



*Music & Memory
helps people find
renewed meaning and
connection in their lives
through the gift
of personalized music.*

The Music & Memory Program has been proven successful in reducing anxiety, calming feelings of agitation and inspiring meaningful memories for persons living with dementia. The Program Coordinator will meet with participants and caregivers to complete a simple music interest questionnaire. Participants will then receive an iPod Shuffle with their personalized music selections and headphones. If you are interested in learning more about this **FREE** Program, please contact the Aging & Disability Resource Center at **(608)-785-5700**.

