

**COUNTY COMMISSION ON AGING
TUESDAY, 10-26-2010
COUNTY ADMINISTRATIVE BUILDING – ROOM 3212
1:30 PM – 2:45 PM**

MEMBERS PRESENT: Audrey Kader, Chairperson, Patricia Boge,
Sharon Hampson, (left at 1:45 PM),
Shirley Holman, Robert Keil

MEMBERS EXCUSED: Ann Fisher, Sharon Hampson, Betty Woodruff

OTHERS PRESENT: Noreen Kuroski, Director, County Aging Unit
Dawn Jorstad, Nutrition Program Coordinator
Tina Johnson, Elderly Benefit Specialist
Bryan Jostad, Purchasing Manager

CALL TO ORDER

Audrey Kader, Committee Chair, called the meeting to order at 1:30 PM.

APPROVAL OF MINUTES OF 9-7-2010

MOTION: Motion by Robert Keil and seconded by Shirley Holman to approve the Minutes of 9-7-2010. Pass unanimously. Excused: Fisher, Hampson, Woodruff.

PUBLIC COMMENT

None

CONSENT AGENDA (informational)

Aging & Long Term Care Committee Minutes 9-13-2010 & 10-11-2010.
Place on file.

DIRECTOR'S REPORT

APPROVAL OF RFP FOR THE AGING DEPARTMENT NUTRITION PROGRAM

Noreen Kuroski reported four vendors submitted proposals to prepare meals for seven nutrition sites within the City of La Crosse for the La Crosse County Aging Unit. Meals would be served Monday thru Friday and frozen meals would be provided on weekends and holidays. After vendors were interviewed, evaluated and based on evaluation scores, Aramark was the recommendation from the Evaluation Committee. Bryan Jostad, Purchasing Manager informed the Commission Board members that Aramark was recommended based on cost, capacity in a new state of the art kitchen facility, capacity to provide the service and adequate space, storage and equipment. Evaluation and recommendation sheet attached. **MOTION:** Moved by Sharon Hampson and seconded by Patricia Boge to approve Aramark for the Aging Department Nutrition Program for the preparation of meals for seven nutrition sites within the City of La Crosse for the La Crosse County Aging Unit. Pass unanimously. Excused: Fisher, Woodruff.

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**DIRECTOR'S REPORT CON'T
2011 BUDGET**

Noreen Kuroski stated that the 2011 budget will change in the food preparation due to the acceptance of the bid proposal from Aramark. Noreen Kuroski stated savings of approximately \$57,000 will affect Aging fund balance, tax levy and/or the estate. The County Aging Unit was able to develop a budget with basically a net increase of \$10,987 when the following is considered:

- \$30,000 - Stimulus funding in 2010 not available in 2011
- \$20,652 - Increase in Salaries & Benefits in 2011
- \$19,559 - 4% Increase in La Crosse School District meals budgeted even though they proposed an 8% increase.

Request for Proposal (RFP) for the Nutrition Program actually saves the County Aging Unit approximately \$57,000. **MOTION:** Moved by Robert Keil and seconded by Shirley Holman to accept the 2011 Budget as recommended. Pass unanimously. Excused: Fisher, Hampson, Woodruff.

DARRELL S. LARSON ESTATE UPDATE

Noreen Kuroski discussed and reviewed the Darrell S. Larson Estate. La Crosse County Aging received a total of \$305,000. As of 11-1-2010 a total of \$29,714.00 has been spent. **MOTION:** Moved by Patricia Boge and seconded by Shirley Holman to utilize the Darrell S. Larson Estate to support Larry White's new outreach education efforts. Job description attached. Pass unanimously. Excused: Fisher, Hampson, Woodruff.

ENVIRONMENTAL & POLICY CHANGE FOR HEALTHY AGING, SPONSORED THROUGH THE CDC

A hand-out was provided to the Commission Board members regarding online presentations, webinars and resources for the above from September 2010 through January 2011. La Crosse will once again be a sponsored site. The conference includes four online modules. Each module begins with a pre-recorded presentation that introduces key concepts for the topic. The modules will address: Introduction to Environmental and Policy Change for Healthy Aging, Optimal Living Environments for Healthy Aging, Integrated Approaches to Mobility and Emerging Environmental Issues in Healthy Aging. Policy, practice, and partnerships will be addressed as well as special issues. Panelists and speakers are national and community experts in aging, planning, policy, etc. Local residents and staff interested in aging issues are encouraged to attend.

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**DIRECTOR'S REPORT CON'T
CAREGIVERS RECOGNITION EVENT "A VITERBO CHRISTMAS" 12-5-2010
AT 2:00 PM**

La Crosse County Aging is cordially inviting care providers and their loved ones to the "Viterbo Christmas" on Sunday, 12-5-2010. Refreshments will be served from 1:00 pm to 2:00 pm in Room 114A and the concert will begin at 2:00 pm. Tickets are made available on a first come, first served basis through the Caregiver Program. Reservations can be made by calling 785-9710.

MEDICARE PART D-TINA JOHNSON, ELDERLY BENEFIT SPECIALIST

Tina Johnson, Elderly Benefit Specialist gave a presentation on Medicare Part D. Hand-outs were provided to the Commission Board members regarding Medicare updates for 2011 and Medicare Advantage Plans updates for 2011 and 2011 Medicare Part D Stand-Alone Prescription Drug Plans. There will be 29-32 plans available in Wisconsin. Four companies will be offering 14 Medicare Advantage plans. The Advantage Plans have a lower monthly fee with co-pay for each doctor visit. A switch to a traditional plan may be available to some who have lost coverage. Changes in Medicare D or Advantage or Supplements must be completed by the end of the year.

The Aging Unit will provide assistance with selecting a plan and will work with the Aging & Disability Resource Center, nursing homes, and Western Wisconsin Cares staff to provide information to clients. The website Medicare.gov has information also. Misinformation in election campaign advertising regarding Medicare cuts was also discussed. Audrey Kader, Chairperson thanked Tina Johnson for her presentation and fine work for the elderly citizens of La Crosse County.

**WISCONSIN COUNTIES ASSOCIATION PRESENTS CREATING AGING-FRIENDLY
COMMUNITIES IN WISCONSIN: HOW PREPARED IS YOUR COUNTY FOR THE
COMING 'AGE WAVE'?" MONDAY, 11-15-2010 STEVENS POINT**

Noreen Kuroski reported that the Wisconsin Counties Association will present an educational seminar Monday, 11-15-2010 from 10:00 am to 3:00 pm at the Holiday Inn in Stevens Point, Wisconsin: How prepared is your County for the Coming 'Age Wave'?. Noreen Kuroski will be presenting at this event and if anyone from the Commission Board would like to attend the registration deadline is 11-5-2010. Please contact Noreen Kuroski at 785-6148.

**DIRECTOR'S REPORT CON'T
POLICY FOR POLITICAL CANDIDATES & ELECTED OFFICIALS AT MEAL
SITES**

Noreen Kuroski along with Jane Alberts from the Housing Authority and John Medinger met to discuss the policy for political candidates and elected officials at the meal sites. Candidates and elected officials are allowed to speak at senior dining rooms including those in the high rises. All visits will be coordinated through the Aging Unit Office. Presentations will be scheduled when there are no other presentations scheduled. Only pre-arranged visits are allowed. The candidate can meet and greet informally on a one-on-one basis during the half hour prior to meal service time. If the candidate wants to speak to the group it should be kept to five minutes or less and not during the scheduled meal time. The policy has been given to each site manager and is on file in our office. Jane Alberts will discuss this policy at a Tenants meeting.

"STEPPING ON" IN MINDORO

Pastor Janet Wollam, Mindoro Lutheran Church contacted Noreen Kuroski about having a "Stepping On" program in Mindoro. There are nine individuals attending the class on Thursdays given by Larry White assisted by a volunteer peer group leader.

VOLUNTEER DRIVER PROGRAM IN MINDORO

Pastor Janet Wollam has also provided us with five volunteer drivers for the Mindoro area. The volunteer drivers will be trained by our office.

VISIT THE WEBSITE <http://www.co.la-crosse.wi.us/agng/index.htm> and www.findaridewisconsin.com

This was provided to the Commission Board members to encourage them to visit the La Crosse County Aging Unit's websites and view the updates.

ANNUAL SITE MANAGER STATE TRAINING

Dawn Jorstad, Nutrition Program Coordinator reported the Annual Site Manager State Training was held on Wednesday, 10-13-2010 at Baus Haus. There were 83 persons in attendance. Recruiting volunteers and keeping volunteers was one of the main topics. Safety and Sanitation training was also provided.

**PUBLIC HEARING FOR ELDERLY DISABLED TRANSPORTATION 2011
12-7-2010**

The regular Commission on Aging Board meeting will be held at Forest Park Nutrition Site on Tuesday, 12-7-2010 at 10:30 AM. The Public Hearing for the 2011 Specialized Transportation Assistance Program for La Crosse County (under s.85.21 of the Wisconsin Statutes) will be at 11:15 AM. Lunch will be served at 11:20 AM.

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FUTURE AGENDA ITEMS

None

ADJOURNMENT

MOTION: Moved by Robert Keil and seconded by to adjourn.
There being no further business, the meeting adjourned at 3:45 PM.

Disclaimer: The above Minutes may be approved, amended, or corrected at the next Committee meeting. Ruth Hafner, Recorder