

**COUNTY COMMISSION ON AGING MEETING  
TUESDAY, 11-6-2012  
LA CROSSE COUNTY ADMIN BLDG Room 3212  
1:30 PM – 2:30 PM**

**MEMBERS PRESENT:** Charles Spiker, Chairman, Audrey Kader, Ann Fisher, Robert Keil, Betty Woodruff, Sharon Hampson, Patricia Boge

**MEMBERS EXCUSED:** None

**OTHERS PRESENT:** Noreen Holmes, Director, County Aging Unit, Tina Johnson, Dawn Jorstad

**CALL TO ORDER**

Charles Spiker, Committee Chairman called the meeting to order at 1:30 PM.

**PUBLIC COMMENT**

None

**APPROVAL OF MINUTES OF 10-2-2012**

**MOTION:** Motion by Robert Keil and seconded by Patricia Boge to approve minutes of 10-02-2012. Corrected ‘call to order’ meeting attendance from five present to four necessary to hold a meeting. Passed unanimously.

**CONSENT AGENDA (informational)**

Aging & Long Term Care Committee Meeting Minutes – 10-08-2012  
Placed on file

**DIRECTOR’S REPORT**

**HELEN BADER FOUNDATION GRANT – CAREGIVER COACH**

We’ll be putting together new procedures in December and January to hire a part time/limited term employee so this program can be implemented early in 2013 (see handout included with minutes).

**HMONG ELDERS HEALTH FAIR ON NOVEMBER 7, 2012**

This health fair is held every five years. Typically 80 – 100 people attend. There will be health screenings, flu, Pertussis and Tetanus shots will be available. Demonstrations including foot care education, nutrition, exercise, health and wellness, a presentation on diabetes. Lunch and refreshments will also be served.

**MEDICARE D, MEDICARE ADVANTAGE PLANS – OPEN ENROLLMENT**

Tina Johnson spoke to the group about Medicare. Open enrollment dates are October 15 – December 7, 2012. There were some pretty significant changes in 2012 and 2013 will have significant changes also. Some of the premium plan costs went up while others went down. There are 30 prescription drug plans to choose from, based on individuals needs, health status, finances, residence. For example, Advantage plans are all HMOs. Have to stay in network to be covered. There are 162 supplemental plans to Medicare in WI. Website Medicare.gov lists all

supplemental plans, prescription plans. She is receiving a lot of phone calls for appointments to review plans for existing customers as well as handling a lot of pre-retirement appointments.

### **APPROVAL OF AGING PLAN 2013 – 2015**

The plan was reviewed at the County Commission on Aging Meeting held September 4, 2012, and discussed at the County Commission on Aging Public Hearing on October 2, 2012. Motion by Audrey Kader and seconded by Patricia Boge to approve the plan. Passed unanimously.

### **SEQUESTRATION EFFECTS ON AGING PROGRAMS**

Handout provided as 'information only' from the Leadership Council of Aging in Washington DC listing a possible program scenario if Congress allows sequestration to go into effect on January 2, 2013, and the effects of a \$54.5 billion cut in non-defense discretionary funds to programs that maintain older adults' independence, health and well-being.

### **2013 SENIOR LIFE RESOURCE GUIDE**

The Resource Guide is published every two years. The guide was sent out with the November issue of Senior Life. An additional 1000 copies were printed for distribution. Copies will be given to the meal sites.

### **2013 PRELIMINARY BUDGET**

The Public Hearing will be on Monday, November 12, 2012 at 9:00 am. Request sent to Steve O'Malley to increase Susan Betz's hours by ½ hour per day. Ask for clarification on Laser Fund ordinance and what it can be used for.

### **MEAL SITES**

#### **ANNUAL SITE MANAGERS TRAINING OCTOBER 26, 2012**

Dawn Jorstad spoke to the group about training. The meeting was at the Black River Beach Neighborhood Center. Nine counties, including Ho Chunk attended the training. Topics of discussion were sanitation, health, Alzheimer's awareness, and helping the blind. They're looking to rename the program. Seniors does not seem to be an appropriate name. Dawn said it was a very productive day with good participation and teamwork.

### **TRANSPORTATION**

Transportation to Prairie du Chien, Viroqua, Westby, and La Crosse is still in the works. Vehicle modifications are still being made for wheelchair lifts. Vehicles will transport 20 people and the cost will be \$3.00.

### **FUTURE AGENDA ITEMS**

Gifted Hands update and approval of funds transfer C1-C2.

### **ADJOURNMENT**

**MOTION:** Moved by Robert Keil and seconded by Sharon Hampson to adjourn. There being no further business, the meeting adjourned at 2:20 PM.

**Disclaimer: The above Minutes may be approved, amended, or corrected at the next Committee meeting.**

Sue Betz, Recorder.