Congregate Dining
Congregate Dining is offered at seven dining site locations throughout La Crosse County. Individuals 60 years of age or older and their spouses, regardless of age, are welcome.

To make a reservation, please call the dining site at least 24-hours in advance. Monday reservations are required by noon on Friday.

The first time at a dining site, you will be asked to complete a brief registration form.

The suggested donation is $4.00 per meal.

Please note, individuals with a disability, under 60 years of age, who reside in a housing facility occupied primarily by older individuals at which a meal site is provided, are eligible to participate in the program.

Home Delivered Meals
If you are unable to attend one of our seven congregate dining sites, you may be eligible for home delivered meals.

Individuals 60 years of age or older who are frail and essentially homebound due to illness, disability or isolation are eligible.

To determine your eligibility, please contact the Aging & Disability Resource Center.

The suggested donation is $4.50 per meal.

Interested in Volunteering?
The La Crosse County Senior Nutrition Program is always in need of volunteers to assist at dining sites or deliver food to homebound participants. To learn more, contact us today!

March 2023
General Information
The La Crosse County Senior Nutrition Program is available to seniors 60 years of age or older and their spouses, regardless of age. Its purpose is to reduce hunger and food insecurity and promote socialization, health and well-being among older adults.

Two types of nutrition services are provided:

1. Congregate Dining
2. Home Delivered Meals

**Congregate Dining** provides nutritious meals in a group setting, allowing for opportunities to socialize with others.

**Home Delivered Meals** are provided to eligible individuals who are unable to attend one of the local congregate dining sites.

For either service, participant voluntary contributions are requested however no one is ever denied because of the inability to donate. All donations are kept confidential.

Funding for this program is provided by Title III of the Older Americans Act, State and County funds, private contributions and participant donations.

Congregate Dining Sites
Meals are provided Monday through Friday at the following dining sites:

**Community Connections Center**
1407 Saint Andrew Street
Suite A-101
La Crosse, WI 54603
Phone: 608-792-4487
Meal Time: 11:30 AM

**Holmen Area Community Center**
600 N Holmen Drive
Holmen, WI 54636
Phone: 608-317-8104
Meal Time: 12:00 PM

**Onalaska Community Center**
515 Quincy Street
Onalaska, WI 54650
Phone: 608-317-9870
Meal Time: 11:30 AM

**South Side Neighborhood Center**
1300 South 6th Street
La Crosse, WI 54601
Phone: 608-792-6996
Meal Time: 11:30 AM

Sample Menu
Smothered Chicken Breast,
Garlic & Herb Potatoes,
Sugar Snap Peas, Peaches,
Wheat Bread, Milk or Juice

Diabetic meals are available upon request.