### COUNTY COMMISSION ON AGING TUESDAY, 1-4-2011 COUNTY ADMINISTRATIVE CENTER – BASEMENT AUDITORIUM B190 1:30 PM TO 2:45 PM

**MEMBERS PRESENT:** Audrey Kader, Chairperson, Sharon Hampson,

Patricia Boge, Shirley Holman, Ann Fisher

MEMBERS EXCUSED: Robert Keil, Betty Woodruff

OTHERS PRESENT: Noreen Holmes, Director, County Aging Unit

#### **CALL TO ORDER**

Audrey Kader, Committee Chair, called the meeting to order at 1:30 PM.

#### **MINUTES OF 12-7-2010**

**MOTION:** Motion by Sharon Hampson and seconded by Patricia Boge and Ann Fisher to approve the Minutes of 12-7-2010 with correction amended. Pass unanimously. Keil and Woodruff excused.

#### **PUBLIC COMMENT**

None

#### **CONSENT AGENDA (informational)**

#### AGING & LONG TERM CARE COMMITTEE MEETING MINUTES - 12-6-2010

Shirley Holman asked Chairperson Kader to provide a copy of the policy and procedures for staff and residents for assisted living from Hillview Health Care Center. Chairperson Kader will provide a copy of the policy and procedures for staff and residents for assisted living when completed. Minutes of 12-6-2010 will be placed on file.

#### **DIRECTOR'S REPORT**

## WISCONSIN COUNTIES ASSOCIATION PRESENTS CREATING AGING-FRIENDLY COMMUNITIES IN WISCOSNIN: HOW PREPARED IS YOUR COUNTY FOR THE COMING 'AGE WAVE'?" UPDATE BOARD EDUCATION NEXT MONTH

Noreen Holmes gave a slide presentation from the educational seminar that was presented at the Wisconsin Counties Association on Monday, 11-15-2010 in Stevens Point, Wisconsin. Sharon Hampson and Andrea Hansen were in attendance at this seminar. The presentation included information about the Age Wave at the International, National and State level. Noreen Holmes and Andrea Hansen presented the La Crosse perspective. The County Aging Unit and UW-L Continuing Education and Extension Gerontology programs will host "Emerging Environmental Issues in Health Aging" on Tuesday, 1-18-2011 which is a continuation of aging friendly communities.

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#### **DIRECTOR'S REPORT CON'T**

WISCONSIN COUNTIES ASSOCIATION PRESENTS CREATING AGING-FRIENDLY COMMUNITIES IN WISCOSNIN: HOW PREPARED IS YOUR COUNTY FOR THE COMING 'AGE WAVE'?" UPDATE BOARD EDUCATION NEXT MONTH

Noreen Holmes asked for suggestions about who to contact in regards to having an informal committee of members to discuss aging-friendly communities. Chamber of Commerce, Rotary Club, Main Street Merchants and also contact John Medinger where some of the suggestions from Commission Board members. Noreen Holmes reported that the Vital Aging Conference will be Thursday, 5-19-2011.

# UTILIZATION OF DARRELL S. LARSON BEQUEST OR FUND BALANCE OF HMONG ELDERS

Noreen Holmes reported the County Aging Unit applied for a \$15,000 Grant from the La Crosse Community Foundation to pilot a senior meal site for the Hmong Elders at the Hmong Cultural and Community Center. On 12-1-2010, the La Crosse Community Foundation approved a grant of \$7,500 with the possibility of matching funds from La Crosse County Healthy Communities Fund or another county source. Noreen Holmes contacted Doug Mormann, Director, County Health Department asking if they could match the \$7,500 from their ARRA Obesity Prevention Contract Grant. Doug Mormann stated the budget has been completed therefore no matching funds would be available from this Grant.

Noreen Holmes has recommended to the Commission Aging Board members, a senior meal site at the Hmong Cultural and Community Center two days a week that would offer socialization, outreach and education and a nutritious meal. Noreen Kuroski stated the \$7,500 could come from the fund balance or Darrell S. Larson Estate. Patricia Boge asked how long would this be in operation? Noreen Holmes stated this would be a one year operation two times a week with approximately 20 people and a donation of \$1.50 per person. Shirley Holman stated the \$7,500 should come out of the funded balance while the Darrell Larson Estate should be used for furniture, etc. Sharon Hampson felt the Darrell Larson Estate should be used instead of the fund balance because it is much easier to get the funds than to go through the process with the County Board. Discussion ensued. **MOTION:** Moved by Patricia Boge and seconded by Sharon Hampson to provide the match up of \$7,500 from the Darrell S. Larson Estate. Motion passed on a vote of 4 ayes, 1 nay – Holman, and 2 excused – Keil and Woodruff.

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# DIRECTOR'S REPORT CON'T COMMISSION ON AGING BOARD TERMS

Noreen Holmes reviewed and discussed the Commission on Aging Board terms. Audrey Kader, Patricia Boge and Betty Woodruff's terms are ending as of 4-30-11. These individuals will need to be reconsidered by Chairman Doyle as Commission on Aging Board members.

#### **MEAL SITES**

Noreen Holmes reported that Aramark began preparing meals for seven nutrition sites within the City of La Crosse for the La Crosse County Aging Unit on 1-3-2011. The delivery of the meals and meals provided went very smoothly.

#### MINI BUS

La Crosse County Aging Unit and First Transit sponsored a trip through the Rotary Lights on 12-13-2010 and 12-15-2010 with great success.

#### **ADJOURNMENT**

**MOTION:** Moved by Shirley Holman and seconded by Ann Fisher to adjourn. Meeting adjourned at 2:45 p.m.

Approved: 4-5-2011, Ruth Hafner, Recorder