

Cocooning

Protect your baby Protect your family Protect your community

Pertussis (Whooping Cough) is an illness that can affect anyone.

However, children are more likely to get sick than adults. A newborn baby cannot protect themselves against this serious disease until they are several months old and can receive the vaccine. The people who surround the baby are often the ones that carry and pass on diseases. Cocooning is a helpful way to help keep mom and baby healthy.

What is cocooning?

Cocooning is the act of protecting your newborn by encouraging everyone who spends time with you and the baby to get vaccinated. This invaluable process starts with mom getting the Tdap and flu vaccines and becoming immune while the baby is still in the womb. Before your darling baby is born all the important people who are going to be devoting time to its life get vaccinated as well. Dad, brothers, sisters, grandparents, aunts and uncles, daycare providers, and family friends too!

You are all providing a cocoon of protection for the baby that they cannot provide for themselves.

Snuggle up with your precious newborn knowing that their health is secure.

Cocoon



GUNDERSEN
HEALTH SYSTEM®

Where Caring Meets Excellence