

**COUNTY COMMISSION ON AGING
TUESDAY, 4-6-2010
COUNTY ADMINISTRATIVE BUILDING – B190 BASEMENT
1:30 PM – 3:45 PM**

MEMBERS PRESENT: Audrey Kader, Chairperson, Patricia Boge,
Shirley Holman, Robert Keil, Dr. Edward Miner

MEMBERS EXCUSED: Sharon Hampson
Robert Machotka

OTHERS PRESENT: Noreen Holmes, Director, County Aging Unit

CALL TO ORDER

Audrey Kader, Committee Chair, called the meeting to order at 1:30 PM.

MINUTES OF 3-2-2010

Shirley Holman wanted the Minutes of 3-2-2010 to reflect the Wisconsin Counties Association supports the Resolution regarding Medical Assistance Transportation. A letter should be sent to Governor Doyle stating the support of the Wisconsin Counties Association.

MOTION: Motion by Patricia Boge and seconded by Robert Keil to approve the Minutes of 3-2-2010 with corrections noted. Pass unanimously. Hampson and Machotka excused.

PUBLIC COMMENT

Chairperson Kader alerted the Commission Board members about a telephone credit scam. Commission Board members stated an article should be placed in the Senior Life paper for May regarding scams.

CONSENT AGENDA (informational)

Aging & Long Term Care Committee Minutes of 3-8-2010. **MOTION:** Moved by Patricia Boge and seconded by Shirley Holman to accept the Aging & Long Term Care Committee Minutes of 3-8-2010. Pass unanimously. Hampson and Machotka excused.

DIRECTOR'S REPORT

33 EXPRESS/STRAP GRANT

Noreen Holmes reported the 33 Express from Hillsboro to La Crosse will begin Friday, As soon as a contract can be approved. 33 Express will be leaving (one day per week) Hillsboro Kwik-Trip at 8:00 am with 10 minute stops in Ontario, Cashton, St. Joseph Ridge and La Crosse. Stops in La Crosse will be K-Mart, (transfer to La Crosse Para-transit or the MTU at no additional cost with travel trainers available for assistance), Franciscan Skemp, Gundersen Lutheran and the Transit Center in June. Reservations must be made before 2:00 pm on Thursday by calling 1-888-300-9796. Patricia Boge asked what will be the cost? Noreen Holmes stated it would be \$6.00 each time on the bus or \$12.00 a round trip.

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DIRECTOR'S REPORT CON'T

SUMMARY OF EAU CLAIRE'S "SENIOR AMERICANS DAY"

Noreen Holmes, Patricia Boge, Larry White, and Va Thao attended the 22nd Annual Senior Americans Day on Tuesday, 3-30-2010 at UW-Eau Claire. Patricia Boge stated the keynote address was presented by Father Lawrence Dunklee on "The Autumn of Life". Patricia Boge stated there were 514 registered participants with 45 exhibits at a charge of \$175.00 for a table. Noreen Holmes attended "Zumba", fitness program for the ageless adventurer. The availability of parking and the wide variety of programs was successful. Problems included area for registering that was too small, exhibitors in different rooms, and traffic jam when leaving.

VITAL AGING CONFERENCE THURSDAY, 5-20-2010

Noreen Holmes handed out a flier for the Vital Aging Conference "Living, Loving, Laughing Longer" on Thursday, 5-20-2010 from 9:00 am to 3:00 pm at the Cartwright Center, UW-La Crosse. La Crosse County Aging Unit, UCare, Senior Preferred in partnership with the UW-L Continuing Education & Extension Gerontology Programs are the sponsors. UCare will contribute \$1500.00. Registration is \$20.00 with lunch included. Keynote speaker is Tom Thibodeau, Associate Professor and Director of the Servant Leadership Program at Viterbo University. Laura Gentry will introduce the healing powers of laughter and Sara Slayton will use her humor and skill as a storyteller to illuminate the aging journey. There will be a variety of topics including aging and film, Zumba and yoga gold, cooking fresh and local, life stories, philanthropy, tending to the spirit and finding family fun.

PROCLAMATION OLDER AMERICANS MONTH/DAY

A Proclamation proclaiming the month of May, 2010 as Older Americans Month in LaCrosse County and further proclaim May 19, 2010 as Older Americans Day in La Crosse County will be presented to the County Board for their approval. **MOTION:** Moved by Dr. Edward Miner and seconded by Shirley Holman proclaiming the month of May, 2010 as Older Americans Month in La Crosse County and further proclaim that May 19, 2010 as Older Americans Day in La Crosse County. Pass unanimously. Hampson and Machotka excused.

PROCLAMATION VOLUNTEER RECOGNITION WEEK

A Proclamation for Volunteer Recognition Week from April 18th through April 24, 2010 acknowledging the residents of the County are given recognition to volunteers for their contributions will be presented to the County Board for their approval. **MOTION:** Moved by Dr. Edward Miner and seconded by Patricia Boge to proclaim Volunteer Recognition Week from April 18th through April 24, 2010 to the residents of the County by giving recognition to volunteers for their contributions. Pass unanimously. Hampson and Machotka excused.

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NCOA/ASA NATIONAL CONFERENCE "AGING IN AMERICA" UPDATE

Noreen Holmes attended the Annual Conference of the National Council on Aging and the American Society on Aging from March 15th through the 19th in Chicago, Illinois. A hand-out was provided to the Commission Board members regarding discussion of health reform and the five straight facts on health reform. Noreen Holmes met individuals who she has been in contact with either by phone or online regarding creating aging friendly communities.

BILLY'S LANTERN UPDATE

Noreen Holmes reported that Billy's Lantern served 285 meals in the month of March. Meals are served Monday thru Friday, 11:00 AM to 2:00 PM. Billing statements for meals provided will be mailed out to the participants this coming week. Dr. Edward Miner ate at Billy's and found the food to be very good.

SENIOR FARMER'S MARKET 2010

Farmer's Market vouchers will be continued for the Year 2010. There are 321 vouchers for \$25.00 per person. An article will be placed in the Senior Life regarding this program.

WAFER PROGRAM FOR SENIORS

Noreen Holmes reported that 100 seniors participated in the Wafer Program. The Wafer delivery schedule was held on March 16th, 17th and 18th at various hi-rises including Holmen, Onalaska and West Salem nutrition sites.

COALITION BUILDING FALLS PREVENTION & CAREGIVERS

Noreen Holmes gave an update. The Aging Unit is working to bridge relationships and promote education.

AGING IN PLACE EVENT, SATURDAY, 4-10-2010

Noreen Holmes reminded the Commission Board members that UW-La Crosse and County Aging Unit will conduct a seminar on Saturday, 4-10-2010 from 9:00 AM to 1:30 PM at the Moose Lodge for boomers, seniors and caregivers. Registration fee is \$8.00 with lunch included.

MEAL SITES

Noreen Holmes reported that Mayor's Day for Meals was held on Wednesday, 3-24-2010 with the following individuals eating and delivering home delivered meals: Forest Park - Margaret Wood, Holmen - Nancy Proctor, Onalaska - Ann Fisher & Husband, Sauber Manor

Audrey Kader, Southside - Mayor Harter.

Commission Board members asked if there was a policy for political candidates when visiting the nutrition sites. Noreen Holmes stated "yes" and will provide the policy at the next Commission Board meeting.

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FUTURE AGENDA ITEMS

Commission Board Meeting at West Salem Site – 5-4-2010

ADJOURNMENT

MOTION: Moved by Dr. Edward Miner and seconded by Patricia Boge to adjourn. There being no further business, the meeting adjourned at 3:45 PM. Hampson and Machotka excused.

Approved: 5-4-2010, Ruth Hafner, Recorder

