# MENTAL HEALTH RECOVERY SERVICES ADVISORY COUNCIL

July 12, 2012 Administrative Center, Room 3220 10:00 a.m.

MEMBERS PRESENT:	Sharon Hampson, Jeanne Stevermer, Amy Atchison, Pam
	Bendel, Sue Anderson, Monica Kruse, Mary Dahlby, Alicia
	Oliver, Chris Neumeister, Jean Sterling, Donna Christianson,
	Jen Timm, Paul Brown
MEMBERS ABSENT:	Vickie Crews, Kyara Tollan, Nicole Mooney, Gary Kleinertz,
	Dawn Jorstad, Jane Latshaw, Kristine Buehler
OTHERS PRESENT:	Matthew Strittmater, Gail Elland, Aaron Wetzel

# CALL TO ORDER

Chair Jeanne Stevermer called the meeting to order at 10:04 a.m.

# **APPROVE MINUTES**

Motion by Kruse/Anderson to approve the minutes of 06/14/12. **Motion carried unanimously.** 

#### PUBLIC COMMENT

None

#### OFFICIAL BUSINESS

Matthew Strittmater shared Laurie Roberts has accepted the CCS Supervisor position. Her start date will probably be in early August. Matt reported 80% of people coming through the Triage Clinic have co-occurring mental health and drug/alcohol issues. In order to better serve individuals with co-occurring mental health and substance abuse services MHRS will operate an integrated Outpatient Mental Health and Substance Abuse clinic by 2013. Over the next few months planning will occur. The contracted substance abuse services (detox, residential, etc.) will transition to MHRS for administration as well as an unidentified number of social work staff to support the delivery of this enhanced service structure.

#### MHRS UNIT PRESENTATION - AODA COLLABORATIVE RFP

Matt presented a PowerPoint explaining the RFP he has been working on. The state has issued an RFP for a Mental Health and Substance Abuse Collaborative Pilot. He is working with Jackson and Monroe Counties with La Crosse County taking the lead. The grant will be for three years, with \$200,000 awarded each year. The grant is due 07/16/12, notification will be 07/26 and 08/16 will be the contract execution. The intent is to have equitable and affordable funding for services, equitable access to a set of core benefits, efficient shared service delivery system, and improvement in outcomes. Motion by Hampson/Kruse to write a letter of support. **Carried unanimously.** 

Jen Timm introduced Michelle McHenry, our new Mental Health Therapist. She comes with many years of experience with the Crisis team.

# CSP PROGRAM (How services look same/different for consumers, how Peer Specialists are used)

Paul Brown explained that the CSP Program is the most intensive service available. They help the consumer with housing, transportation, IDDT, medication management, therapy, support, symptom management, recreational therapy, AODA issues, help with furnishing apartments, moving, and memorials. Consumers with high needs can be seen on a daily basis, if not more. Low needs might only be seen once a week. They have a staff of 20 with a staff to client ratio of 13:1. Their current consumer number is 106. The Peer Specialist is a contributing member of the team. They provide a lot of social contact.

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Aaron Wetzel, Peer Specialist, reported that he gives the consumer a choice, provides information to create his or her own recovery environment. He helps with the Wellness Recovery Action Plan (WRAP), which helps with what to do after a crisis. He helps build natural supports. He said self-disclosure is important to help build trust.

# **ITEMS FOR FUTURE AGENDAS**

Motion by Atchison/Kruse to cancel the August meeting due to vacations. **Motion carried.** Matt will bring to the September meeting information regarding whether or not we received the grant.

# ADJOURN

There being no further business, motion by Kruse/Hampton to adjourn at 11:45 a.m.

The next meeting will be held on Thursday, September 13, 2012.

The above minutes may be approved, amended, or corrected at the next committee meeting.

Gail Elland, Recorder