

Add **LIFE**

**Laughter
Independence
Friends &
Energy**

Enhance Your Life &
the Lives of Others!



La Crosse County
Aging Unit
608-785-9710

*Make a Reservation
And Come Join Us!*

Meals Sites

Becker Plaza	789-7827
Black Oak Inn	857-3012
Carroll Heights	785-5556
Forest Park	789-7826
Harry J. Olson	781-2122
Holmen	526-4336
Onalaska	789-7829
Sauber Manor	789-7825
Solberg Heights	789-7824
Southside	782-2444
Stokke Tower	789-7823
Village Inn	486-2741
West Salem	786-2975



**La Crosse County
Aging Unit**
400 4th Street North
La Crosse, WI 54601
608-785-9710



The *La Crosse County Aging Unit* provides information and services that promote independence and support the dignity of Seniors by allowing choices for living in and giving to their community.

La Crosse County Aging Unit

Do You Have Questions like...

How will I ever understand my insurance or Medicare?

Where do I begin and how will I pay for it?

What options are available?

How can I decide what is best for me and my family?



YOU DECIDE, WE HELP!

All persons aged 60 and over can utilize Aging Programs, regardless of their income.



Programs & Services

- Meals (Also Home-Delivered)
- Elderly Benefit Specialist
- Transportation
- Information
- La Crosse Senior Life
- Caregiver Support
- Gifted Hands
- Senior Farmers' Market
- Nutritional Supplements
- Wellness & Prevention
- Volunteer opportunities
- And More!

Fellowship, Food,
and Fun
Senior Dining

MORE THAN A MEAL!

Balanced Nutrition, Socialization,
Entertainment and Information
about services and programs

**Meals Delivered
to the Homebound**

A Year's Worth

of Home-Delivered
Meals

Costs Less Than

One Day in the

Hospital