The La Crosse County community has a wide variety of programs that offer services to meet the needs, maintain the independence, and improve the quality of life for residents. This resource guide has been developed by the Aging and Disability Resource Center of La Crosse County. It is intended to provide information about assistance available to persons over age eighteen, including those with disabilities, aging, mental health or substance abuse issues. It is not a complete list of services and is not meant to be an endorsement or recommendation of these particular agencies.

To obtain further information services or to update the current listing, contact the Aging & Disability Resource Center of La Crosse County at (608) 785-5700 or 1-800-500-3910.

TABLE OF CONTENTS

Page 2
♦ ADULT DAY SERVICES ♦ RESPITE CARE ♦ CAREGIVER SUPPORT ♦ ALZHEIMER ♦ DEMENTIA ♦ MEMORY CARE SERVICES ♦

Page 3
♦ EMPLOYMENT ASSISTANCE ♦ FINANCIAL RESOURCES ♦ LEGAL ASSISTANCE

Page 4
♦ FOOD RESOURCES ♦ SENIOR MEAL SITES ♦

Page 5
♦ HEARING/VISION LOSS SERVICES ♦ HOME CARE ♦

Page 6
♦ HOUSING ♦

Page 7
♦ HOUSING (continued) ♦

Page 8
♦ HOUSING (continued) ♦ MEDICAL/DENTAL ♦

Page 9
♦ MEDICAL EQUIPMENT/SUPPLIES ♦ MENTAL HEALTH/ADDICTION SERVICES ♦

Page 10
♦ MENTAL HEALTH/ADDICTION SERVICES (continued) ♦ TRANSPORTATION ♦

Page 11
♦ VETERAN’S SERVICES ♦ INFORMATION & ASSISTANCE ♦
ADULT DAY SERVICES/RESPITE CARE/CAREGIVER SUPPORT

ADULT DAY SERVICES
Bethany St. Joseph- Merit Centre: North: 1020 Windsor St. La Crosse 608-784-2700
South: 3900 East Ave. So., La Crosse 608-788-2900
Catholic Charities Adult Day Services Program: 3710 East Ave. So., La Crosse 608-782-0710
Coulee Region Adult Day Center: 1062 Oak Forest Drive, Ste. 160, Onalaska 608-519-2306
Creative Community Living Services Day Services: 704 Sand Lake Rd., Onalaska 608-779-4118
Riverfront, Inc. Day Services Program: 3000 South Ave., La Crosse 608-784-9450 or 1-800-949-7380

RESPITE CARE
Coulee Region Adult Day Center: 1062 Oak Forest Dr., Ste. 160, Onalaska 608-519-2306
*See supportive home care section for possible home respite resources.
*See nursing homes section for possible out of home respite.

CAREGIVER SUPPORT
Aging & Disability Resource Center of La Crosse County 300 4th St. No., La Crosse 608-785-5700 or 1-800-500-3910
RSVP Friendly Caller Program: 608-785-0500 or 1-888-822-1295
VA Caregiver Support Line: 1-855-260-3274

ALZHEIMER/DEMENTIA/MEMORY CARE SERVICES
SERVICES
Aging & Disability Resource Center of La Crosse County 300 4th St. No., La Crosse 608-785-5700 or 1-800-500-3910
Alzheimer’s Association 404 1/2 North Bridge St, Chippewa Falls, WI 715-720-7611 or 1-800-272-3900 (24 hour helpline)
Gundersen Health System: Memory Disorders Clinic: 1900 South Ave., La Crosse 608-775-9000 or 1-800-362-9567
Mayo Clinic Health System: Dementia Care Program: 700 West Ave So., La Crosse 608-392-9505 or 1-800-362-5454 ext 9505
Music & Memory Program: ADRC of La Crosse County 300 4th Street No., La Crosse 608-785-5700 or 1-800-500-3910
RSVP (Retired Senior Volunteer Program) 608-785-0500 or 1-888-822-1295

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF) WITH DEMENTIA CARE
Bethany Lutheran Homes
- Eagle Crest North Memory Care 351 Mason St., Onalaska 608-779-1700
- Eagle Crest South Memory Care, 622 Bennora Lee Court, La Crosse 608-779-1702
- Hearten House I 2573 7th St. So., La Crosse 608-784-4521
- Hearten House II 2571 7th St. So., La Crosse 608-784-4523
- Hearten House III 101 Juniper Lane, Holmen 608-526-6796
- Bluffview Memory Care 2101 Bluffview Court, Holmen 608-526-5864
- Brookdale Senior Living (60+ years of age) 3161 East Ave. So., La Crosse 608-788-2832
- ABI Caring Hearts accepts persons with mild dementia 1614 Henry Johns Blvd., Bangor 608-486-4210
- The Meadows at Springbrook 861 Critter Court, Onalaska 608-783-2292

NURSING HOMES WITH DEMENTIA CARE UNITS
Bethany Riverside: 2575 7th St. So., La Crosse 608-406-3900
Bethany St. Joseph Care Center: 2501 Shelby Rd., La Crosse 608-788-5700
Hillview Healthcare Center: 3501 Park Lane Dr., La Crosse 608-789-4800
Lakeview Health Center: 962 Garland St. E., West Salem 608-786-1400

ADAPTIVE RECREATIONAL OPPORTUNITIES
Arts Buddies (Causeway Interfaith Volunteer Caregivers) 608-775-9999
Flying Horse Stable 608-317-1448 http://www.flyinghorsestable.net/
HorseSense for Special Riders 608-791-4868 www.hssr.org
NASA (North American Squirrel Association) 608-234-5988 www.nasasquirrel.org
Special Olympics, La Crosse Park & Recreation Department 608-789-7596 https://www.cityoflacrosse.org/parks/specialrec
Center on Disability Health and Adapted Physical Activity, UW-La Crosse, 608-785-8000 https://www.uwlax.edu/center/cdhap
YMCA Inclusion and Adaptive Programs 608-782-9622 www.laxymca.org
EMPLEYMENT ASSISTANCE
Aurora Vocational Services 1501 Saint Andrews St. Ste C202, La Crosse 608-785-5090
Catholic Charities – Disability Services 3710 East Ave. So., La Crosse 608-782-0710
CouleeCap 2101 Victory St., Ste. C, La Crosse 608-782-5520 or 1-866-717-9490
Independent Living Resources (ILR) 4439 Mormon Coulee Rd., La Crosse 608-787-1111 or 1-888-474-5745
· TTY 608-787-1148 or TTY 1-888-378-2198
Older Worker Program/WISE (Wi Senior Employment) 2615 East Ave So., La Crosse 608-789-5627 or 1-800-742-5627
ORC Industries 2700 Commerce St., La Crosse 608-781-7727
Riverfront, Inc. 3000 South Ave., La Crosse 608-784-9450 or 1-800-949-7380
Senior Community Service Employment Program (SER) 608-286-1059
Veterans Assistance Foundation Fort McCoy: 608-372-8387 - Wis Vets Hotline: 1-800-947-8387
Workforce Development Center of Western Wisconsin 2615 East Ave. So., La Crosse 608-789-5627
· Vocational Rehabilitation, Job Center, Workforce Connections, Unemployment, Worker’s Compensation

FINANCIAL RESOURCES

BENEFITS ASSISTANCE
Aging & Disability Resource Center of La Crosse County 300 4th St. No., La Crosse 608-785-5700 or 1-800-500-3910
CouleeCap 2101 Victory St., Ste. C, La Crosse 608-782-4877 or 1-866-904-4507
Independent Living Resources (ILR) 4439 Mormon Coulee Rd., La Crosse 608-787-1111 or 1-888-474-5745
· TTY 608-787-1148 or TTY 1-888-378-2198
La Crosse County Veterans Service Office 212 6th Street No., La Crosse 608-785-9719
Medicare 1-800-633-4227 · TTY 1-877-486-2048
Riverfront, Inc. 3000 South Ave., La Crosse 608-784-9450 or 1-800-949-7380 · TTY 608-784-0039
Social Security Administration 210 7th St So Ste 100, La Crosse 1-866-770-2345 (La Crosse office) or 1-800-772-1213 · TTY 1-800-325-0778
State of Wisconsin Medigap Help-line 1-800-242-1060
Western Region Economic Assistance 1-888-627-0430

OTHER FINANCIAL RESOURCES
Catholic Charities 413 3rd St. So., La Crosse 608-782-0710
City of La Crosse Housing Rehabilitation Program 400 La Crosse St., La Crosse 608-789-7513
Consumer Credit Counseling Service of La Crosse 505 King St., Ste. 212, La Crosse 608-784-8380
· CouleeCap 608-634-7831 or 1-866-904-4507
GT Financial Services 215 Broadus Street, Sturgis MI 49091 1-877-659-4500
iiLife Financial Management Services 6100 North Baker Road, Glendale WI 1-888-958-7695
Xcel Energy PAR Department · 1-800-331-5262
UW Extension — Financial Coach Program 212 6th Street No., La Crosse 608-785-6417

REPRESENTATIVE PAYEE SERVICES
Catholic Charities 413 3rd St. So., La Crosse 608-782-0710
Consumer Credit Counseling Service of La Crosse 505 King St., Suite 212, La Crosse 608-784-8380
GT Financial Services 215 Broadus Street, Sturgis MI 49091 1-877-659-4500
iiLife Financial Management Services 6100 North Baker Road, Glendale WI 1-888-958-7695

TELEPHONE ASSISTANCE
Lifeline/Link-up Program: contact your telephone service provider
SafeLink Wireless Cell Phone Program 1-800-723-3546
Telecommunications Equipment Purchase and Assistance Plans (TEPP) · Voice: 608-231-3305 · TTY: 1-800-251-8345

LEGAL ASSISTANCE
Legal Action of Wisconsin 205 5th Ave So. Suite 300 La Crosse 608-785-2809 www.legalaction.org
Legal Clinic · 3rd Wednesday of every month 6pm - 7:30pm First Baptist Church, 1209 Main St. La Crosse
Wisconsin Elder Rights Project 1-844-614-5468 www.legalaction.org
Wisconsin State Bar Association 1-800-362-9082 www.legalexplorer.com
Wisconsin JUDICARE Inc. 1-800-472-1638 www.judicare.org
Wisconsin Guardianship Support Center 1-855-409-9410
FOOD RESOURCES/SENIOR MEAL SITES

FINANCIAL ASSISTANCE FOR FOOD

Western Region Economic Assistance 1-888-627-0430 Online: access.wi.gov

FOOD PANTRIES (call for information and eligibility)

A Place of Grace Catholic Worker House 919 Hood St., La Crosse 608-782-6224
First Free Church Food Pantry 123 Mason Street, Onalaska 608-782-6022
From the Heart 1010 Sill St. La Crosse lower level Trinity Lutheran Church 608-780-1283
Onalaska Emergency Food Basket 735 Sand Lake Road, Onalaska 608-783-7722
New Beginning Christian Fellowship 122 5th Ave No., La Crosse 608-782-8030
River of Life Church 1214 Cty PH Onalaska 608-782-2780
Salvation Army 223 8th St. No, La Crosse 608-782-6126
WA E R Emergency Food Shelf 403 Causeway Blvd., La Crosse 608-782-6003 or 793-1002
West Salem Area Community Care & Share Pantry 359 North Leonard St., West Salem 608-786-1142

FREE MEALS (days and times may be subject to change)

A Place of Grace Catholic Worker House 919 Hood St., La Crosse 608-782-6224 Tuesday and Wednesday 11:00am-1:00pm, Thursday 5:00pm-6:30pm, Last Sunday of month 1:30pm-3:30pm
Our Savior’s Lutheran Church Come for Supper 612 Division St., La Crosse 608-782-3468 Tuesday 5:00pm
Presbyterian Church of West Salem 625 West Franklin St, West Salem 608 786-0910 the 4th Wed of the month 4pm-6pm
Salvation Army 223 8th St. No., La Crosse 608-782-6126 Monday - Friday 7:30am and 11:30am and 4:30pm, Meals Saturday & Sunday 8:30am and 12:30pm and 4:30pm
Trinity Lutheran Church 1010 Sill St., La Crosse 608-782-6200 Monday 5:00pm– 6:00pm
Holmen’s Hope American Legion 419 1st Ave. Holmen 526-4444 Last Tues. of the month 5pm-7 pm
RAVE 1806 State St. La Crosse 785-9615 Mon. 9:30 am, and first Wed. of each month at 12:00pm

HOME DELIVERED MEALS

Aging and Disability Resource Center of La Crosse County Senior Nutrition Program 608-785-5700
Mobile Meals of La Crosse 2600 Quarry Rd., La Crosse 608-784-4623
Mom’s Meals 3210 SE Corporate Woods Drive, Ankeny, IA 1-877-508-6667

SENIOR NOON DINING CENTERS (weekdays)

For persons over 60, persons living with someone over 60 and any disabled person living in a building which is a meal site.

(please call the Aging and Disability Resource Center of La Crosse County Senior Nutrition Program 608-785-5700 for eligibility information and to reserve 24 hours in advance)

Carroll Heights 3505 Park Lane Drive, La Crosse 608-785-5556
Forest Park 1230 Badger St., La Crosse 608-789-7826
Harry J. Olson Senior Center 1607 North St., La Crosse 608-792-4487
Holmen Community Center 421 Main St., Holmen 608-526-6316
Onalaska Community Center 515 Quincy St., Onalaska 608-789-7829
Southside Senior Center 1220 Denton St., La Crosse 608-782-2444
Stokke Tower 421 6th St. So., La Crosse 608-789-7823
Village Inn 1601 Bangor St., Bangor 608-486-2741
West Salem Senior Center 175 South Leonard St., West Salem 608-786-2975
HEARING AND VISION LOSS SERVICES

Lions Affordable Hearing Aid Project 715-677-4969 or 1-877-463-6953
Medicare to request accessible communications for persons with vision loss 1-844-258-3676
Office for the Blind or Visually Impaired 115 5th Ave. South, Suite 506, La Crosse 608-789-5663 or 1-888-879-0017
Office for the Deaf and Hard of Hearing voice 608-319-1249
Telecommunications Equipment Purchase and Assistance Plans TEPP 608-231-3305 · TTY 1-800-251-8345
Vision Forward 1-414-615-0100
Wisconsin Council of the Blind and Visually Impaired 1-800-783-5213 or 608-255-1166
Wisconsin Telecommunications Relay Systems (TRS) dial 711 · TTY English 1-800-947-6644 · TTY Spanish 1-800-833-7813
Customer Service TDD 1-800-283-9877 · Customer Service Voice 1-800-901-8389

HOME CARE

HOME HEALTH/PERSONAL/SUPPORTIVE HOME CARE

Almost Family 1425B State Road 16, La Crosse 608-779-0900
Aurora Community Health 715-235-1839
Black River Memorial Homecare 711 West Adams St., Black River Falls 715-284-3662
BrightStar Lifecare 1052 Oak Forest Drive, Suite 240, Onalaska 608-519-4324
Care at Home 1825 Sunset Lane, La Crosse 608-385-7530
Comfort Keepers 2951 South 21st Place, La Crosse 608-784-3357
Department of Veterans Affairs-Home Based Primary Care 608-372-7734 or 1-800-872-8662 ext. 67734
Home Instead Senior Care 1601 Caledonia Street, Ste J, La Crosse 608-782-4000
Innovative Services 608 South 4th St. La Crosse 608-738-2142
Integrity Home Care Solutions PO Box 110, Mineral Point, WI 608-341-9189
International Quality Home & Personal Care Services 306 Main St., Suite 4, La Crescent, MN 507-895-2570 or 1-855-447-4762
Lori Knapp Companies 938 Greenbay St. Onalaska 608-781-4594
Mayo Clinic Health System Franciscan Healthcare Home Care and Hospice 212 11th St. So., La Crosse 608-392-9790
MCFI Home Care 414-937-2160 or 262-424-2901
Recover Health 700 North 3rd St., Suite 205, La Crosse 608-406-3140
Riverview Home Health Care, Inc 1828 E Main St. Suite 8, Onalaska, 608-738-5573
VA Home Care Services River Valley VA Clinic, La Crosse 608-784-3886
Vernon Memorial Healthcare Home Care 608-637-4362

HOSPICE

Gundersen Health System Hospice 1900 South Ave., La Crosse 608-775-8435
Mayo Clinic Health System Franciscan Healthcare Home Care and Hospice 620 South 11th St., La Crosse 608-392-9790
St. Croix Hospice 1-855-278-2764 or 715-327-5600

CHORES/ERRANDS/REPAIRS

Brandon Balfanz operator of The Grounds Crew LLC 608-780-9201
Causeway Interfaith Volunteer Caregivers 608-775-9999
CouleeCap Weatherization Program 608-634-7821 · 1-866-904-4508
Friedman’s Home Delivery Service 4225 Cliffside Dr., La Crosse 608-780-4010 (shops on Mon. Tues. & Thurs. 7 to Noon)
RSVP (Retired Senior Volunteer Program) 608-785-0500 or 1-888-822-1295
Senior Share (WAFER food pantry) free food and delivery to low income, homebound seniors over 60 y/o 608-782-6003
University of Wisconsin La Crosse Financial Aid Office (student volunteers or workers) 608-785-8604
Viterbo University Financial Aid Office (student volunteers or workers) 608-796-3900
Western Technical College Student Employment Services 608-785-9440
Wiscorps RSVP 608-785-0500
**Housing**

*Contact Aging and Disability Resource Center for options or rental directory 1-608-785-5700 or 1-800-500-3910*

**Temporary/Emergency Housing**

Coulleeap, Inc Transitional Housing Program for Homeless  608-782-4877 or 1-866-904-4507
New Horizons Domestic Abuse Shelter  608-791-2600 or 1-800-231-0066
Salvation Army · 223 North 8th St., La Crosse  608-782-6126
Veterans Assistance Foundation · Fort McCoy: 608-372-8387 · Wis Vets Hotline: 1-800-947-8387
Veteran’s Homeless Hotline  1-877-4AID-VET (1-877-424-3838)

**Independent Housing** (Eligibility requirements such as age, disability and/or income limits may apply)

**Bethany Lutheran Homes**
- Bethany Heights (55+) 112 Juniper Lane, Holmen  608-526-6796
- Eagle Crest North Senior Living Community 351 Mason St., Onalaska  608-779-1700
- Eagle Crest South Independent Living Plus 622 Bennora Lee Court, La Crosse  608-779-1702 or 608-791-2700

**Bethany St. Joseph Corporation**
- Mill St. Manor (55+ disability or 62+) 840 Mill St., West Salem  608-786-2440
- OnaMain (55+disability or 62+) 920 Main St., Onalaska  608-781-7730
- OnaTerrace (55+disability or 62+) 1126 Main St., Onalaska  608-783-1516
- Prairie Home (55+disability or 62+) 620 Malin Ct., Holmen  608-526-4850
- Salem Terrace 104 Lewis St., West Salem  608-786-2440
- Welcome Home Apartments (55+disability or 62+) 3600 28th St. So., La Crosse  608-788-0254
- Windsor Place (55+disability or 62+) 1020 Windsor St., La Crosse  608-785-2271

**Brookside Meadows** (55+) 4350 Fireclay Ct., La Crosse  608-782-4488 ext. 317

**Carroll Heights Apartments** (55+ or disability) 3505 Park Lane Drive, La Crosse  608-785-5555

**Cedar Court Apartments (income limits)** 321 Wagon Drive, West Salem  608-786-4101

**Christopherson House** (income limits, physical disabilities) 2121 Sims Place, La Crosse  608-782-4001 or 608-784-2935

**Fox Hollow Senior Apartments** (55+ or income limits) 990-1000 Linden Dr., Holmen  608-526-4000

**Greendale Apartments** (low income adults with physical disabilities) 321 13th Ave. So., Onalaska  608-784-1381

**Hidden Glen Apartments** (income limits) 100 Holmen Dr. So., Holmen  608-526-9026

**Heritage Haven** (62+ or disability income limits apply) 800 St. James St., La Crosse  608-784-1381

**Housing Authority of the City of La Crosse** 1307 Badger St., La Crosse  608-782-2264

**Impact Seven** 1-800-685-9353 or 715-357-3334
- Leo Fishman Manor: (chronic mental illness) 1106 Wilson St., Onalaska
- Al Baldus Manor: (chronic mental illness) 1320 Pinecrest Lane, Onalaska
- Valley View Apartments 4631 Cty Hwy B, La Crosse

**La Crosse County Housing Authority** 615 Plainview Rd., La Crosse  608-781-5365 · TTY 1-800-283-9877

**Mayo Clinic Health System Franciscan Healthcare- Village Apartments on Ninth** (62+) 621 9th St So., La Crosse  608-392-9486

**Michael Heights** (55+ or income limits) 420 5th Ave. So., La Crosse  608-782-4488

**Mulder Apartments** (50+) 116 East Tilson St., West Salem  608-786-1600

**Page Manor** (55+) 1065-1077 Kristy Lane, Onalaska  608-780-7338

**Pinedale Apartments** (62+ or disability) 501 13th Ave. So., Onalaska  608-784-1381

**Ponderosa Apartments (income limits)** 1709 Viking Ave., Holmen  608-786-4101

**Redwood Terrace Apartments** (62+ or disability income limits apply) 812 Redwood St., Onalaska  608-783-6229

**River Oaks Apartments** (income limits) 3460 East Ave. So., La Crosse  608-787-0200

**Salzer Square I** (55+) 1205 7th St. So., La Crosse  608-785-7775 or 608-784-2935

**Salzer Square II** (55+ and income limits) 1224 8th St. So., La Crosse  608-782-0585 or 608-784-2935

**Schumann Apartments** (chronic mental health and income limits) 617 Bennora Lee Court, La Crosse  608-782-4001 or 608-784-2935

**Stonefield Manor** (55+) 1264 County Rd. PH, Onalaska  608-779-4906

**YWCA Transitional Housing Program** (female only) 3219 Commerce St., La Crosse  608-781-2783 ext. 8
HOUSING (continued)

ASSISTED LIVING OPTIONS

The type of Assisted Living Facility is based on how the facility is licensed:

**Residential Care Apartment Complex (RCAC):** Residence for adults that consists of independent apartments. Each apartment has its own lockable entrance, kitchen with stove, private bathroom, sleeping and living areas. Can provide an individual with up to 28 hours of assistance per week.

**Community Based Residential Facilities (CBRF):** Residence for 5 or more adults. CBRF's may provide either private or semi-private rooms that do not have a kitchen. They may or may not have a private bathroom in each room. CBRFs provide more care than RCACs.

**Adult Family Home (AFH):** Residence for 1 to 4 adults. May provide private or semi-private rooms that do not have a kitchen. May or may not have a private bathroom in each room. Provides similar services as CBRF.

RESIDENTIAL CARE APARTMENT COMPLEX (RCAC)

**RCAC facilities that are registered facilities and can only accept private funds. The others are certified and can accept public funds.**

**Benedictine Villa Assisted Living** (62+years of age) 2904 East Ave. So., La Crosse 608-788-7489

**Bethany Lutheran Homes**

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Bethany Heights Assisted Living</td>
<td>112 Juniper Lane, Holmen</td>
<td>608-526-2635</td>
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<td>Bethany on Cass</td>
<td>1315 Cass St., La Crosse</td>
<td>608-796-1091</td>
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<td>Eagle Crest North Senior Living</td>
<td>351 Masion St., Onalaska</td>
<td>608-779-1700</td>
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<td>Eagle Crest Senior Living Community</td>
<td>622 Bennora Lee Court, La Crosse</td>
<td>608-779-1700</td>
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<td><strong>The Willows Senior Housing</strong></td>
<td>2555 7th St. So., La Crosse</td>
<td>608-406-3978</td>
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**Bethany St. Joseph Corporation**

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<tr>
<td>Laurel Manor</td>
<td>108 17th Ave. So., Onalaska</td>
<td>608-783-1815</td>
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<td>Mill St. Manor</td>
<td>840 Mill St., West Salem</td>
<td>608-786-2447</td>
</tr>
<tr>
<td>Prairie Home</td>
<td>620 Malin Court, Holmen</td>
<td>608-526-4850</td>
</tr>
<tr>
<td>Salem Terrace</td>
<td>104 Lewis St., West Salem</td>
<td>608-786-2440</td>
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<tr>
<td>Shelby Terrace</td>
<td>2525 and 2527 Shelby Rd., La Crosse</td>
<td>608-788-4477</td>
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**Brookdale Senior Living - The Villas** (Ages 60+) 3141 East Ave. So., La Crosse 608-788-1964

**Hillview Terrace** 3503 Park Lane Drive, La Crosse 608-785-5500

**Benedictine Assisted Living** (62+years of age) 2904 East Ave. So., La Crosse 608-788-7489

**Spring Brook Assisted Living** (contact for eligibility) 861 Critter Ct., Onalaska 608-783-2292

COMMUNITY BASED RESIDENTIAL FACILITIES (CBRF)

**Bethany Lutheran Homes**

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<tr>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Eagle Crest South, High Acuity Assisted Living</td>
<td>622 Bennora Lee Court, La Crosse</td>
<td>608-791-2700</td>
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</table>

**Brookdale Senior Living** (60+ years of age)

<table>
<thead>
<tr>
<th>Facility Name</th>
<th>Address</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Brookdale La Crosse</td>
<td>3141 East Ave. So., La Crosse</td>
<td>608-788-7730</td>
</tr>
<tr>
<td>Brookdale Onalaska</td>
<td>949 10th Ave. No., Onalaska</td>
<td>608-783-4955</td>
</tr>
</tbody>
</table>

**Clara House** 1301 28th St. So., La Crosse 608-787-8094

Maplewood 994 Garland St E. West Salem 608-786-1436

Monarch Manor 848 Garland St E. West Salem 608-612-0661

Nesconoc Manor 998 Garland St E. West Salem 608-612-0660

**RBI– The Caring Hearts** accepts persons with mild dementia 1614 Henry Johns Blvd., Bangor 608-486-4210

The Meadows at Springbrook 861 Critter Ct., Onalaska 608-783-2292

ADULT FAMILY HOMES (AFH)

For information regarding Adult Family Homes,

*Aging and Disability Resource Center of La Crosse County 608-785-5700 or 1-800-500-3910

State website-Choosing an Adult Family Home: [http://www.dhs.wisconsin.gov/guide/afh.htm](http://www.dhs.wisconsin.gov/guide/afh.htm)

Aurora Residential Services 1501 Saint Andrews St. Ste C202, La Crosse 608-785-5090
**HOUSING (continued)**

**NURSING HOMES**

**has Dementia/Alzheimer care unit**

- **Benedictine Manor Rehabilitation Center**: 2902 East Ave. So., La Crosse 608-788-9870
- **Bethany Riverside**: 2575 7th St. So., La Crosse 608-406-3900
- **Bethany St. Joseph Care Center**: 2501 Shelby Rd., La Crosse 608-788-5700
- **Hillview Healthcare Center**: 3501 Park Lane Dr., La Crosse 608-789-4800
- **Lakeview Health Center**: 902 East Garland St., West Salem 608-786-1400
- **Mulder Healthcare Facility**: 1600 Main St., Onalaska 608-783-4681

**MEDICAL / DENTAL**

**REDUCED COST/FREE MEDICAL**

- **Community Care Clinics** Bronston Chiropractic 1202 County Rd PH, Onalaska 608-781-2225
- **Essential Health Clinic** (formerly Options Clinic) 1201 Caledonia St., La Crosse 608-775-8390 or 1-800-657-5177
- **Family Health Center of Marshfield, Inc** Black River Falls, 1-800-782-8581 or 715-670-0400
- **La Crosse County Health Department** Wisconsin Well Woman Program 300 4th St. No., La Crosse 608-785-9723
- **Neighborhood Family Clinic** 1526 Rose St., La Crosse 608-781-9880
- **St. Clare Health Mission** 916 Ferry St., La Crosse 608-392-9546
- **Scenic Bluffs Community Health Center**
  - Cashton Office 238 Front St., Cashton 608-654-5100
  - Norwalk Office 200 West North St., Norwalk 608-823-7853
- **Salvation Army Caring, Inc.** 223 8th St. No., La Crosse 608-782-6126 or 608-782-0962

**CLINICS**

- **Gundersen Health System Express Care**
  - La Crosse Festival Foods – 2500 State Rd., 33, La Crosse 608-775-5858
  - Onalaska Festival Foods – 1260 Crossing Meadows Dr., Onalaska 608-775-5858
- **Gundersen Health System**
  - 1900 South Ave., La Crosse 608-782-7300
  - 3111 Gundersen Dr., Onalaska 608-775-8100
- **House of Wellness Clinic** – 52845 White Eagle Road, Baraboo 608-355-1240 or 1-888-552-7889
- **Mayo Clinic Health System**
  - 700 West Ave. So., La Crosse 608-785-0940
  - 1303 Main St., Holmen 608-526-3351
  - 191 Theater Rd., Onalaska 608-392-5000
  - 232 3rd Street No., La Crosse 608-392-7400
- **VA River Valley Integrated Health Center** 2600 State Rd., La Crosse 608-784-3886

**HOSPITALS**

- **Gundersen Health System**
  - 1900 South Ave., La Crosse 608-782-7300
- **Mayo Clinic Health System**
  - 700 West Ave. South, La Crosse 608-785-0940
- **Tomah VA Medical Center** 500 East Veterans St., Tomah 1-800-872-8662

**REDUCED COST/FREE DENTAL**

- **Affordable Dentures** Eau Claire 715-855-1020, Rochester 507-529-9442
- **Black River Falls Dental Center** Black River Falls, 1-800-782-8581 or 715-670-0400
- **Scenic Bluffs Community Health Center**
  - Cashton Office 238 Front St., Cashton 608-654-5100
  - Norwalk Office 200 West North St., Norwalk 608-823-7853
- **Wisconsin Dental Association, Inc.** Donated Dental Services 1-866-812-9840
MEDICAL EQUIPMENT/SUPPLIES

Access Transit Mobility Products – 226 Hood Street, La Crosse 608-782-1069
American Cancer Society – 1285 Rudy Street, Suite 103, Onalaska 608-783-5001 or 1-877-423-9125
American Home Patient/ Lincare – 1052 Oak Forest Drive, Suite 160, Onalaska 608-779-9900 or 1-800-947-2330
Apria Healthcare – W6853 Industrial Boulevard, Onalaska 608-783-7668 or 1-800-285-9233
Cass Street Pharmacy Gundersons Health System – 528 Cass Street, La Crosse 608-784-9922
Dan’s Shoe Repair – 112 5th Avenue No., La Crosse 608-782-3775
Degen Berglund 608-775-8500
4000 Mormon Coulee Road, La Crosse
111 Sand Lake Road, Center 90, Onalaska, WI
2511 Green Bay Street, Village Shopping Center, La Crosse
Family Medical Supply and CPAP Store 705 State Street, La Crosse 608-791-1100 or 1-855-791-1549
Hilton Medical Supply 500 3rd Street So., La Crosse 608-785-0390
Independent Living Resources (ILR) – 4439 Mormon Coulee Road 608-787-1111 or 1-888-474-5745
Lenny’s Shoe Repair 721 Clinton Street, La Crosse 608-782-0014
Lincare 1010 19th Street So., La Crosse 608-791-0018
Mayo Clinic Store 700 West Avenue So. (main hospital building), La Crosse 608-392-9797
Midwest Off-Road Center 65 Copeland Ave., La Crosse 608-784-9980 or 1-800-626-1001
Prosthetic Laboratories of La Crosse 3440 Losey Blvd. So., La Crosse 608-782-5070 or 1-866-241-0606
Prosthetic Laboratories of La Crosse Onalaska Office 831 Critter Court, Suite 300, Onalaska 608-783-2009
Silhouette Shoppe 3440 Losey Blvd. So., La Crosse 608-782-5070 or 1-866-241-0606
Limb Lab 1919 State Road, La Crosse 608-782-1855
Veterans of Foreign Wars (VFW) Loan Closet Post 1530, 630 6th St. So., La Crosse 608-785-1530
Wisconsin Council of the Blind and Visually Impaired 608-255-1166 or 1-800-783-5213

PERSONAL EMERGENCY RESPONSE SYSTEMS

5 Star *GreatCall 1-800-463-5412 or 1-800-650-5921 or at your local Walmart
Advance Security / Life Assist 1-888-860-8098
Alert 1 1-800-860-8098
Comfort Keepers Health Watch Personal Response System 2951 South 21st Place, La Crosse 608-784-3357
Degen Berglund Lifeline Personal Response and Support Services 608-775-8500
Family First Medical Alert 1-800-504-1756
Guardian Alert 911 for Veterans Veteran’s Administration Medical Center, Tomah 1-800-872-8662
Lifefone Medical Alerts System 1-844-253-7939
Mayo Clinic Health System - Lifeline Alert Service 608-392-9797 (La Crosse)

MENTAL HEALTH / ADDICTION SERVICES

MENTAL HEALTH CRISIS INTERVENTION

La Crosse County Crisis Responders 1-608-784-4357 (HELP)
Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
Veteran’s Crisis/Suicide Prevention Hotline - 1-800-273-TALK (1-800-273-8255)

MENTAL HEALTH SERVICES

Aurora Community Counseling 1501 Saint Andrews St. Ste C202, La Crosse 608-785-5090
Gundersen Health System 608-775-2287
Ho-Chunk Nation Behavioral Health 724 Main St., La Crosse 608-784-3083
Independent Living Resources: 4439 Mormon Coulee Rd, La Crosse, 608-787-1111 or 1-888-378-2198
Mayo Clinic Health System Franciscan Healthcare Behavioral Health Services 212 11th St. So., La Crosse, 608-392-9555
La Crosse County Human Services-Integrated Support and Recovery Services 300 4th St. No., La Crosse 608-784-4357 (HELP)
Scenic Bluffs Community Health Centers: 238 Front Street, Cashton, 608-654-5100
VA River Valley Integrated Health Center-Mental Health Clinic 1525 Losey Boulevard, La Crosse 608-787-6411
Vet Center 20 Copeland Avenue, La Crosse 608-782-4403
Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
MENTAL HEALTH / ADDICTION SERVICES (continued)

COMMUNITY BASED RESIDENTIAL FACILITY (CBRF)
Franciscan Healthcare Men’s Recovery House 1005 Jackson St. La Crosse, WI 608-392-4994
Franciscan Healthcare Women’s Recovery House 518 S 19th St. La Crosse, WI 608-392-4542
Maplewood 994 Garland St. East, West Salem 608-786-1436

ADDICTION TREATMENT CENTERS
AMS (Addiction Medical Solutions) of Wisconsin 9532 East 16 Frontage, Suite 100, Onalaska 608-783-0506
Gundersen Health System 608-775-7991
Mayo Clinic Health System Behavioral Health 608-392-4436

ADDICTION RELATED RESOURCES
Coulee Council on Addictions 921 West Avenue So., La Crosse 608-784-4177
Great Rivers 2-1-1: Dial 2-1-1 or 1-800-362-8255
La Crosse County Human Services-Integrated Support and Recovery Services 300 4th St. No., La Crosse 608-784-4357 (HELP)
National Council on Problem Gambling 1-800-522-4700
Wisconsin Council on Problem Gambling 1-800-426-2535

DROP IN CENTERS
RAVE (Recovery Avenue) 1806 State St., La Crosse 608-785-9615 or 608-787-1111

SUPPORT GROUP INFORMATION contact Great Rivers 2-1-1

TRANSPORTATION

NON-MEDICAL TRANSPORTATION **wheelchair accessible vehicle available
Aging & Disability Resource Center of La Crosse County 300 4th St. No. La Crosse 608-785-5700 or 1-800-500-3910
**La Crosse County Mini-Bus 608-785-5700
La Crosse County Volunteer Drivers 608-785-5700
A Cab 608-781-6655
**Bee Cab 608-784-4233
Bullet Cab 2709 South Ave. La Crosse 608-519-3200
Coulee Region RSVP Volunteer Driver 608-785-0500
**Coulee Region Taxi 608-881-2050
**CTS Taxi 608-784-7700
Go Care Free Shuttle 1-888-781-5181 or 608-781-5181 www.GoCarefreeShuttle.com
Onalaska/Holmen/West Salem Public Transit (Shared Ride) 608-784-0000 or 1-866-666-2561
La Crosse Municipal Transit Utility (MTU) 608-789-7350 MTU Mobility Plus 1-800-236-8438 option 1
Scenic Mississippi Regional Transit (S.M.R.T. bus) www.ridesmrt.com 1-877-444-6543

MEDICAL TRANSPORTATION NON-EMERGENCY **wheelchair accessible vehicle available
Aging & Disability Resource Center of La Crosse County 300 4th St. No., La Crosse 608-785-5700 or 1-800-500-3910
**Access Medical Transit 608-782-4200 or 1-800-658-9054
**Abby Vans 1-800-236-8438
American Cancer Society – Road to Recovery 1285 Rudy St., Suite 103, Onalaska 1-800-227-2345 or 608-775-1359
Coulee Region RSVP Volunteer Driver 2920 East Avenue So., Suite 104, La Crosse 608-785-0500
Disabled American Veterans 1-800-872-8662 ext. 66227
*Gundersen Health System Coulee Trails 608-637-8884 or 1-800-771-8884
**MTM (Medical Transportation Management) 1-866-907-1493 Medicaid / Medical Assistance recipients only
**Onalaska/Holmen/West Salem Public Transit (Shared Ride) 608-784-0000 or 1-866-666-2561

VETERAN’S SERVICES
For programs and eligibility contact La Crosse County Veteran Service Office 608-785-9719.
The Aging & Disability Resource Center of La Crosse County offers information and assistance to residents of La Crosse County.

The Aging & Disability Resource Center of La Crosse County provides information and assistance regarding services available in the community. You may call (608) 785-5700 or come to our conveniently located office at 300 4th Street North in La Crosse. Please contact us for more information about our services in the community. If you prefer, staff will meet with you in your home to answer questions and provide more in-depth consultation.

One of the goals of the Aging & Disability Resource Center of La Crosse County is to help people plan for current or future long-term care needs. The Aging & Disability Resource Center of La Crosse County professionals are familiar with all the local community services. They can help determine which services best meet your needs.

People often need help understanding what types of services would be available in their home. Our social workers can offer suggestions and advice on which services and supports will meet a person’s needs while remaining as independent as possible.

If you would like to have a representative of the Aging & Disability Resource Center of La Crosse County make a presentation to your group or organization, call (608) 785-5700.

LA CROSSE COUNTY
EMERGENCY MENTAL HEALTH SERVICES
(CRISIS)

24 – HOUR CONTACT INFORMATION

CALL
608-784-4357
(608-784-HELP)