

## Exploring options to meet your changing needs.

Sometimes situations change so quickly, you don't know where to begin. Or you may be so overwhelmed, you don't know who to trust.

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## Where to start?

Start with your Tribal aging and disability resource specialist (ADRS) or aging and disability resource center (ADRC).

Resource specialists connect you to resources for any aging and disability questions. We don't sell anything. We aren't affiliated with a company or product. Get advice that is free and unbiased. Your bridge to support starts with the right information. Contact your local agency today.

Visit or contact your local  
ADRC or Tribal partner  
agency today.



Contact us:



Scan me  
FindMyADRC.org



WISCONSIN DEPARTMENT  
of HEALTH SERVICES

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# Your Bridge to Support





## All about aging and disability resource centers (ADRCs)

### What can an ADRC or Tribal ADRS do for me?

ADRCs and Tribal ADRSs provide unbiased information related to aging or living with a disability. Our goal is to connect you with the right resources for your aging and disability needs.

### Who do agencies serve?

We serve older adults and people with disabilities, as well as families, friends, and caregivers.

**ADRCs and Tribal ADRSs provide unbiased, confidential information for free.**

### Where do I start?

ADRCs serve every county and Tribal nation in Wisconsin. Walk in or call today. Find your local ADRC by visiting **FindMyADRC.org** or calling **1-844-WIS-ADRC (1-844-947-2372)**.

## Get connected with:

- Assistance for caregivers.
- Assistive technology for independent living.
- Benefits and financial assistance.
- Dementia and memory loss support.
- Employment
- Food and nutrition.
- Health care.
- Housing
- In-home care.
- Legal and advocacy services.
- Recreation and socialization.
- Safety and crisis support.
- Support groups.
- Transportation
- Wellness and prevention resources.

*Accommodations, materials in alternate formats, and after-hours appointments are available upon request. Hearing loops are available on site; please call to arrange for interpreters or captionists.*