The role of the Caregiver Support Specialist is to offer family caregivers (adult family members, friends, other informal care providers) information, support, and resources that will help them to better care for themselves and their loved ones. Examples of this include:

- Connecting caregivers to support groups, wellness programs and other opportunities for peer connection and self-care
- Referring caregivers to private pay services or helping to arrange short-term, program-funded services
- Coaching or educating caregivers on strategies for providing care, having health care and advance care planning conversations
- Counseling caregivers on making decisions and problem-solving issues related to caregiving and long-term care exploration

Caregiver Support Specialists operate under the Wisconsin Family Caregiver Support Programs. These programs are located in every county and tribe in the state to provide funding for community activities and services that support family caregivers.

Who’s eligible for program assistance?

Family members and friends who care for:

- A person age 60 and over
- A person with Alzheimer’s disease or other dementia regardless of age

Grandparents or relative caregivers 55 years of age and older who care for:

- Children under age 19 and living together
- Adults with long-term disabilities age 19—59

Connect with the Caregiver Support Specialist!
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