

MEMORIES



Cafe

For persons living in the community with dementia, memory concerns, caregivers and friends

You're invited to join our NEW memory cafe community as we make memories along the journey!

Memories Community Grounds Cafe will travel around La Crosse County every month to different host locations for a fun activity and social!

registration not required.

**Call the Aging & Disability Resource Center
for questions
608-785-5700**



2020 Cafe Dates & Locations:

January 13| Monday 9:30-11:00am

Onalaska Public Library, 741 Oak St. Onalaska

Topic: Storytime

Presenters: Friends of Onalaska Library

February 5 | Wednesday 1:30-3:00pm

Holmen Public Library, 121 Legion St. Holmen

Topic: Valentines & Autograph Books

Presenters: Holmen Historical Society

March 26| Thursday 1:00-2:30pm

First Lutheran Church, 410 Main St. Onalaska

Topic: Art-Crafting

Presenters: Older Wiser Lutheran (OWLS)

April 20| Monday 9:30-11:00am

Onalaska Public Library, 741 Oak St. Onalaska

Topic: Garden/Plants

Presenters: Friends of Onalaska Library

April 24| Friday 10:00-11:30am

Coulee View Apartments, 98 Hiawatha St. Coon Valley

Topic: Round Barns & Historical Floods

Presenter: Vernon Co. Historical Society

May 7| Thursday 10:30-11:30am

Ohana Yoga Studio 126 Leonard St. West Salem

Topic: Relaxation with Ohana Owner



June 26| Thursday 1:00-2:30pm

First Lutheran Church, 410 Main St. Onalaska

Topic: Art-Crafting

Presenters: Older Wiser Lutheran (OWLS)

July 13 | Monday 10:00-11:30

Oma Cafe, 234 Leonard St. West Salem

Topic: Coffee & History of Oma

August 6 | Thursday 2:00-3:30pm

Hazel Brown L. Library, 201 Nechonoc Rd. West Salem

Topic: Pet Therapy

Presenter: Coulee Region Humane Society

September 8th | Tuesday 10:00-11:30am

Mississippi Wildlife & Fish Refuge

N5727 Cty Rd Z Onalaska

Topic: Refuge History, Mission & Nature Walk

October 12 | Monday 2:30-4:00pm

Hazel Brown L. Library, 201 Nechonoc Rd. West Salem

Topic: Harp Music with Shari Sarazin

November 4 | Wednesday 1:30-3:00pm

Holmen Public Library, 121 Legion St. Holmen

Topic: Veteran Letters & Uniforms

Presenters: Holmen Historical Society

December - Join us for the ADRC Caregiver Luncheon. Call for info. 785-5700

