Practice (the “Standards”), outlining basic strategies to improve vaccine delivery to adults.

The Standards were revised to emphasize the responsibility of all HCP who treat adults to:

- Conduct routine assessments of a patient’s vaccination needs during every clinical encounter
- Strongly recommend needed vaccines
- Administer needed vaccines or refer patients for vaccination
- Document administered vaccinations in IIS

# Objectives

- Overview of burden of illness, effectiveness of vaccines, and vaccine coverage for common vaccine-preventable diseases among adults.
- Update on recent changes or recommendations regarding adult immunizations.
- Describe the Standards for Adult Immunization Practice.
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- Include resources to help with implementation of adult vaccination.

# Surveys to Assess Implementation of the Standards

- General population survey
- Healthcare provider and pharmacist surveys

# Objectives: General Population Survey

- 1) Evaluate responses from adults on whether their HCPs, including pharmacists, implemented the Standards during their most recent healthcare and/or pharmacy visit in the past year.
- 2) Determine whether Standards were being implemented differently among different types of providers.

# Methods: General Population Survey

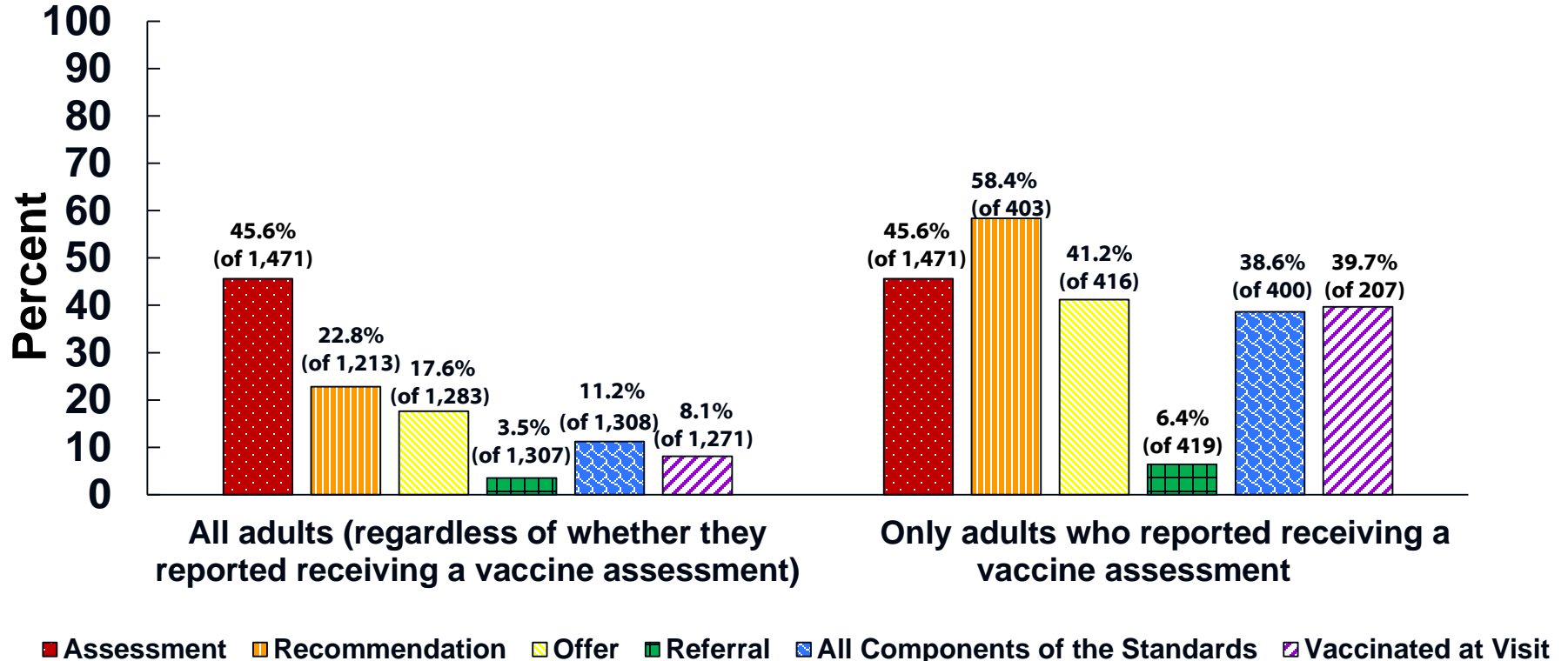
- Conducted a probability-based Internet panel survey during Feb—March 2016.
- Selected a nationally representative sample of U.S. adults aged  $\geq 19$  years and oversampled self-reported Hispanics, non-Hispanic blacks, and respondents identified as other/multiple-race.
- Developed sampling weights to produce estimates for the U.S. adult population.
- Questions were asked about the implementation of the Standards from the patient's most recent outpatient HCP/pharmacy visit in last 12 months.

# Results: General Population Survey

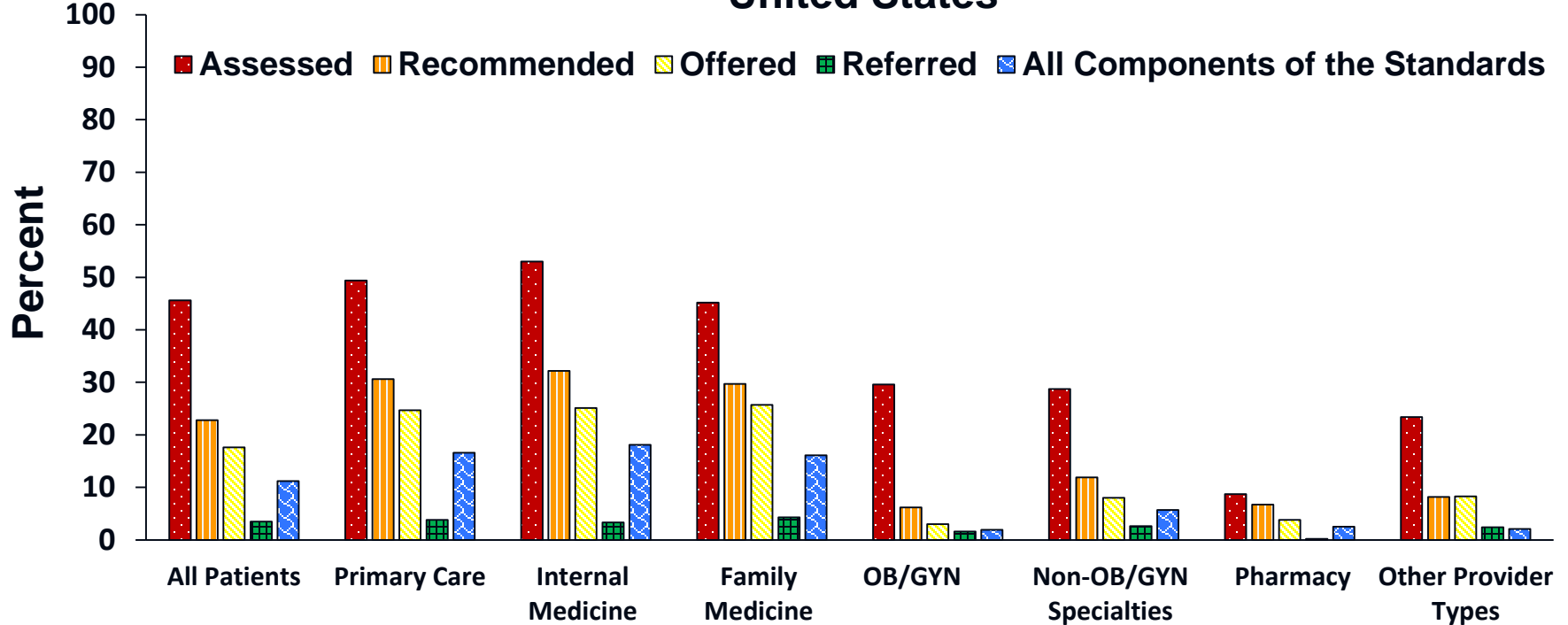
- Of 3,473 panelists invited to take the survey, 2,004 (57.7%) entered the survey site, of whom 1,905 (95.1%) completed the survey with valid answers.
- We analyzed data from 1,476 (77.5%) respondents:
  - 459 (68.3%) were self-reported non-Hispanic white
  - Median age was 55 years (range: 19-92 years)
  - 1,399 (94.7%) were insured
  - 1,203 (59.7%) had at least a college education



# Reported Receipt of the Standards for Adult Immunization Practice during Patients' Most Recent Healthcare and/or Pharmacy Visit: All Adults Versus Only Adults Who Reported Receiving a Vaccine Assessment, Internet Panel Survey, United States, February– March, 2016



# Percentage of Most Recent Visit(s) to Healthcare Location and/or Pharmacy in Past 12 Months during Which Adults Reported Receiving Each Component of the Standards for Adult Immunization Practice (by Provider Type), Internet Panel Survey, February–March 2016, United States



# Strength of Vaccine Recommendation

- Among 333 responses on strength of vaccination:
  - 80 (21.1%) reported a “very strong” recommendation
  - 119 (35.1%) reported a “somewhat strong” recommendation
  - 99 (34.3%) reported a “not too strong” recommendation
  - 35 (9.5%) reported a “not strong at all” recommendation
- Fewer respondents reported receiving a “very strong” or “somewhat strong” recommendation for influenza vaccination (155/175 [49.9%]) compared with non-influenza vaccination (103/143 [75.3%],  $p=0.0018$ ).
- A strong recommendation correlated with vaccine receipt.

# Limitations: General Population Survey

- There were sociodemographic differences between respondents and non-respondents.
- Results were based on self-report and were not verified by review of medical records or other reliable sources.
- Patients may not have been aware of assessments done “behind the scenes”.

# Discussion: General Population Survey

- The Standards are not being routinely implemented.
- However, if the patient reported receiving a vaccine assessment:
  - Nearly 3x more reported receiving a recommendation
  - 2 ½ times more reported receiving either a vaccine offer or referral, of whom 40% reported actually receiving a vaccination
- Primary care practices implemented the Standards more frequently than other types of practices.
  - However, <17% of respondents who visited a primary care provider reported receiving all components of the Standards.

# Healthcare Provider Survey and Pharmacist Survey



# Objectives: HCP and Pharmacist Surveys

- 1) Evaluate responses from HCPs and pharmacists on whether they routinely implement the Standards with their adult patients.
- 2) Determine whether Standards were being implemented differently among different types of providers.

# Methods: HCP and Pharmacist Surveys

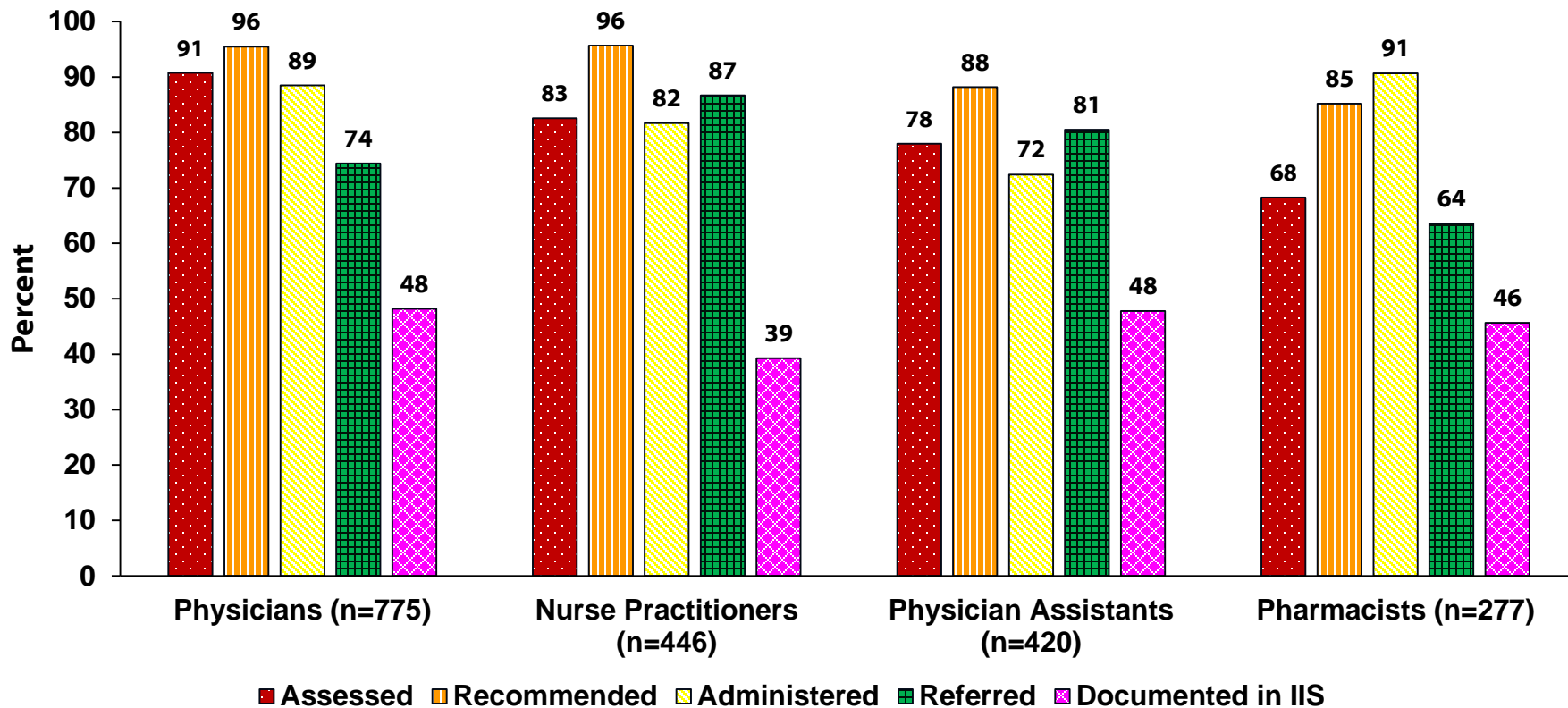
- HCP and pharmacist surveys were essentially the same survey, but questions were slightly different because of differences in pharmacy workflow.
- Opt-in Internet panel of physicians, nurse practitioners, physician assistants, pharmacists in outpatient settings (Medscape)
  - Internal medicine, family medicine, OB/GYN, specialty care; pharmacists
- Weighted, probability-based, representative
- Administered online Feb–Mar 2016



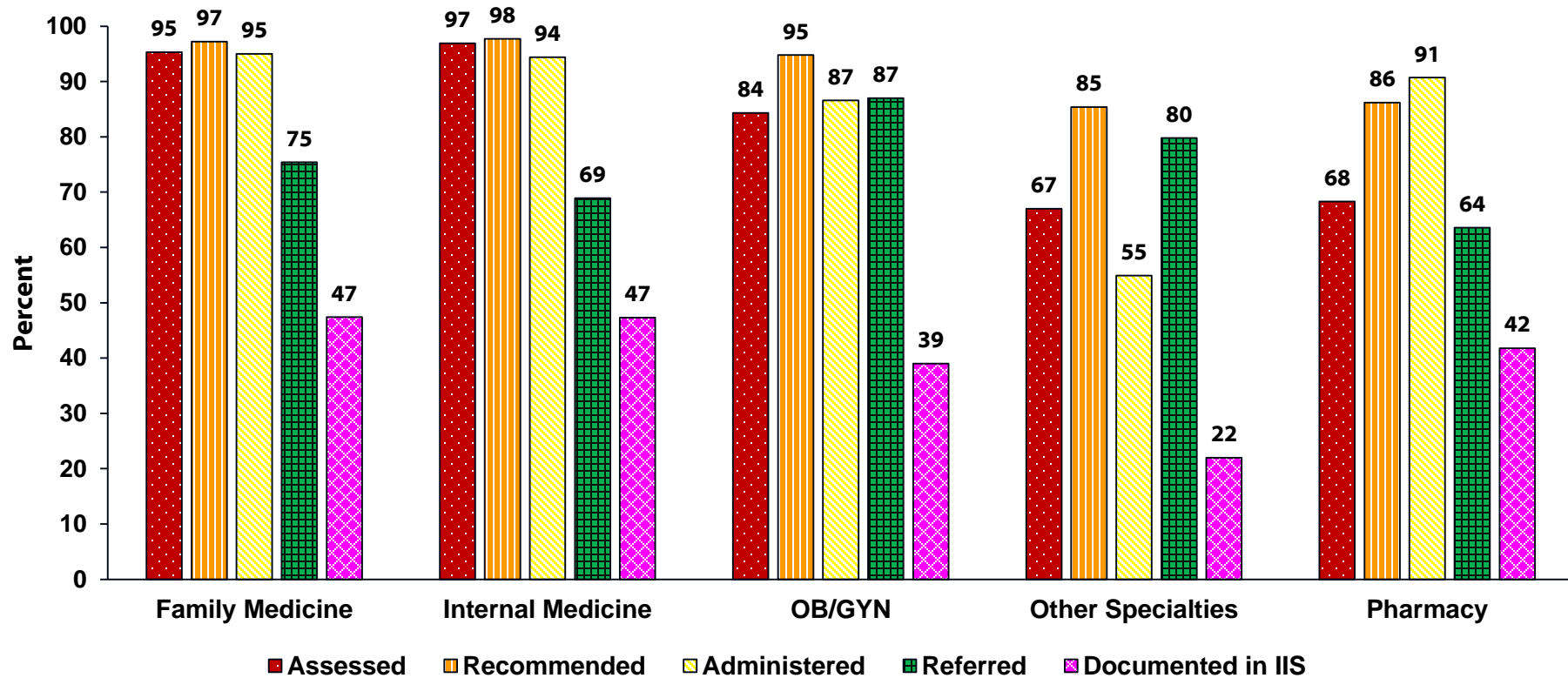
# Results: Healthcare Providers and Pharmacists Surveys

- HCPs: 1,907 started survey → 1,684 (88.3%) completed survey; data analysis on 1,641 eligible
  - 32% family medicine, 28% internal medicine, 21% OB/GYN, 19% other specialties
  - 46% private practice, 38% healthcare system-owned practice
  - 66% non-Hispanic white
- Pharmacists: 320 started survey → 277 (86.6%) completed survey; data analysis on 277 eligible
  - 44% chain drug store pharmacist, 32% retail or grocery store pharmacist, 18% independent
  - 87% employee, 7% contractor, 6% owner
  - 70% non-Hispanic white

# Reported Implementation of the Standards for Adult Immunization Practice, as Reported by HCPs and Pharmacists (by Provider Type), Internet Panel Survey, United States, February- March 2016 (N=1,918)




# Implementation of the Standards for Adult Immunization Practice, as Reported by HCPs and Pharmacists (by Provider Specialty), Internet Panel Survey, United States, February- March 2016 (N=1,918)



# Limitations: HCP and Pharmacist Surveys

- HCPs may have generalized their immunization practices to all patients.
- Sampling bias – self-selected Internet panels of respondents; differences between respondents and non-respondents.
- Results based on self-report and not verified. There was also the potential for recall bias.
- Survey response rate cannot be calculated because opt-in recruitment sample does not permit enumeration of the denominator.


# Discussion: HCP and Pharmacist Surveys

- Overall, HCPs and pharmacists reported very high levels of implementation of the Standards.
  - Physicians reported implementing the Standards more frequently than other provider types (Nurse practitioners, PAs, pharmacists).
  - Primary care providers reported implementing the Standards more frequently than other specialties.
  - Limited reporting to IIS among all groups.
- 

# Overall Conclusions (from Patient and Provider Surveys)

- Striking gap between patient and provider perceptions of how well the Standards are being implemented:
  - HCPs reported very high levels of implementation of the Standards (reported assessments ranged from 67%- 97%)
  - Adult patients reported low levels of receipt of care that reflects implementation of the Standards (reported assessments ranged from 9%- 53%).
- When obstacles are not overcome for any individual component of the Standards or at the systems-level, the end result is patients not being vaccinated.

# Public Health Implications

- The Standards for Adult Immunization Practice should be incorporated into routine clinical practice for every patient, at every visit, regardless of the type of clinical setting.
  - Additional vaccine-related quality measures might encourage healthcare system executives to prioritize implementation of the Standards.
  - Given the low rates of vaccination of adults in the U.S., the consistent implementation of the Standards is necessary for improving adult vaccination coverage.
- 

# Objectives

- Overview of burden of illness, effectiveness of vaccines, and vaccine coverage for common vaccine-preventable diseases among adults.
- Update on recent changes or recommendations regarding adult immunizations.
- Describe the Standards for Adult Immunization Practice.
- Summarize results from recent national surveys on implementation of the Standards for Adult Immunization Practice.
- **Include resources to help with implementation of adult vaccination.**



# Resources For Implementing Standards

- Patient check-in vaccine questionnaire to be used at clinics:  
<http://www.cdc.gov/vaccines/hcp/patient-ed/adults/downloads/patient-intake-form.pdf>.
- H-A-L-O – vaccine needs questionnaire based on your patient’s Health condition, Age, Lifestyle, and Occupation at:  
<http://www.immunize.org/catg.d/p3070.pdf>.
- Patient on-line quiz – direct patients to complete the quiz before coming to their appointment – gives them and you a starting point for talking about which vaccines they might need.  
<http://www2.cdc.gov/nip/adultimmsched/>.
- CDC adult vaccine schedule app at:  
<http://www.cdc.gov/vaccines/schedules/hcp/schedule-app.html>.



## Adolescent and Adult Vaccine Quiz

### What Vaccines do YOU need?

Did you know that certain vaccines are recommended for adults and adolescents for people age 11 years and older.

#### Instructions:

1. Complete the quiz.
2. Get a list of vaccines you may need (this list may include vaccines you
3. Discuss the vaccines with your doctor or healthcare professional.


#### Part One, About You

1. Are you  
 Female  Male
2. For women only (Some vaccines can affect pregnancy.)  
 I could become pregnant  I am pregnant now

Please take a moment to fill out the questionnaire below to help us determine which vaccines may be recommended for you based on your specific health status, age, and lifestyle. Keep in mind that this list may not include every vaccine you need.

Check all that apply to you	Let's discuss these recommended vaccines
<input type="checkbox"/> I am 19 years or older	<ul style="list-style-type: none"><li>• Seasonal flu (influenza) vaccine every year</li><li>• Tetanus (Td) vaccine every 10 years</li><li>• One time dose of whooping cough (Tdap) vaccine for all adults who have never received Tdap vaccine</li></ul> <p><small>PREGNANT WOMEN SHOULD GET A Tdap VACCINE DURING EACH PREGNANCY</small></p>
<input type="checkbox"/> I am 60 years or older	<ul style="list-style-type: none"><li>• Shingles (Zoster) vaccine*</li></ul>
<input type="checkbox"/> I am 65 years or older	<ul style="list-style-type: none"><li>• Both types of pneumococcal vaccines (one dose of conjugate first, then one dose of polysaccharide 6-12 months later)</li></ul>
<input type="checkbox"/> I didn't receive the Human papillomavirus (HPV) vaccine series as a child	<ul style="list-style-type: none"><li>• HPV vaccine series (3 dose series)<ul style="list-style-type: none"><li>• Female age 26 or younger</li><li>• Male age 21 or younger</li><li>• Male age 22-26 who has sex with men, who has a weakened immune system, or who has HIV</li></ul></li></ul>
<input type="checkbox"/> I was born in the US in 1957 or after and don't have immunity against measles, mumps, and rubella	<ul style="list-style-type: none"><li>• Measles, mumps, rubella (MMR) vaccine* (one dose)</li></ul>
<input type="checkbox"/> I was born in the US in 1980 or after and don't have immunity against chickenpox	<ul style="list-style-type: none"><li>• Varicella "chickenpox" vaccine*</li></ul>
<input type="checkbox"/> I am a healthcare worker	<ul style="list-style-type: none"><li>• Hepatitis B vaccine series</li><li>• Measles, mumps, rubella (MMR) vaccine*</li><li>• Varicella "chickenpox" vaccine*</li></ul>
<input type="checkbox"/> I have heart disease, asthma or chronic lung disease	<ul style="list-style-type: none"><li>• Pneumococcal polysaccharide vaccine</li></ul>

\*By page to continue questionnaire

 U.S. Department of Health and Human Services  
Centers for Disease Control and Prevention

# Patient Education Materials: Chronic Conditions and Vaccinations

**INFORMATION SERIES FOR ADULTS**

## What You Need to Know About Heart Disease and Adult Vaccinations

Each year thousands of adults in the United States suffer serious health problems from diseases that could be prevented by vaccines — some people are hospitalized, and some even die. People with heart disease and those who have suffered stroke are at higher risk for serious problems from certain vaccine-preventable diseases.

**Why adult vaccines are important for you.**

There are many reasons why vaccines are especially important for people with heart disease and those who have suffered stroke. Here are just a few:

- Heart disease can make it harder for you to fight off certain diseases like the flu. **That's why a flu vaccine every year is important.**
- Some vaccine-preventable diseases, like influenza, can increase the risk of another heart attack. **That's why you should talk to your healthcare professional to make sure you have all the vaccines you need.**
- Heart disease also increases your risk of serious complications from certain illnesses such as pneumonia and influenza. **Certain types of pneumonia can be prevented by pneumococcal vaccines.**

**Vaccines are one of the safest ways to protect your health.**

- **Vaccines are tested and monitored.** Vaccines are tested before being licensed by the Food and Drug Administration (FDA). Both the Centers for Disease Control and Prevention (CDC) and FDA continue to monitor vaccines after they are licensed.
- **Vaccine side effects are usually mild and temporary.** The most common side effects include soreness, redness, or swelling at the injection site. Severe side effects are very rare.
- **Vaccines are safe to get, even if you are taking prescription medications.** In fact, they are an important part of staying healthy even if you have a chronic condition like heart disease.



### What vaccines do you need?

If you have heart disease there are a number of vaccines recommended for you:

#### All adults need:

- **Flu vaccine** every year to protect against seasonal flu
- **Tdap vaccine** to protect against tetanus, diphtheria, and pertussis (whooping cough)
- **Pneumococcal polysaccharide vaccine** to protect against pneumococcal diseases if 65 years or older

**There may be other vaccines recommended for you sure to talk with your healthcare professional.**



**INFORMATION SERIES FOR ADULTS**

## What You Need to Know About COPD, Asthma and Adult Vaccinations

Each year thousands of adults in the United States suffer serious health problems from diseases that could be prevented by vaccines — some people are hospitalized, and some even die. People with asthma or COPD are at higher risk for serious problems from certain vaccine-preventable diseases.

### Why adult vaccines are important for you.

There are many reasons why vaccines are especially important for people with COPD or asthma. Here are just a few:

- Adults with COPD or asthma are at increased risk of complications from the flu. **That's why a flu vaccine every year is important.**
- COPD and asthma cause your airways to swell and become blocked with mucus which can make it hard to breathe. Certain vaccine-preventable diseases can also increase the swelling of your airways and lungs. The combination of the two can lead to pneumonia and other serious respiratory illness. **That's why it is important to make sure you are up-to-date on your flu, pneumococcal, and Tdap (whooping cough) vaccines.**

### Vaccines are one of the safest ways to protect your health.

- **Vaccines are tested and monitored.** Vaccines are tested before being licensed by the Food and Drug Administration (FDA). The Centers for Disease Control and Prevention (CDC) and FDA continue to monitor vaccines after they are licensed.
- **Vaccine side effects are usually mild and temporary.** The most common side effects include soreness, redness, or swelling at the injection site. Severe side effects are very rare.
- **Vaccines are safe to get, even if you are taking prescription medications.** In fact, they are an important part of staying healthy especially if you have a chronic condition like COPD or asthma.



### What vaccines do you need?

Whether you have COPD or asthma there are a number of vaccines recommended for you:

- **Flu vaccine** every year to protect against seasonal flu
- **Pneumococcal polysaccharide vaccine** to protect against serious pneumococcal diseases

#### In addition, all adults need:

- **Tdap vaccine** to protect against tetanus, diphtheria, and pertussis (whooping cough)
- **Zoster vaccine** to protect against shingles if you are 60 years or older

There may be other vaccines you need so be sure to talk with your healthcare professional about what's right for you.



**INFORMATION SERIES FOR ADULTS**

## What You Need to Know About Diabetes and Adult Vaccinations

Each year thousands of adults in the United States suffer serious health problems from diseases that could be prevented by vaccine — some people are hospitalized, and some even die. People with diabetes (both type 1 and type 2) are at higher risk for serious problems from certain vaccine-preventable diseases.

### Why Adult Vaccines Are Important for People with Diabetes

Diabetes, even if well managed, can make it harder for your immune system to fight infections, so you may be at risk for more serious complications from an illness compared to people without diabetes. **That's why you should talk to your healthcare professional to make sure you have all the vaccines you need.**

- Some illnesses, like influenza, can raise your blood glucose to dangerously high levels. **That's why a flu vaccine every year is important.**

People with diabetes have higher rates of hepatitis B than the rest of the population. Outbreaks of hepatitis B associated with blood glucose monitoring procedures have occurred among people with diabetes. **That's why the hepatitis B vaccine is important for you.**

People with diabetes are at increased risk of pneumonia (lung infection), bacteremia (blood infection), and meningitis (infection of the lining of the brain and spinal cord). These infections can be prevented by pneumococcal polysaccharide vaccine. **Certain types of pneumonia can be prevented by pneumococcal vaccines.**

### Vaccines are one of the safest ways to protect your health.

Vaccines are tested and monitored. Vaccines are tested before being licensed by the Food and Drug Administration (FDA). Both the CDC and FDA continue to monitor vaccines after they are licensed. Vaccine side effects are usually mild and temporary. The most common side effects include soreness, redness, or swelling at the injection site. Severe side effects are very rare.

Vaccines are safe to get, even if you are taking prescription medications. In fact, they are an important part of staying healthy especially if you have a chronic condition like diabetes.



### What vaccines do you need?

Whether you have type 1 or type 2 diabetes, there are a number of vaccines that can protect your health:

- **Influenza vaccine** every year to protect against seasonal flu
- **Pneumococcal polysaccharide vaccine** to protect against certain types of pneumococcal diseases
- **Hepatitis B vaccine** series to protect against hepatitis B

#### In addition all adults need:

- **Tdap vaccine** to protect against tetanus, diphtheria, and pertussis (whooping cough)
- **Zoster vaccine** to protect against shingles if you are 60 years or older

**There may be other vaccines you need so be sure to talk with your healthcare professional about what's right for you.**



# Patient Education Materials: General Vaccinations

**INFORMATION SERIES FOR ADULTS**

## Vaccines Know What You Need



**ALL adults need vaccines to protect their health against common and diseases that can be serious. There are four things to consider in determining which vaccines are recommended for you:**

1. Vaccines every adult needs
2. Your age
3. Your health conditions, lifestyle or job
4. International travel

**Talk to your healthcare professional at your next visit about which vaccines are right for you**

**1. Vaccines every adult needs:**

<b>Influenza (flu)</b>	<b>WHO?</b> All adults, including pregnant women during any trimester <b>HOW OFTEN?</b> Every flu season
<b>Tetanus, diphtheria, and pertussis (whooping cough) (Tdap) Tetanus and diphtheria (Td)</b>	<b>WHO?</b> All adults who have never received the Tdap vaccine and pregnant women <b>HOW OFTEN?</b> Everyone needs Tdap one time, no matter when you got your last tetanus (Td) vaccine. Pregnant women need a Tdap dose during every pregnancy. Td vaccine, to protect against tetanus, is needed every 10 years.

**2. Vaccines you may need based on your age:**

<b>Human papillomavirus (HPV)</b> <i>Recommended if you haven't received the full 3-shot series</i>	<b>WHO?</b> Females age 26 or younger Males age 21 or younger Males age 26 or younger who have weakened immune systems or HIV, or have sex with men <b>HOW OFTEN?</b> One time series of three doses
<b>Measles, mumps, rubella (MMR)<sup>1</sup></b> <i>Recommended as a catch up if you didn't receive as a child</i>	<b>WHO?</b> Adults born in the United States in 1957 or later who have not received MMR vaccine, or who had lab tests that showed they are not immune to measles, mumps and rubella <b>HOW OFTEN?</b> One time for most adults, however certain people like college students, international travelers, or healthcare professionals should get two doses.
<b>Pneumococcal polysaccharide (pneumonia meningitis)</b>	<b>WHO?</b> Adults 65 or older if they have not had this vaccine within the past 5 years <b>HOW OFTEN?</b> One time
<b>Shingles (Zoster)</b>	<b>WHO?</b> Adults 60 or older <b>HOW OFTEN?</b> One time
<b>Varicella (chickenpox)<sup>2</sup></b> <i>Recommended as a catch up if you didn't receive as a child</i>	<b>WHO?</b> Adults born in the United States in 1980 or later who never had two doses of the vaccine or never had chickenpox <b>HOW OFTEN?</b> One time series of two doses

1. One measles-containing vaccine of the following types that have been authorized. Live vaccines should be given to pregnant women or people who have any weakened immune system. This includes people with CD4 counts less than 350.




**INFORMATION SERIES FOR ADULTS**

## What You Need to Know About Shingles and the Shingles Vaccine



In the U.S., currently 1 million people get shingles every year, and about one out of every three people will get shingles in their lifetime.

**What is shingles?**

Shingles, also known as zoster or herpes zoster, is a painful skin rash caused by the varicella zoster virus, the same virus that causes chickenpox. If you've had chickenpox, you are at risk of getting shingles.

- One out of every three people 60 years old or older will get shingles.
- One out of six people older than 60 years who get shingles will have severe pain. The pain can last for months or even years.
- The most common complication of shingles is severe pain where the shingles rash was. This pain can be debilitating. There is no treatment or cure from this pain. As people get older, they are more likely to develop long-term pain as a complication of shingles and the pain is likely to be more severe.
- Shingles may also lead to serious complications involving the eye. Very rarely, shingles can also lead to pneumonia, hearing problems, blindness, brain inflammation (encephalitis), or death.

**Protect Yourself Against Shingles**

Adults 60 years old or older should talk to their healthcare professional about getting a one-time dose of the shingles vaccine.

- The shingles vaccine can reduce your risk of shingles and the long-term pain it can cause.
- Persons who have already had shingles or who have a chronic medical condition can receive the shingles vaccine.
- In a clinical trial involving thousands of adults 60 years old or older, the vaccine reduced the risk of shingles by about half. Even if the shingles vaccine doesn't prevent you from getting shingles, it can still reduce the chance of having long-term pain.

Talk with your healthcare professional for more information and to find out if the shingles vaccine is right for you.

**What other vaccines do you need?**

When you get your shingles vaccine is a great time to talk with your healthcare professional about other vaccines you may need.

**All adults need:**

- Flu vaccine every year to protect against seasonal flu
- Tdap vaccine to protect against tetanus, diphtheria, and pertussis (whooping cough)
- Pneumococcal polysaccharide vaccine to protect against serious pneumococcal diseases if you are 65 years or older

**There may be other vaccines recommended for you so be sure to talk with your healthcare professional.**




**INFORMATION SERIES FOR ADULTS**

## 3 Important Reasons For Adults to Get Vaccinated



You may not realize that you need vaccines throughout your adult life. Vaccines are still important to your health and here are just three reasons why.

1. You may be at risk for serious diseases that are still common in the U.S. Each year thousands of adults in the United States suffer serious health problems from diseases that could be prevented by vaccines — some people are hospitalized, and some even die. Even if you were fully vaccinated as a child, the protection from some vaccines you received can wear off over time and you may also be at risk for other diseases due to your job, lifestyle, travel, or health conditions.
2. You can protect your health and the health of those around you by getting the recommended vaccines. Vaccines reduce your chance of getting sick. Vaccines work with your body's natural defense to reduce the chances of getting certain diseases as well as suffering complications from these diseases. Vaccines reduce your chance of spreading certain diseases. There are many things you want to pass on to your loved ones: a vaccine preventable disease is not one of them. Infants, older adults, and people with weakened immune systems (like those undergoing cancer treatment) are especially vulnerable to vaccine preventable diseases.
3. You can't afford to risk getting sick. Even healthy people can get sick enough to miss work or school. If you're sick you may not be able to take care of your family and other obligations. Being vaccinated is your best protection against many serious diseases.

**What vaccines do you need?**

All adults should get:

- Flu vaccine every year to protect against seasonal flu
- Tdap to protect against tetanus, diphtheria, and pertussis

Based on your age, health conditions, vaccines you may not have gotten as a child, and other factors, you may need additional vaccines such as:

- Chickenpox
- Hepatitis A
- Hepatitis B
- Human Papillomavirus (HPV)
- MMR
- Meningococcal
- Pneumococcal
- Shingles

Traveling overseas? There may be additional vaccines you need. Find out at [www.cdc.gov/nczod/zpn](http://www.cdc.gov/nczod/zpn)

**Being vaccinated as an adult is easier than you think.**

Adults can get vaccinated at doctors' offices, pharmacies, workplaces, community health clinics, and health departments. To find a vaccine provider near you, go to [vaccine.hhs.gov/tdap](http://vaccine.hhs.gov/tdap).

Most health insurance plans cover the cost of recommended vaccines. Check with your insurance provider for details and for a list of vaccine providers. Since 2010, all private health plans are required to cover all immunizations on the Immunization Schedule for Adults. As long as you receive your vaccines from an in-network provider you should not be asked for a copay. If you do not have health insurance, visit [www.healthcare.gov](http://www.healthcare.gov) to learn more about health coverage options.

**Vaccines are safe.**

Vaccines are tested and monitored. Vaccines are tested before being licensed by the Food and Drug Administration (FDA). Both the CDC and FDA continue to monitor vaccines after they are licensed.

Vaccine side effects are usually mild and temporary. The most common side effects include soreness, redness, or swelling at the injection site. Severe side effects are very rare.

Vaccines are one of the safest ways to protect your health. Most people, even those with health conditions or taking prescription drugs, should be vaccinated. However, if you are pregnant or have a weakened immune system talk with your doctor before being vaccinated, as some vaccines may not be recommended for you.




# Resources From Professional Provider Organizations on Adult Immunizations

- **American College of Physicians** - <http://immunization.acponline.org/> has information about adult vaccinations, quality improvement, resources for practical application, and information on special populations. Download the ACP Immunization Advisor App here: <http://bit.ly/ACPapp>
- **American Academy of Family Physicians** - <http://www.aafp.org/patient-care/immunizations/schedules.html> for information on vaccinations plus CME opportunities
- **American Association of Nurse Practitioners** - <http://www.aanp.org/education/education-toolkits/immunizations>. Includes tool kits and other information.
- **American Academy of Physician Assistants** – <http://www.aapa.org>. has information on professional recommendations for immunization practice.
- **American College of Obstetricians and Gynecologists** - [www.immunizationforwomen.org](http://www.immunizationforwomen.org) information about vaccines for pregnant and non-pregnant women, vaccine coding and other business practices
- **American Pharmacists Association** - <http://www.pharmacist.com/immunization-resources>. Multiple resources, training and tools for pharmacists on immunizations.
- **Infectious Diseases Society of America** - <http://www.idsociety.org/Immunization/>. Provides multiple resources and also recommendations specifically for immune compromised persons.

# Final Thoughts...

- Substantial burden of disease in adults for which vaccines are recommended.
- Vaccination rates low among adults in U.S., leaving adults unnecessarily vulnerable to illnesses that can be prevented.
  - Do not reflect patient or provider interest in vaccines
  - Efforts needed to close gap
- Routinely implementing the Adult Immunization Practice Standards can help increase adult vaccination coverage.
- Many tools and resources available.



# Acknowledgments

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For more information, contact CDC  
1-800-CDC-INFO (232-4636)  
TTY: 1-888-232-6348 [www.cdc.gov](http://www.cdc.gov)

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.





# Back-up Slides



# Data Source

## National Health Interview Survey, 2015

- Annual in-home survey of U.S. non-institutionalized civilian population
- Detailed health survey of one adult per family in each household sampled
- Provides national coverage estimates
- Final sample for estimating adult vaccination coverage:
  - Response rate: 55.2%
  - N = 33,348
- Sample for estimating influenza coverage, 2014-15 season:
  - Response rate: 58.9% (2014); 55.2% (2015)
  - N = 31,897

# Adult Vaccination Coverage 2015

- Pneumococcal vaccination for 19–64y high risk: 23.0% (↑2.8%)
- Tdap vaccination for ≥19y: 23.1% (↑3.1%); adults living with infants <1y: 41.9% (↑10.0%)
- Shingles vaccination for ≥60y: 30.6% (↑2.7%)
- Otherwise similar to 2014 estimates; in 2015:
  - Influenza vaccination 2015–2016 for ≥18y: 41.7%
  - Pneumococcal vaccination for ≥65y: 63.6%
  - Hepatitis B vaccination for 19–59y w diabetes: 24.4%
- Racial and ethnic disparities persisted – lower coverage among blacks and Hispanics

Brief update published online Feb 7 (full article pending publication in MMWR)

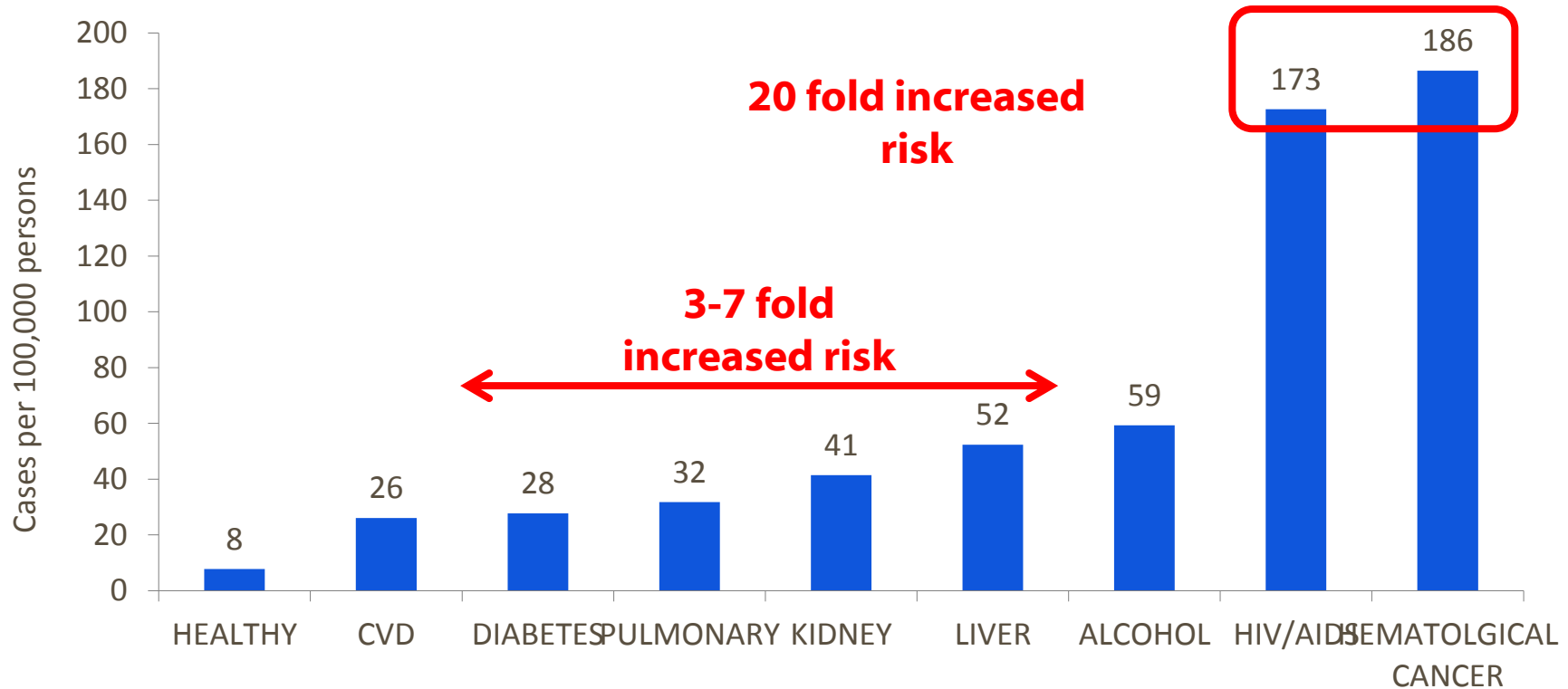
Non-influenza vaccination coverage – National Health Interview Survey (NHIS)

Influenza vaccination coverage – Behavioral Risk Factor Surveillance System (BRFSS)

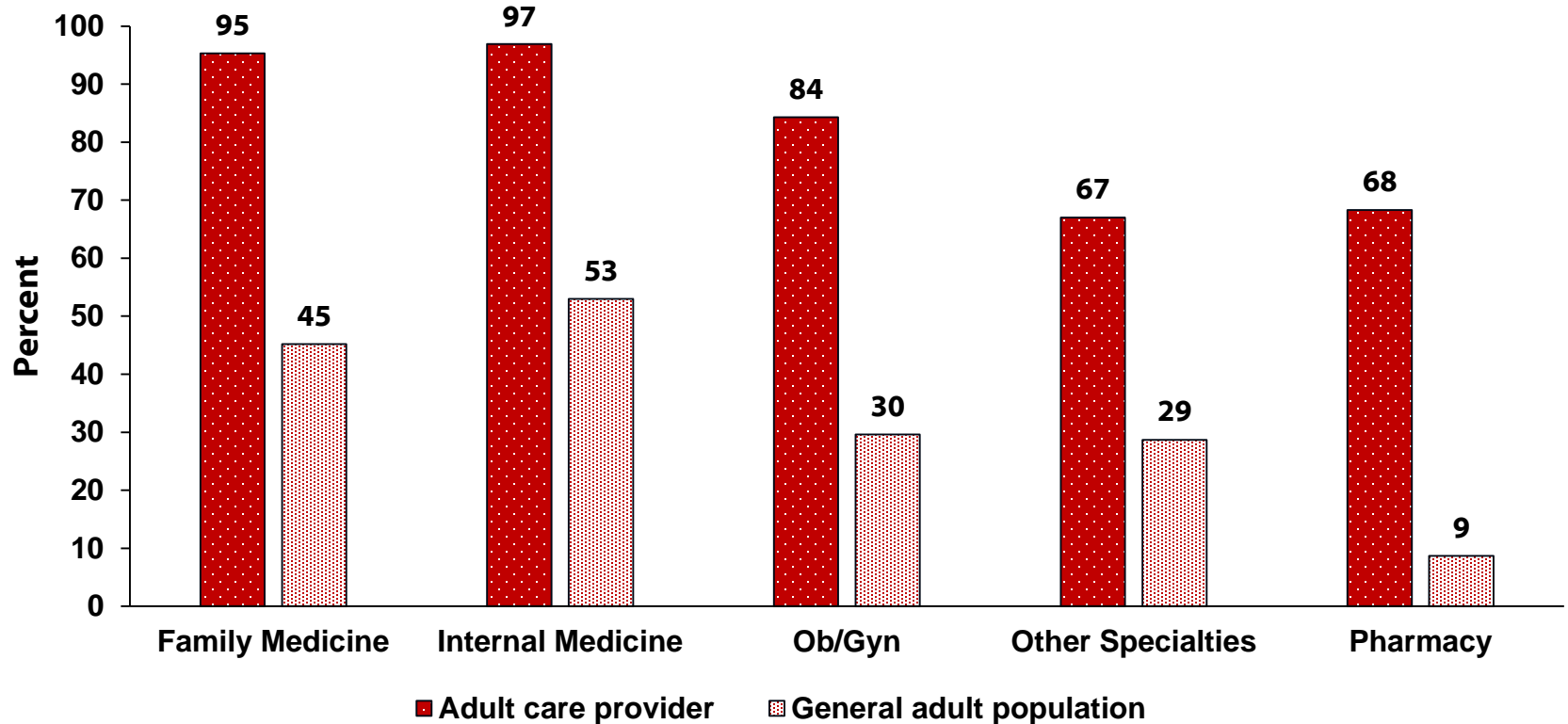
<https://www.cdc.gov/vaccines/imz-managers/coverage/adultvaxview/coverage-estimates/2015.html>

<https://www.cdc.gov/flu/fluview/coverage-1516estimates.htm>

# Incidence of IPD in adults aged 18--64 years with selected underlying conditions, United States, 2009



# Comparison of Adult Vaccination Assessments, Reported by HCPs and Pharmacists Versus General Adult Population, Internet Panel Survey, United States, February- March 2016



## Vaccination of Adults 65 Years and Older

- Older adults at greatest risk of severe influenza-related illness, but vaccine effectiveness lower compared to younger persons
- Two newer vaccines approved for adults >65 years
  - Adjuvanted inactivated trivalent influenza vaccine
    - Cohort study in Italy estimated 25% (CI 2-43) lower risk influenza-related hospitalization vs non-adjuvanted
  - High dose
    - RCT efficacy of high-dose relative to standard dose vaccine of 24% (CI 9.7-36.5) against laboratory confirmed influenza



Black S. Safety and effectiveness of MF-59 adjuvanted influenza vaccines in children and adults. *Vaccine* 2015;335:B3-B5.

Mannino S, et al. Effectiveness of adjuvanted influenza vaccination in elderly subjects in northern Italy. *Am J Epidemiol.* 2012;176(6):527-33.

# HPV VACCINE WORKS AND IT LASTS

## HPV Vaccine **WORKS**

- The HPV vaccine works extremely well
- Clinical trials showed HPV vaccine provided close to 100% protection against precancers that can become cancer
- HPV vaccination has decreased HPV infection in teens

## HPV Vaccine **LASTS**

- Excellent protection lasts at least 10 years
- No sign that protection will decrease
- Made like the Hepatitis B vaccine which gives lifelong protection

## Discussion: What Can Be Done To Improve Adult Immunizations?

- Identify barriers in your community and in your practice
  - Usability and access to use of IIS by all vaccine providers
    - Tools to help remind patients and providers
    - Consolidates patients vaccination records in one place
  - Convenience and access to vaccines for patients
  - Improving patients being given strong provider recommendation
  - Reduce barriers for providers to offer vaccine
    - Providers identify payment issues as top barriers
      - In-network barriers, including Medicaid
      - Vaccine and vaccination payments
  - Systems changes to incorporate vaccination into patient flow